



SUFFOLK OPEN WATER CHAMPIONSHIPS 2023
Whitlingham County Park Norwich 9th July 2023

RESULTS

OVERALL CHAMPIONS

	Name	Club	Time
Female 1000m	Romilly Marks	Newmarket	15:43.25
Male 1000m	Orlando Whiting	St Felix School	16:39.25
Female 2000m	Isabel Moore	West Suffolk	32:20.46
Male 2000m	Thomas Deaton	Newmarket	30:36.29
Female 3000m	Grace Robinson	St Felix School	45:34.36
Male 3000m	Ben Every	St Felix School	44:19.83
Female 5000m	Madelyn Latimer-Hicks	St Felix School	1:08:06.00
Male 5000m	Ben Howlett	Team Ipswich	1:05:35.39