

# Sudbury & District SC

## Valentine Masters Meet 2019 at Kingfisher Leisure Pool (25m)

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### Event: 1. 400m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	KIMPTON Andrew (1992) (A)	04:34.08	467	West Suffolk SC
2	SPEAR Adam (1991) (A)	04:59.09	360	Felixstowe SC
3	WILLER David (1994) (A)	06:43.84	146	Sudbury & District SC

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (E), 45 - 49

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCKENNY John (1974) (E)	04:38.45	446	West Suffolk SC
2	WESTALL Steven (1971) (E)	05:50.66	223	Team Ipswich

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	COE Steve (1963) (G)	05:42.85	239	West Suffolk SC
2	WILLS Jon (1964) (G)	06:03.15	201	Felixstowe SC

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (J), 65 - 69

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MINNS Nick (1953) (J)	06:04.89	198	Saint Felix, Southwold SC

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (K), 70 - 74

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	05:54.51	216	Sudbury & District SC

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (L), 75 & Over

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	06:52.66	137	Sudbury & District SC

### Event: 2. 400m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	05:21.24	391	Felixstowe SC

### Event: 2. 400m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SMITH Jane (1964) (G)	06:38.54	204	Newmarket & District SC
2	PENMAN Susan (1963) (G)	07:15.04	157	Stowmarket SC

### Event: 2. 400m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCLELLAN Sharon (1958) (H)	06:28.79	220	Sudbury & District SC
2	BRITAIN Fiona (1959) (H)	07:07.85	165	West Suffolk SC

### Event: 3. 50m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SPEAR Adam (1991) (A)	00:33.40	310	Felixstowe SC
2	WILLER David (1994) (A)	00:50.64	89	Sudbury & District SC

### Event: 3. 50m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (C), 35 - 39

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WINTER Peter (1980) (C)	00:37.86	212	Newmarket & District SC

**Event: 3. 50m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	EDMUNDS Peter (1975) (D)	00:33.90	296	West Suffolk SC
2	ROBERTS James (1976) (D)	00:36.82	231	Team Ipswich

**Event: 3. 50m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (F), 50 - 54**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (F)	00:37.68	216	Stowmarket SC

**Event: 3. 50m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	COE Steve (1963) (G)	00:40.68	171	West Suffolk SC

**Event: 3. 50m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	00:40.65	172	Stowmarket SC

**Event: 3. 50m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (J), 65 - 69**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MINNS Nick (1953) (J)	00:45.93	119	Saint Felix, Southwold SC

**Event: 3. 50m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (S)	00:29.95	430	West Suffolk SC
2	TUTTHILL Ryan (1997) (S)	00:36.48	238	Stowmarket SC
3	GARRY James (2002) (S)	01:00.51	52	Mildenhall & District SC

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	00:38.86	289	Felixstowe SC
2	WHITE Parris (1993) (A)	00:39.02	285	Newmarket & District SC

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TAYLOR Jodie (1978) (D)	00:41.76	233	Saint Felix, Southwold SC

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 17/02/2019 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ADAMS Suzanne (1971) (E)	00:45.83	176	Felixstowe SC

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	PENMAN Susan (1963) (G)	00:51.98	120	Stowmarket SC

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BRITAIN Fiona (1959) (H)	00:47.08	162	West Suffolk SC

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ALLEN Charlotte (2000) (S)	00:40.64	252	West Suffolk SC
2	BRANTON Aprille (1996) (S)	00:41.75	233	Felixstowe SC

**Event: 5. 100m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	KIMPTON Andrew (1992) (A)	01:11.56	469	West Suffolk SC
2	WILLER David (1994) (A)	01:51.15	125	Sudbury & District SC

**Event: 5. 100m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (B), 30 - 34**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ARGENT James (1989) (B)	01:57.84	105	Sudbury & District SC

**Event: 5. 100m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WILLS Jon (1964) (G)	01:34.37	204	Felixstowe SC
2	GARRY Rob (1964) (G)	01:58.47	103	Mildenhall & District SC

**Event: 5. 100m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (K), 70 - 74**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	01:38.17	181	Sudbury & District SC

**Event: 5. 100m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (S)	01:07.91	549	West Suffolk SC
2	PENMAN Ruairidh (1996) (S)	01:16.38	385	Stowmarket SC
3	TUTTHILL Ryan (1997) (S)	01:34.02	206	Stowmarket SC

