



18th Suffolk “Swimability” Meet

RESULTS

Saturday 15th April 2023

5pm



EVENT 1 100m INDIVIDUAL MEDLEY

	Forename	Surname	Club/School	TIME	RESULT
HEAT 1					
1	Kristina	Hann	CPH	N/T	02:05:90
2	Benedict	Edwards	CPH	02:10:06	02:08:23
3	Henry	Witton	CPH	02:12:75	02:11:03
4	Marcus	Deacon	CPH	01:59:71	01:48:59
5	Daniel	Cooper	CPH	N/T	02:13:61
6					

HEAT 2

1					
2	Matthew	Robinson	CPH	01:41:01	01:38:53
3	Oliver	Shergold [SM8]	CPH	01:28:12	01:21:56
4	Daisy	Chapman-Roberts	CPH	01:35:19	01:38:47
5	Beau	Sales	CPH	01:44:59	01:46:23
6	Jack	Williams	CPH	01:46:03	01:41:02

EVENT 2 25m FREE**HEAT 1**

1	Isla	George	N Swan	N/T	38:03
2					
3	Bethany	Payne	CPH	01:08:16	49:28
4					
5	Zachary	Johnston	GYWSO	N/T	35:48
6	Max	Clarkson	teamipswich	01:02:84	01:18:55

HEAT 2

1	Karolina	Petrosaite	GYWSO	N/T	02:18:22
2					
3					
4	Isabelle	Leggett	GYWSO	55:00	54:25
5					
6	Charlene	Owers	GYWSO	N/T	53:45

HEAT 3

1	William	Riminton	CPH	50:13	51:12
2					
3	Lacey	Fitch	CPH	39:84	35:66
4	Matthew	Miller	CPH	40:81	29:00
5					
6	Hephzibah	Adeleke	CPH	49:62	43:58

HEAT 4

1	Daniel	Miller	CPH	36:93	46:84
2					
3	Terrel	Taylor	GYWSO	27:00	24:31
4	Michael	Thorogood	GYWSO	31:00	28:28
5	James	West	CPH	31:76	19:50
6	Frederick	Collins	CPH	38:91	38:66

EVENT 3**50m BACK**

HEAT 1	Forename	Surname	Club/School	TIME	RESULT
1					
2	Joshua	Leggett	GYWSO	01:30:00	01:06:84
3	Archie	Grove	GYWSO	N/T	01:27:87
4	James	Johnston	GYWSO	01:21:00	01:07:88
5	Bethany	Payne	CPH	01:55:76	02:02:95
6					

HEAT 2

1	Sebastian	Konrath	W Suff	01:09:37	58:50
2	Yasmin	Leek	CPH	01:09:41	01:00:62
3					
4	Amelia	Borley	CPH	01:06:16	01:06:53
5	Hannah	Coulson	CPH	01:18:56	01:07:39
6					

HEAT 3

1	Zachary	Tuffin	CPH	01:04:28	57:19
2	Cassie	Hill	GYWSO	59:00	01:03:83
3	Leah	Harmer	Team Wav	57:31	54:62
4	Kian	Johnston	CPH	58:56	52:98
5	Ziva	Barrick	CPH	01:00:00	47:19
6	James	Miller	Team Wav	01:00:34	59:63

HEAT 4

1	Matthew	Robinson	CPH	45:00	43:59
2	Beau	Sales	CPH	44:31	48:13
3	Daisy	Chapman-Roberts	CPH	41:50	41:69
4	Bailey	Solder	CPH	43:00	44:38
5	Marcus	Deacon	CPH	44:24	48:26
6	Henry	Witton	CPH	54:66	50:38

EVENT 4**25m BREAST****HEAT 1**

1	Daniel	Miller	CPH	59:19	01:02:44
2					
3					
4					
5	Michael	Thorogood	GYWSO	48:00	35:25
6					

HEAT 2

1	Terrel	Taylor	GYWSO	41:00	40:50
2	Yasmin	Leek	CPH	34:87	34:17
3	James	West	CPH	27:32	30:13
4					
5	Leah	Harmer	Team Wav	36:82	34:30
6	Matthew	Miller	CPH	45:09	40:92

