

SWIMABILITY 2024 RESULTS

| Forename | Surname | Club | TIME | RESULT |
|----------------|-------------------------------|------|------|--------|
| EVENT 1 | 100m INDIVIDUAL MEDLEY | | | |

HEAT 1

| | | | | | |
|---|----------|---------|-------|----------|---------|
| 1 | | | | | |
| 2 | Cassie | Hill | GYWSO | 02:16.00 | 2:11:56 |
| 3 | Isla-Mae | Pearson | COL | 02:25.28 | 1:49:62 |
| 4 | Stanley | Summers | T Wav | no time | 1:51:91 |
| 5 | Ethan | Miller | T Wav | no time | 2:07:46 |
| 6 | | | | | |

HEAT 2

| | | | | | |
|---|----------|---------|-----|----------|---------|
| 1 | | | | | |
| 2 | Marcus | Deacon | COL | 02:05.00 | 1:57:97 |
| 3 | Kristina | Hann | COL | 02:00.00 | 2:01:50 |
| 4 | Ben | Edwards | COL | 02:01.32 | 1:49:57 |
| 5 | Jenson | Lennard | COL | 02:02.78 | DNS |
| 6 | | | | | |

HEAT 3

| | | | | | |
|---|---------|-----------|-----|----------|---------|
| 1 | | | | | |
| 2 | Holly | Bocking | COL | 01:53.61 | 1:57:59 |
| 3 | Beau | Sales | COL | 01:41.09 | 1:34:06 |
| 4 | Jack | Williams | COL | 01:39.66 | 1:30:22 |
| 5 | Jessica | Partridge | COL | 01:44.93 | 1:35:34 |
| 6 | Matthew | Robinson | COL | 01:50.21 | 1:42:36 |

HEAT 4

| | | | | | |
|---|----------|-----------------|---------|----------|---------|
| 1 | Oliver | Shergold | COL | 01:30.27 | 1:21:59 |
| 2 | Daisy | Chapman-Roberts | COL | 01:24.57 | 1:25:91 |
| 3 | Alastair | Sheeran | Teamips | 01:14.49 | 1:14:38 |
| 4 | Sam | Inman | COL | 01:21.69 | DNS |
| 5 | Hannah | Camplin | PSO | 01:29.70 | 1:32:50 |
| 6 | Alice | Camplin | PSO | 01:33.60 | 1:34:09 |

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|----------------|----------------------|--|--|--|
| EVENT 2 | 25m FREESTYLE | | | |
|----------------|----------------------|--|--|--|

HEAT 1

| | | | | | |
|---|---------|---------|-------|---------|---------|
| 1 | William | Dadds | COL | no time | 33:03 |
| 2 | Araliya | Turner | COL | no time | 1:07:44 |
| 3 | Jake | Lynn | COL | no time | 1:09:79 |
| 4 | Lucian | Brochen | RMede | no time | 39:28 |
| 5 | Lincoln | Francis | COL | no time | DNS |
| 6 | Bethany | Payne | COL | no time | 50:62 |

SWIMABILITY 2024 RESULTS

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| EVENT 2 | 25m FREESTYLE |
|----------------|----------------------|

HEAT 2

| | | | | | |
|-----------|---------------|-----------------------|---|----------|---------|
| 1 | Charlene | Owers | GYWSO | 01:08.00 | 1:15:68 |
| 2 | Daniel | Miller | COL | no time | 33:13 |
| 3 | Angelo | Hearn | Teamips | no time | 21:35 |
| 4 | Matthew | Miller | COL | no time | 26:25 |
| 5 | Will | Farebrother | RMede | no time | 21:09 |
| 6* | <i>Hayden</i> | <i>Edwards-Riches</i> | <i>COL- DNS – swam 25m in 50m Free- Event 6</i> | | |