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CRAIG Kitty (1983) (C)	01:25.30	397	Sudbury & District SC

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TAYLOR Jodie (1978) (D)	01:31.35	323	Saint Felix, Southwold SC

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ADAMS Suzanne (1971) (E)	01:45.91	207	Felixstowe SC

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (F), 50 - 54**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WITHERS Lisa (1966) (F)	01:37.12	269	Newmarket & District SC

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SMITH Jane (1964) (G)	01:57.17	153	Newmarket & District SC

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BRITTAIN Fiona (1959) (H)	02:04.87	126	West Suffolk SC

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GARRY Jemma (1999) (S)	01:50.14	184	Mildenhall & District SC

**Event: 7. 200m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (L), 75 & Over**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	04:42.77	57	Sudbury & District SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	KIMPTON Andrew (1992) (A)	00:57.51	477	West Suffolk SC
2	SPEAR Adam (1991) (A)	01:01.02	399	Felixstowe SC
3	WILLER David (1994) (A)	01:30.63	121	Sudbury & District SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (B), 30 - 34**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	ARGENT James (1989) (B)	01:22.76	160	Sudbury & District SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (C), 35 - 39**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	BUMSTEAD Oliver (1983) (C)	01:00.32	413	Beccles Town SC
2	HARRISON Thomas (1982) (C)	01:01.79	384	Stowmarket SC
3	WINTER Peter (1980) (C)	01:12.45	238	Newmarket & District SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	FAIRCHILD James (1977) (D)	00:59.97	420	West Suffolk SC
2	EDMUNDS Peter (1975) (D)	01:04.73	334	West Suffolk SC
3	ROBERTS James (1976) (D)	01:10.72	256	Team Ipswich

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (E), 45 - 49**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	GALE Martin (1970) (E)	01:00.05	419	West Suffolk SC
2	MCKENNY John (1974) (E)	01:00.47	410	West Suffolk SC
3	WESTALL Steven (1971) (E)	01:12.39	239	Team Ipswich

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (F), 50 - 54**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (F)	01:10.32	261	Stowmarket SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	COE Steve (1963) (G)	01:11.23	251	West Suffolk SC
2	GARRY Rob (1964) (G)	01:31.94	116	Mildenhall & District SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	01:17.12	197	Stowmarket SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (J), 65 - 69**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	MINNS Nick (1953) (J)	01:19.91	177	Saint Felix, Southwold SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (K), 70 - 74**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	01:15.30	212	Sudbury & District SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (L), 75 & Over**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	01:28.66	130	Sudbury & District SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	PENMAN Ruairidh (1996) (S)	01:00.61	407	Stowmarket SC
2	TUTTHILL Ryan (1997) (S)	01:08.00	288	Stowmarket SC
3	ROWE Benjamin (1997) (S)	01:14.07	223	Newmarket & District SC
4	GARRY James (2002) (S)	01:55.62	58	Mildenhall & District SC

**Event: 10. 100m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	01:12.53	347	Felixstowe SC

**Event: 10. 100m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TAYLOR Jodie (1978) (D)	01:16.48	296	Saint Felix,Southwold SC

**Event: 10. 100m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ADAMS Suzanne (1971) (E)	01:25.58	211	Felixstowe SC

**Event: 10. 100m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	PENMAN Susan (1963) (G)	01:31.71	172	Stowmarket SC

**Event: 10. 100m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCLELLAN Sharon (1958) (H)	01:30.52	178	Sudbury & District SC
2	BRITTAIN Fiona (1959) (H)	01:33.42	162	West Suffolk SC

**Event: 10. 100m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CHAMBERS Katie (2003) (S)	01:06.39	453	Sudbury & District SC
2	ALLEN Charlotte (2000) (S)	01:07.39	433	West Suffolk SC
3	BRANTON Aprille (1996) (S)	01:11.81	358	Felixstowe SC
4	GARRY Jemma (1999) (S)	01:25.33	213	Mildenhall & District SC

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SPEAR Adam (1991) (A)	02:41.01	332	Felixstowe SC

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (B), 30 - 34**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ARGENT James (1989) (B)	03:34.87	139	Sudbury & District SC