EVENT 5	50m FLY
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HEAT 1	Forename	Surname	Club/School	TIME	RESULT
1					
2	Hannah	Coulson	CPH	01:15:07	01:13:53
3	Henry	Witton	CPH	01:00:84	59:94
4	Benedict	Edwards	CPH	01:02:50	01:01:06
5	Amelia	Borley	CPH	01:20:00	01:08:93
6					

HEAT 2

1					
2	Kristina	Hann	CPH	57:46	01:00:08
3	Beau	Sales	CPH	45:59	49:15
4	Jack	Williams	CPH	52:32	48:32
5					
6					

EVENT 6	100m BACK
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HEAT 1

1	Benedict	Edwards	CPH	02:56:00	02:20:78
2					
3	Oliver	Shergold [S9]	CPH	01:28:80	01:23:38
4	Ziva	Barrick	CPH	02:05:00	01:47:31
5	Samuel	Jack	GYWSO	02:25:00	02:01:45
6					

EVENT 7	100m MEDLEY RELAY
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	Club/School				RESULT
1					
2	CPH A			N/T	01:19:69
3	GYWSO			N/T	01:34:19
4	CPH B			N/T	01:33:25
5	CPH 'C'			N/T	01:31:56
6	CPH 'D'			N/T	01:57:50

EVENT 8	100m BREAST
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HEAT 1

1	Christopher	Jenner [S14]	CPH	02:56:28	02:54:72
2	Jack	Williams	CPH	02:16:08	01:58:24
3	Dan	Harris	GYWSO	02:00:00	01:58:35
4	Tegan	Chapman-Roberts	CPH	02:01:00	01:47:19
5	Kristina	Hann	CPH	02:10:30	01:09:05
6					

EVENT 8	100m BREAST
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HEAT 2	Forename	Surname	Club/School	TIME	RESULT
1	Zachary	Tuffin	CPH	01:47:18	02:16:00
2	Daniel	Cooper	CPH	01:50:00	02:04:96
3					
4	Bailey	Solder	CPH	01:56:00	01:44:28
5					
6					

EVENT 9	25m BACK
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HEAT 1

1	Hephzibah	Adeleke	CPH	01:15:00	01:40:22
2	William	Riminton	CPH	01:56:00	02:02:07
3	Frederick	Collins	CPH	01:00:03	54:13
4	Bethany	Payne	CPH	57:31	56:94
5					
6	Isla	George	N Swan	N/T	41:49

HEAT 2

1	Matthew	Miller	CPH	55:19	49:43
2	Lacey	Fitch	CPH	56:88	50:67
3					
4	Michael	Thorogood	GYWSO	51:00	38:09
5	Isabel	Leggett	GYWSO	55:00	53:83
6	Max	Clarkson	teamipswich	50:23	53:20

HEAT 3

1	Daniel	Miller	CPH	43:13	46:84
2					
3	James	West	CPH	21:40	23:22
4	Joshua	Leggett	GYWSO	31:00	28:57
5	Terrel	Taylor	GYWSO	45:00	37:04
6					

EVENT 10	50m FREE
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HEAT 1	Forename	Surname	Club/School	TIME	RESULT
1	Bethany	Payne	CPH	02:43:58	01:52:56
2	Hannah	Coulson	CPH	01:03:81	01:03:75
3	Matthew	Miller	CPH	01:37:94	01:44:47
4	Daniel	Miller	CPH	01:28:63	02:17:69
5	Archie	Grove	Stow	N/T	01:22:05
6					

EVENT 10	50m FREE
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HEAT 2	Forename	Surname	Club/School	TIME	RESULT
1					
2	Yasmin	Leek	CPH	01:07:09	57:24
3	Christopher	Jenner [S14]	CPH	59:41	01:04:56
4	Ethan	Miller	Team Wav	57:84	51:68
5	Cassie	Hill	GYWSO	01:06:00	58:23
6	James	Johnston	GYWSO	01:13:00	59:18