HEAT 3

| | | | | | |
|----------|----------|------------|-------|----------|---------|
| 1 | Nevan | Halihakoon | COL | 00:56.94 | 1:01:46 |
| 2 | Alfie | Ainslie | GYWSO | 01:01.00 | 52:31 |
| 3 | Jacob | Shears | COL | 00:59.22 | 28:66 |
| 4 | Isabelle | Leggett | GYWSO | 01:00.00 | 39:28 |
| 5 | Jake | Grimble | RMede | no time | 34:47 |
| 6 | Kamal | Yusuf | COL | 00:53.34 | 58:28 |

HEAT 4

| | | | | | |
|----------|----------|-----------|---------|----------|-------|
| 1 | Lorna | Johnston | GYWSO | 00:43.00 | 41:84 |
| 2 | Charlie | Polley | COL | 00:46.58 | 43:94 |
| 3 | Will | Riminton | COL | 00:41.25 | 48:63 |
| 4 | Victoria | Eccleston | GYWSO | 00:44.00 | 47:65 |
| 5 | Emma | Servantes | COL | 00:50.44 | 48:65 |
| 6 | Max | Clarkson | Teamips | 00:47.93 | 47:63 |

HEAT 5

| | | | | | |
|----------|---------|-----------|-------|----------|-------|
| 1 | Owen | Cresswell | SON | 00:37.00 | DNS |
| 2 | Zachary | Johnston | GYWSO | 00:36.00 | 29:22 |
| 3 | Faith | Reddick | COL | 00:34.94 | 30:90 |
| 4 | Sarah | Jones | SON | 00:35.00 | DNS |
| 5 | Donna | Eccleston | GYWSO | 00:37.00 | 38:97 |
| 6 | Ben | Lowry | SON | 00:38.00 | 34:28 |

HEAT 6

| | | | | | |
|----------|--------|-------------|-------|----------|-------|
| 1 | Lacey | Fitch | COL | 00:28.19 | 26:50 |
| 2 | Terrel | Taylor | GYWSO | 00:22.00 | 22:15 |
| 3 | Imogen | Brown | P-BAR | 00:21.81 | 17:78 |
| 4 | James | Clayton | PSO | 00:21.97 | 19:38 |
| 5 | Leonie | Moser Wager | PSO | 00:24.28 | 26:06 |
| 6 | Sarah | Zima | SON | 00:34.00 | 34:78 |

SWIMABILITY 2024 RESULTS

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| EVENT 3 | 50m BACKSTROKE |
|----------------|-----------------------|

HEAT 1

| | | | | | |
|---|-----------|-----------|-------|----------|---------|
| 1 | Bethany | Payne | COL | no time | 1:55:25 |
| 2 | Owen | Cresswell | SON | 01:45.00 | DNS |
| 3 | Sarah | Zima | SON | 01:37.00 | 1:40:79 |
| 4 | Katharine | Russell | SON | 01:42.00 | DNS |
| 5 | Lucian | Brochen | RMede | no time | 2:04:66 |
| 6 | Ethan | Miller | T Wav | no time | 55:66 |

HEAT 2

| | | | | | |
|---|---------|----------|-------|----------|---------|
| 1 | Bradley | Townson | RMede | 01:12.53 | 1:10:78 |
| 2 | Will | Millgate | COL | 01:15.28 | 1:10:00 |
| 3 | Kian | Johnston | COL | 01:08.15 | 48:50 |
| 4 | Nikos | Hodge | COL | 01:15.12 | 57:06 |
| 5 | Amelia | Borley | COL | 01:19.10 | 1:12:97 |
| 6 | | | | | |

HEAT 3

| | | | | | |
|---|---------|---------|-------|----------|-------|
| 1 | Daniel | Cooper | COL | 01:03.00 | 54:68 |
| 2 | Joshua | Leggett | GYWSO | 01:00.00 | 56:97 |
| 3 | Leah | Harmer | T Wav | 00:56.07 | 51:32 |
| 4 | Yasmin | Leek | COL | 00:57.32 | 53:03 |
| 5 | Ben | Edwards | COL | 01:02.27 | 58:28 |
| 6 | Zachary | Tuffin | COL | 01:04.28 | |