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WILLS Jon (1964) (G)	03:16.00	184	Felixstowe SC

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (K), 70 - 74**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	03:13.38	191	Sudbury & District SC

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (L), 75 & Over**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	04:00.39	99	Sudbury & District SC

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (S)	02:17.55	533	West Suffolk SC

**Event: 12. 200m Ind. Medley, Female, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	03:00.91	326	Felixstowe SC

**Event: 12. 200m Ind. Medley, Female, All Ages, HDW, 17/02/2019 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ADAMS Suzanne (1971) (E)	03:47.63	164	Felixstowe SC

**Event: 12. 200m Ind. Medley, Female, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	APPLEBY Jean (1956) (H)	03:06.68	297	Sudbury & District SC

**Event: 12. 200m Ind. Medley, Female, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BRANTON Aprille (1996) (S)	03:08.30	289	Felixstowe SC
2	GARRY Jemma (1999) (S)	03:41.75	177	Mildenhall & District SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BUMSTEAD Oliver (1983) (C)	00:27.37	408	Beccles Town SC
2	HARRISON Thomas (1982) (C)	00:28.32	368	Stowmarket SC
3	WINTER Peter (1980) (C)	00:30.53	293	Newmarket & District SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	FAIRCHILD James (1977) (D)	00:27.63	396	West Suffolk SC
2	EDMUNDS Peter (1975) (D)	00:29.20	336	West Suffolk SC
3	ROBERTS James (1976) (D)	00:31.62	264	Team Ipswich

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GALE Martin (1970) (E)	00:27.79	389	West Suffolk SC
2	WESTALL Steven (1971) (E)	00:32.14	251	Team Ipswich
3	LIVINGS Richard (1970) (E)	00:39.85	132	Sudbury & District SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (F), 50 - 54**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (F)	00:31.80	260	Stowmarket SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	COE Steve (1963) (G)	00:31.35	271	West Suffolk SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MANN Michael (1957) (H)	00:39.80	132	Felixstowe SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (J), 65 - 69**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MINNS Nick (1953) (J)	00:36.04	178	Saint Felix, Southwold SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (L), 75 & Over**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	00:38.32	148	Sudbury & District SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (S)	00:26.02	474	West Suffolk SC
2	PENMAN Ruairidh (1996) (S)	00:26.76	436	Stowmarket SC
3	TUTTHILL Ryan (1997) (S)	00:30.56	293	Stowmarket SC
4	ROWE Benjamin (1997) (S)	00:32.69	239	Newmarket & District SC
5	GARRY James (2002) (S)	00:50.51	64	Mildenhall & District SC

**Event: 14. 50m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WHITE Parris (1993) (A)	00:32.62	362	Newmarket & District SC

**Event: 14. 50m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TAYLOR Jodie (1978) (D)	00:33.83	324	Saint Felix, Southwold SC

**Event: 14. 50m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	PENMAN Susan (1963) (G)	00:41.13	180	Stowmarket SC

**Event: 14. 50m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BRITAIN Fiona (1959) (H)	00:40.99	182	West Suffolk SC

**Event: 14. 50m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ALLEN Charlotte (2000) (S)	00:30.40	447	West Suffolk SC

**Event: 15. 100m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (B), 30 - 34**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ARGENT James (1989) (B)	01:41.88	110	Sudbury & District SC

**Event: 15. 100m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (F), 50 - 54**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (F)	01:25.70	186	Stowmarket SC

**Event: 15. 100m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GARRY Rob (1964) (G)	01:51.78	83	Mildenhall & District SC

**Event: 15. 100m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	01:29.35	164	Stowmarket SC

**Event: 15. 100m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (K), 70 - 74**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	01:32.27	149	Sudbury & District SC

**Event: 15. 100m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TUTTHILL Ryan (1997) (S)	01:19.88	229	Stowmarket SC
2	GARRY James (2002) (S)	02:12.07	50	Mildenhall & District SC

**Event: 16. 100m Backstroke, Female, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	01:25.15	272	Felixstowe SC

**Event: 16. 100m Backstroke, Female, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SMITH Jane (1964) (G)	01:40.73	164	Newmarket & District SC

**Event: 16. 100m Backstroke, Female, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BRITAIN Fiona (1959) (H)	01:54.41	112	West Suffolk SC