HEAT 3

1	Zachary	Tuffin	CPH	52:66	52:53
2	Daniel	Cooper	CPH	55:40	54:68
3	Leah	Harmer	Team Wav	52:69	55:35
4					
5	Amelia	Borley	CPH	55:65	01:02:54
6	Sebastian	Konrath	W Suff	57:11	51:15

HEAT 4

1	Kian	Johnston	CPH	47:09	44:81
2	Tegan	Chapman-Roberts	CPH	37:85	37:92
3	Matthew	Robinson	CPH	37:81	37:87
4	Henry	Witton	CPH	37:84	38:37
5	Beau	Sales	CPH	40:87	43:70
6	Samuel	Jack	GYWSO	50:00	45:05

HEAT 5

1	Bailey	Solder	CPH	39:00	41:82
2	Marcus	Deacon	CPH	34:98	38:98
3	Oliver	Shergold [S9]	CPH	32:00	30:66
4	Daisy	Chapman-Roberts	CPH	34:44	35:71
5	William	Roderick	GYWSO	37:00	34:88
6	Ziva	Barrick	CPH	46:00	40:94

EVENT 11	25m FLY
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HEAT 1	Forename	Surname	Club/School	TIME	RESULT
1	Isla	George	N Swan	N/T	39:90
2	Yasmin	Leek	CPH	N/T	27:68
3	Sebastian	Konrath	W Suff	26:01	33:12
4	Leah	Harmer	Team Wav	N/T	29:18
5					
6					

EVENT 12	100m FREE
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HEAT 1	Forename	Surname	Club/School	TIME	RESULT
1					
2					
3	Dan	Harris	GYWSO	02:00:00	01:57:28
4	Samuel	Jack	GYWSO	02:12:00	01:46:00
5	Cassie	Hill	GYWSO	02:15:00	02:10:23
6	Archie	Grove	Stow	N/T	03:11:36

HEAT 2

1	Kian	Johnston	CPH	01:53:06	01:50:03
2	Jack	Williams	CPH	01:38:40	01:31:66
3	Benedict	Edwards	CPH	01:52:00	01:52:07
4	Christopher	Jenner [S14]	CPH	02:17:12	02:27:81
5					
6					

HEAT 3

1	Ziva	Barrick	CPH	01:38:00	01:33:90
2	Tegan	Chapman-Roberts	CPH	01:30:84	01:26:69
3	Oliver	Shergold [S9]	CPH	01:14:00	01:14:09
4	Matthew	Robinson	CPH	01:30:74	01:25:57
5					
6					

EVENT 13	50m BREAST
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HEAT 1

1	Sebastian	Konrath	W Suff	01:18:34	01:13:47
2					
3	James	Johnston	GYWSO	01:14:00	01:03:31
4	Ethan	Miller	Team Wav	01:14:00	01:07:97
5	Hannah	Coulson	CPH	01:27:01	01:25:88
6	Zachary	Tuffin	CPH	01:16:56	01:02:82

HEAT 2

1	Christopher	Jenner [S14]	CPH	01:13:38	01:21:25
2	Kian	Johnston	CPH	01:08:97	01:04:22
3	Kristina	Hann	CPH	01:04:16	01:01:13
4	Archie	Grove	STOW	N/T	02:26:06
5					
6					

EVENT 13	50m BREAST
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HEAT 3	Forename	Surname	Club/School	TIME	RESULT
1	Daniel	Cooper	CPH	54:20	55:31
2	Daisy	Chapman-Roberts	CPH	50:62	51:21
3	William	Roderick	GYWSO	46:00	43:90
4	Tegan	Chapman-Roberts	CPH	50:47	52:72
5	Marcus	Deacon	CPH	54:00	59:10
6	Dan	Harris	GYWSO	55:00	49:45

EVENT 14	100m FREESTYLE RELAY
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	Club/School	RESULT
1	CPH 'C'	N/T 01:30:25
2	GYWSO 'B'	N/T 01:59:84
3	CPH 'A'	N/T 01:11:87
4	GYWSO 'A'	N/T 01:28:25
5	CPH 'B'	N/T 01:16:66
6	CPH 'D'	N/T 01:39:38

Presentation of medals and certificates by Lowestoft LIONS