HEAT 4

| | | | | | |
|---|---------|----------------|---------|----------|-------|
| 1 | Nirari | Youseff Titcen | Newark | 00:54.05 | 56:31 |
| 2 | William | Roderick | GYWSO | 00:49.00 | 41:87 |
| 3 | Evie | Smith | Teamips | 00:48.59 | 46:81 |
| 4 | Ziva | Barrick | COL | 00:48.79 | 46:63 |
| 5 | Jenson | Lennard | COL | 00:49.38 | DNS |
| 6 | | | | | |

HEAT 5

| | | | | | |
|---|---------|-----------|---------|----------|-------|
| 1 | Jasmine | Kent | Teamips | 00:47.34 | DNS |
| 2 | Bailey | Solder | COL | 00:44.47 | 45:19 |
| 3 | Oliver | Shergold | COL | 00:35.28 | 36:62 |
| 4 | Alice | Camplin | PSO | 00:44.00 | 44:72 |
| 5 | Jessica | Partridge | COL | 00:44.57 | 43:57 |
| 6 | | | | | |

SWIMABILITY 2024 RESULTS

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| EVENT 4 | 100m BREASTSTROKE |
|----------------|--------------------------|

HEAT 1

| | | | | | |
|----------|-----------|----------------|--------|----------|---------|
| 1 | Katharine | Russell | SON | 04:20.00 | DNS |
| 2 | Annie | Gooch | PSO | 02:28.90 | 2:25:94 |
| 3 | Marcus | Deacon | COL | 02:20.00 | 2:16:43 |
| 4 | James | Johnston | GYWSO | 02:20.00 | 2:07:72 |
| 5 | Nirari | Youseff Titcen | Newark | 02:33.23 | 2:37:53 |
| 6 | | | | | |

HEAT 2

| | | | | | |
|----------|---------|-----------|-------|----------|---------|
| 1 | Zachary | Tuffin | COL | 02:12.00 | 1:54:90 |
| 2 | Daniel | Cooper | COL | 02:08.00 | 1:52:12 |
| 3 | Daniel | Harris | GYWSO | 01:59.00 | 2:06:34 |
| 4 | Jessica | Partridge | COL | 02:05.00 | 1:46:54 |
| 5 | Holly | Bocking | COL | 02:10.95 | 2:15:43 |
| 6 | | | | | |

HEAT 3

| | | | | | |
|----------|----------|-----------------|-----|----------|---------|
| 1 | Tegan | Chapman-Roberts | COL | 01:54.82 | 1:54:00 |
| 2 | Daisy | Chapman-Roberts | COL | 01:41.42 | 1:41:37 |
| 3 | Sam | Inman | COL | 01:28.97 | DNS |
| 4 | Bailey | Solder | COL | 01:39.00 | 1:41:75 |
| 5 | Jack | Williams | COL | 01:43.00 | 1:47:84 |
| 6 | Kristina | Hann | COL | 01:55.40 | 2:07:39 |

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| EVENT 5 | 25m BUTTERFLY |
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HEAT 1

| | | | | | |
|----------|-----------|----------|---------|----------|-------|
| 1 | Yasmin | Leek | COL | no time | 24:28 |
| 2 | Terrel | Taylor | GYWSO | 00:33.00 | 30:91 |
| 3 | Leah | Harmer | T Wav | 00:29.16 | 27:44 |
| 4 | Will | Millgate | COL | 00:30.67 | 33:53 |
| 5 | Katharine | Russell | SON | 00:52.00 | DNS |
| 6 | Angelo | Hearn | Teamips | no time | 31:46 |

| | |
|----------------|----------------------|
| EVENT 6 | 50m FREESTYLE |
|----------------|----------------------|

HEAT 1

| | | | | | |
|-----------|---------------|------------------------|-------------------|----------------|----------------|
| 1 | Bethany | Payne | COL | no time | 1:48:37 |
| 2 | Ethan | Miller | T Wav | no time | 54:97 |
| 3 | Will | Farebrother | RMede | no time | 51:10 |
| 4 | Jake | Grimble | RMede | no time | 1:10:40 |
| 5 | Freddie | Ford | RMede | no time | 2:23:56 |
| 6* | Hayden | Edwards-Richies | COL – 25m* | 1:13:56 | 1:34:84 |

SWIMABILITY 2024 RESULTS

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| EVENT 6 | 50m FREESTYLE |
|----------------|----------------------|

HEAT 2

| | | | | | |
|----------|---------|-----------|-----|----------|---------|
| 1 | | | | | |
| 2 | Sarah | Zima | SON | 01:32.00 | 1:27:94 |
| 3 | Kizzy | Baxter | SON | 01:23.00 | 1:22:12 |
| 4 | Owen | Cresswell | SON | 01:28.00 | DNS |
| 5 | James | Clayton | PSO | no time | 43:50 |
| 6 | Lincoln | Francis | COL | no time | DNS |

HEAT 3

| | | | | | |
|----------|---------|----------|-------|----------|---------|
| 1 | Sarah | Jones | SON | 01:12.00 | DNS |
| 2 | Will | Millgate | COL | 00:59.94 | 1:00:06 |
| 3 | Cassie | Hill | GYWSO | 00:58.00 | 53:66 |
| 4 | Yasmin | Leek | COL | 00:58.43 | 45:44 |
| 5 | Amelia | Borley | COL | 01:11.28 | 56:06 |
| 6 | Bradley | Townson | RMede | 01:12.61 | 1:16:03 |

HEAT 4

| | | | | | |
|----------|----------|-------------|--------|----------|---------|
| 1 | Leonie | Moser Wager | PSO | 00:57.10 | 1:00:38 |
| 2 | Kristina | Hann | COL | 00:56.47 | 53:59 |
| 3 | Ciara | Mckenna | BERK-H | 00:54.28 | DNS |
| 4 | James | Johnston | GYWSO | 00:55.00 | 50:60 |
| 5 | Joshua | Leggett | GYWSO | 00:57.00 | 54:97 |
| 6 | Kian | Johnston | COL | 00:57.16 | |

HEAT 5

| | | | | | |
|----------|----------|---------|-------|----------|-------|
| 1 | Zachary | Tuffin | COL | 00:52.66 | 47:18 |
| 2 | Isla-Mae | Pearson | COL | 00:50.53 | 41:72 |
| 3 | Samuel | Jack | GYWSO | 00:50.00 | 43:72 |
| 4 | Annie | Gooch | PSO | 00:50.28 | 50:32 |
| 5 | Leah | Harmer | T Wav | 00:51.53 | 49:84 |
| 6 | Terrel | Taylor | GYWSO | 00:53.00 | 49:57 |

HEAT 6

| | | | | | |
|----------|---------|----------|---------|----------|-------|
| 1 | Imogen | Brown | P-BAR | 00:49.40 | 38:66 |
| 2 | Nikos | Hodge | COL | 00:45.79 | 43:75 |
| 3 | Evie | Smith | Teamips | 00:44.63 | 43:25 |
| 4 | Matthew | Robinson | COL | 00:45.53 | 39:00 |
| 5 | Elana | Kotei | STOW | 00:45.92 | 45:78 |
| 6 | Ben | Edwards | COL | 00:49.42 | 50:37 |

SWIMABILITY 2024 RESULTS

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| EVENT 6 | 50m FREESTYLE |
|----------------|----------------------|

HEAT 7

| | | | | | |
|---|---------|-----------------|---------|----------|-------|
| 1 | Jenson | Lennard | COL | 00:42.69 | DNS |
| 2 | William | Roderick | GYWSO | 00:42.00 | 35:97 |
| 3 | Bailey | Solder | COL | 00:40.69 | 40:69 |
| 4 | Jessica | Partridge | COL | 00:40.75 | 39:96 |
| 5 | Jasmine | Kent | Teamips | 00:42.35 | DNS |
| 6 | Tegan | Chapman-Roberts | COL | 00:43.99 | 40:29 |

HEAT 8

| | | | | | |
|---|----------|----------|---------|----------|-------|
| 1 | Ziva | Barrick | COL | 00:38.67 | 38:31 |
| 2 | Sam | Inman | COL | 00:33.11 | DNS |
| 3 | Alastair | Sheeran | Teamips | 00:27.46 | 27:60 |
| 4 | Oliver | Shergold | COL | 00:30.72 | 30:47 |
| 5 | Hannah | Camplin | PSO | 00:34.59 | 36:00 |
| 6 | | | | | |

| | |
|----------------|--------------------------|
| EVENT 7 | 100m MEDLEY RELAY |
|----------------|--------------------------|

HEAT 1

| | | | | | |
|---|------------|------------------|--|--|---------|
| 1 | GYWSO | B | | | 2:06:84 |
| 2 | Peterboro | Special Olympics | | | 1:39:54 |
| 3 | Colchester | Phoenix A | | | 1:17:18 |
| 4 | GYWSO | A | | | 1:26:90 |
| 5 | Special | Olympics Norfolk | | | 2:45:03 |
| 6 | Colchester | Phoenix B | | | 1:22:94 |

| | |
|----------------|------------------------|
| EVENT 8 | 100m BACKSTROKE |
|----------------|------------------------|

HEAT 1

| | | | | | |
|---|--------|---------|--------|----------|---------|
| 1 | Sarah | Jones | SON | 03:21.00 | DNS |
| 2 | Ciara | Mckenna | BERK-H | 02:18.27 | DNS |
| 3 | Hannah | Coulson | COL | 02:15.74 | DNS |
| 4 | Cassie | Hill | GYWSO | 02:17.00 | 2:10:57 |
| 5 | Samuel | Jack | GYWSO | 02:19.00 | 2:03:91 |
| 6 | | | | | |

HEAT 2

| | | | | | |
|---|--------|----------------|--------|----------|---------|
| 1 | Nirari | Youseff Titcen | Newark | 02:07.89 | 2:12:97 |
| 2 | Marcus | Deacon | COL | 02:00.00 | 1:50:84 |
| 3 | Holly | Bocking | COL | 01:55.15 | 1:50:84 |
| 4 | Elana | Kotei | STOW | 01:56.60 | 1:58:03 |
| 5 | Joshua | Leggett | GYWSO | 02:06.00 | 2:11:84 |
| 6 | Hannah | Coulson | COL | 02:15:74 | 2:22:37 |

SWIMABILITY 2024 RESULTS

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|----------------|------------------------|
| EVENT 8 | 100m BACKSTROKE |
|----------------|------------------------|

HEAT 3

| | | | | | |
|----------|---------|-----------------|---------|---------|---------|
| 1 | Jasmine | Kent | teamips | 1:50:09 | DNS |
| 2 | Beau | Sales | COL | 1:34:81 | 1:33:53 |
| 3 | Daisy | Chapman-Roberts | COL | 1:24:35 | 1:29:56 |
| 4 | Hannah | Camplin | PSO | 1:30:07 | 1:27:28 |
| 5 | Ziva | Barrick [S10] | COL | 1:40:52 | 1:39:47 |
| 6 | | | | | |

| | |
|----------------|-------------------------|
| EVENT 9 | 25m BREASTSTROKE |
|----------------|-------------------------|

HEAT 1

| | | | | | |
|----------|---------|-------------|---------|---------|-------|
| 1 | William | Dadds | COL | no time | 53:63 |
| 2 | Matthew | Miller | COL | no time | 33:66 |
| 3 | Emma | Servantes | COL | no time | 57:81 |
| 4 | Daniel | Miller | COL | no time | 51:81 |
| 5 | Will | Farebrother | RMede | no time | 31:13 |
| 6 | Angelo | Hearn | Teamips | no time | 33:40 |

HEAT 2

| | | | | | |
|----------|----------|-----------|---------|----------|---------|
| 1 | James | Clayton | PSO | no time | 30:88 |
| 2 | Lacey | Fitch | COL | no time | 40:72 |
| 3 | Faith | Reddick | COL | 00:46.25 | 41:59 |
| 4 | Victoria | Eccleston | GYWSO | 00:53.00 | 55:25 |
| 5 | Charlie | Polley | COL | 01:28.00 | 1:19:50 |
| 6 | Max | Clarkson | Teamips | 00:58.03 | 1:20:31 |

HEAT 3

| | | | | | |
|----------|--------|-------------|-------|----------|-------|
| 1 | Leonie | Moser Wager | PSO | 00:40.71 | 45:97 |
| 2 | Nikos | Hodge | COL | 00:35.00 | 25:68 |
| 3 | Imogen | Brown | P-BAR | 00:28.85 | 26:43 |
| 4 | Leah | Harmer | T Wav | 00:34.82 | 30:50 |
| 5 | Finlay | Teape | SON | 00:38.00 | 29:44 |
| 6 | | | | | |

| | |
|-----------------|----------------------|
| EVENT 10 | 50m BUTTERFLY |
|-----------------|----------------------|

HEAT 1

| | | | | | |
|----------|----------|---------|--------|----------|---------|
| 1 | Stanley | Summers | T Wav | no time | 50:72 |
| 2 | Amelia | Borley | COL | 01:10.84 | 1:04:78 |
| 3 | Isla-Mae | Pearson | COL | 01:00.47 | 52:16 |
| 4 | Hannah | Coulson | COL | 01:08.69 | 1:26:90 |
| 5 | Ciara | Mckenna | BERK-H | 01:13.53 | DNS |
| 6 | | | | | |

SWIMABILITY 2024 RESULTS

| | |
|-----------------|----------------------|
| EVENT 10 | 50m BUTTERFLY |
|-----------------|----------------------|

HEAT 2

| | | | | | |
|---|---------|----------|------|----------|-------|
| 1 | Ben | Edwards | COL | 00:53.01 | 56:91 |
| 2 | Elana | Kotei | STOW | 00:51.45 | DNS |
| 3 | Beau | Sales | COL | 00:50.91 | 44:09 |
| 4 | Matthew | Robinson | COL | 00:51.37 | 45:66 |
| 5 | Nikos | Hodge | COL | 00:52.97 | 55:81 |
| 6 | Jenson | Lennard | COL | 00:57.62 | DNS |

HEAT 3

| | | | | | |
|---|----------|-----------------|---------|----------|-------|
| 1 | Hannah | Camplin | PSO | 00:45.54 | 41:69 |
| 2 | Bailey | Solder | COL | 00:45.41 | 46:65 |
| 3 | Alastair | Sheeran | Teamips | 00:32.49 | 31:28 |
| 4 | Daisy | Chapman-Roberts | COL | 00:39.47 | 41:88 |
| 5 | Jack | Williams | COL | 00:45.47 | 44:19 |
| 6 | | | | | |

| | |
|-----------------|-----------------------|
| EVENT 11 | 100m FREESTYLE |
|-----------------|-----------------------|

HEAT 1

| | | | | | |
|---|---------|---------|--------|----------|---------|
| 1 | | | | | |
| 2 | Hannah | Coulson | COL | 02:09.56 | 2:37:91 |
| 3 | Samuel | Jack | GYWSO | 02:01.00 | 1:44:91 |
| 4 | Ciara | Mckenna | BERK-H | 02:02.73 | DNS |
| 5 | Stanley | Summers | T Wav | no time | 1:47:56 |
| 6 | Bethany | Payne | COL | no time | 3:44:07 |

HEAT 2

| | | | | | |
|---|--------|---------------|-------|----------|---------|
| 1 | | | | | |
| 2 | Daniel | Harris | GYWSO | 01:51.00 | 1:53:90 |
| 3 | Annie | Gooch | PSO | 01:50.10 | 1:59:06 |
| 4 | Imogen | Brown | P-BAR | 01:49.64 | 1:28:09 |
| 5 | Holly | Bocking [S14] | COL | 01:50.24 | 1:53:97 |
| 6 | Daniel | Cooper | COL | 01:55.00 | 2:01:56 |

HEAT 3

| | | | | | |
|---|---------|-----------------|---------|----------|---------|
| 1 | Marcus | Deacon | COL | 01:45.00 | 1:32:53 |
| 2 | Tegan | Chapman-Roberts | COL | 01:27.33 | 1:31:44 |
| 3 | Ziva | Barrick | COL | 01:25.56 | 1:26:69 |
| 4 | Jack | Williams | COL | 01:25.81 | 1:24:22 |
| 5 | Jasmine | Kent | Teamips | 01:40.66 | DNS |
| 6 | | | | | |

SWIMABILITY 2024 RESULTS

| | |
|-----------------|-----------------------|
| EVENT 11 | 100m FREESTYLE |
|-----------------|-----------------------|

HEAT 4

| | | | | | |
|----------|----------|----------|---------|----------|---------|
| 1 | Beau | Sales | COL | 01:24.00 | 1:30:15 |
| 2 | Sam | Inman | COL | 01:15.32 | DNS |
| 3 | Alastair | Sheeran | Teamips | 01:02.65 | 1:01:65 |
| 4 | Oliver | Shergold | COL | 01:09.85 | 1:13:15 |
| 5 | Alice | Camplin | PSO | 01:22.14 | 1:23:75 |
| 6 | | | | | |

| | |
|-----------------|-----------------------|
| EVENT 12 | 25m BACKSTROKE |
|-----------------|-----------------------|

HEAT 1

| | | | | | |
|----------|---------|----------|---------|---------|---------|
| 1 | | | | | |
| 2 | Jake | Lynn | COL | no time | 1:40:72 |
| 3 | Matthew | Miller | COL | no time | 39:59 |
| 4 | Daniel | Miller | COL | no time | 39:18 |
| 5 | Araliya | Turner | COL | no time | 1:02:03 |
| 6 | Max | Clarkson | teamips | no time | 49:53 |

HEAT 2

| | | | | | |
|----------|---------|-------------|-------|----------|---------|
| 1 | William | Dadds | COL | no time | 31:66 |
| 2 | Will | Farebrother | RMede | no time | 24:56 |
| 3 | Jake | Grimble | RMede | no time | 37:41 |
| 4 | Will | Riminton | COL | 1:49:65 | 1:01:37 |
| 5 | Freddie | Ford | RMede | no time | 1:08:10 |
| 6 | Nevan | Halihakoon | COL | 02:10.60 | 1:09:09 |

HEAT 3

| | | | | | |
|----------|---------|----------------|---------|----------|---------|
| 1 | | | | | |
| 2 | Angelo | Hearn | Teamips | no time | 24:94 |
| 3 | Emma | Servantes | COL | 01:31.09 | 1:08:09 |
| 4 | Stanley | Summers | T Wav | no time | 29:00 |
| 5 | Kamal | Yusuf | COL | 01:17.72 | 1:19:44 |
| 6 | Hayden | Edwards-Riches | COL | 01:17.65 | 1:38:06 |

HEAT 4

| | | | | | |
|----------|----------|---------|-------|----------|---------|
| 1 | | | | | |
| 2 | Charlie | Polley | COL | 00:53.37 | 44:84 |
| 3 | Ben | Lowry | SON | 00:52.00 | 48:78 |
| 4 | Jacob | Shears | COL | 00:53.18 | 34:84 |
| 5 | Alfie | Ainslie | GYWSO | 01:08.00 | 51:31 |
| 6 | Charlene | Owers | GYWSO | 01:08.00 | 1:49:18 |

SWIMABILITY 2024 RESULTS

| | |
|-----------------|-----------------------|
| EVENT 12 | 25m BACKSTROKE |
|-----------------|-----------------------|

HEAT 5

| | | | | | |
|---|----------|-----------|-------|----------|-------|
| 1 | Donna | Eccleston | GYWSO | 00:49.00 | 51:60 |
| 2 | Sarah | Zima | SON | 00:45.00 | 43:66 |
| 3 | Isabelle | Leggett | GYWSO | 00:42.00 | 42:12 |
| 4 | Victoria | Eccleston | GYWSO | 00:45.00 | 40:22 |
| 5 | Finlay | Teape | SON | 00:49.00 | 37:34 |
| 6 | Owen | Cresswell | SON | 00:51.00 | DNS |

HEAT 6

| | | | | | |
|---|---------|-------------|-------|----------|-------|
| 1 | Lacey | Fitch | COL | 00:39.69 | 35:75 |
| 2 | Faith | Reddick | COL | 00:38.85 | 33:03 |
| 3 | James | Clayton | PSO | 00:22.28 | 22:16 |
| 4 | Leonie | Moser Wager | PSO | 00:33.00 | 32:41 |
| 5 | Zachary | Johnston | GYWSO | 00:39.00 | 38:43 |
| 6 | | | | | |

| | |
|-----------------|-------------------------|
| EVENT 13 | 50m BREASTSTROKE |
|-----------------|-------------------------|

HEAT 1

| | | | | | |
|---|--------|---------|-------|----------|---------|
| 1 | Jake | Grimble | RMede | no time | 1:14:00 |
| 2 | Sarah | Jones | SON | 01:55.00 | DNS |
| 3 | Finlay | Teape | SON | 01:23.00 | 1:08:19 |
| 4 | Amelia | Borley | COL | 01:24.35 | 1:09:66 |
| 5 | Kizzy | Baxter | SON | 02:25.00 | 2:05:35 |
| 6 | Ethan | Miller | T Wav | no time | 1:07:72 |

HEAT 2

| | | | | | |
|---|----------|----------------|--------|----------|---------|
| 1 | Hannah | Coulson | COL | 01:16.67 | 1:17:18 |
| 2 | Nirari | Youseff Titcen | Newark | 01:06.64 | 1:04:60 |
| 3 | Annie | Gooch | PSO | 01:06.90 | 1:11:63 |
| 4 | Isla-Mae | Pearson | COL | 01:12.44 | 58:04 |
| 5 | Will | Millgate | COL | 01:15.23 | 1:09:62 |
| 6 | | | | | |

HEAT 3

| | | | | | |
|---|---------|----------|-------|----------|-------|
| 1 | James | Johnston | GYWSO | 01:06.00 | 59:28 |
| 2 | Yasmin | Leek | COL | 01:05.69 | 59:28 |
| 3 | Daniel | Cooper | COL | 00:58.00 | 50:53 |
| 4 | Elana | Kotei | STOW | 01:05.46 | DNS |
| 5 | Zachary | Tuffin | COL | 01:06.00 | 50:28 |
| 6 | | | | | |

SWIMABILITY 2024 RESULTS

| | |
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| EVENT 13 | 50m BREASTSTROKE |
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HEAT 4

| | | | | | |
|----------|----------|-----------------|-------|----------|-------|
| 1 | Kristina | Hann | COL | 00:56.20 | 57:94 |
| 2 | Tegan | Chapman-Roberts | COL | 00:51.66 | 54:78 |
| 3 | William | Roderick | GYWSO | 00:46.00 | 45:65 |
| 4 | Daniel | Harris | GYWSO | 00:50.00 | 50:04 |
| 5 | Matthew | Robinson | COL | 00:55.69 | 51:44 |
| 6 | Alice | Camplin | PSO | 00:56.40 | 55:68 |

| | |
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| EVENT 14 | 100m FREESTYLE RELAY |
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HEAT 1

| | | | | | |
|----------|------------|------------------|--|--|---------|
| 1 | Runnymede | | | | 2:08:68 |
| 2 | Peterboro | Special Olympics | | | 1:25:57 |
| 3 | Colchester | Phoenix A | | | 1:07:53 |
| 4 | GYWSO | A | | | 1:22:84 |
| 5 | Colchester | Phoenix B | | | 1:14:66 |
| 6 | GYWSO | B | | | 1:45:85 |