**Event: 16. 100m Backstroke, Female, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ALLEN Charlotte (2000) (S)	01:15.33	394	West Suffolk SC
2	CHAMBERS Katie (2003) (S)	01:15.97	384	Sudbury & District SC

**Event: 17. 200m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WILLS Jon (1964) (G)	03:31.23	186	Felixstowe SC

**Event: 17. 200m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	03:25.37	202	Stowmarket SC
2	MANN Michael (1957) (H)	03:42.77	158	Felixstowe SC

**Event: 17. 200m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (S)	02:29.72	523	West Suffolk SC

**Event: 18. 200m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	03:26.74	275	Felixstowe SC

**Event: 18. 200m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CRAIG Kitty (1983) (C)	03:06.72	374	Sudbury & District SC

**Event: 18. 200m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ADAMS Suzanne (1971) (E)	03:57.95	180	Felixstowe SC

**Event: 18. 200m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (F), 50 - 54**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WITHERS Lisa (1966) (F)	03:25.78	279	Newmarket & District SC

**Event: 18. 200m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BRANTON Aprille (1996) (S)	03:36.74	239	Felixstowe SC

**Event: 19. 100m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SPEAR Adam (1991) (A)	01:09.20	343	Felixstowe SC

**Event: 19. 100m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BUMSTEAD Oliver (1983) (C)	01:11.52	311	Beccles Town SC
2	HARRISON Thomas (1982) (C)	01:15.94	260	Stowmarket SC

**Event: 19. 100m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GALE Martin (1970) (E)	01:11.73	308	West Suffolk SC

**Event: 19. 100m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WILLS Jon (1964) (G)	01:25.46	182	Felixstowe SC
2	GARRY Rob (1964) (G)	02:02.86	61	Mildenhall & District SC



**Event: 19. 100m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (L), 75 & Over**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	02:08.67	53	Sudbury & District SC

**Event: 20. 100m Butterfly, Female, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	CHAMBERS Katie (2003) (S)	01:17.97	351	Sudbury & District SC

**Event: 21. 200m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	EDMUNDS Peter (1975) (D)	02:48.07	251	West Suffolk SC

**Event: 21. 200m Backstroke, Male, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	03:12.01	168	Stowmarket SC

**Event: 22. 200m Backstroke, Female, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	SMITH Jane (1964) (G)	03:33.79	177	Newmarket & District SC

**Event: 22. 200m Backstroke, Female, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	ALLEN Charlotte (2000) (S)	02:41.22	414	West Suffolk SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (C), 35 - 39**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	BUMSTEAD Oliver (1983) (C)	00:30.80	354	Beccles Town SC
2	HARRISON Thomas (1982) (C)	00:33.08	286	Stowmarket SC
3	WINTER Peter (1980) (C)	00:39.39	169	Newmarket & District SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	FAIRCHILD James (1977) (D)	00:30.06	381	West Suffolk SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (E), 45 - 49**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	GALE Martin (1970) (E)	00:30.73	357	West Suffolk SC
2	LIVINGS Richard (1970) (E)	00:45.76	108	Sudbury & District SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	COE Steve (1963) (G)	00:36.48	213	West Suffolk SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MANN Michael (1957) (H)	00:48.90	88	Felixstowe SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (J), 65 - 69**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MINNS Nick (1953) (J)	00:40.26	158	Saint Felix, Southwold SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (K), 70 - 74**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	00:40.27	158	Sudbury & District SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (L), 75 & Over**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	00:54.60	63	Sudbury & District SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (S)	00:27.72	486	West Suffolk SC
2	PENMAN Ruairidh (1996) (S)	00:30.36	370	Stowmarket SC
3	TUTTHILL Ryan (1997) (S)	00:34.15	260	Stowmarket SC

**Event: 24. 50m Butterfly, Female, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TAYLOR Jodie (1978) (D)	00:41.39	204	Saint Felix, Southwold SC

**Event: 24. 50m Butterfly, Female, All Ages, HDW, 17/02/2019 Age Group result (F), 50 - 54**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WITHERS Lisa (1966) (F)	00:39.36	237	Newmarket & District SC

**Event: 24. 50m Butterfly, Female, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	PENMAN Susan (1963) (G)	00:54.49	89	Stowmarket SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (B), 30 - 34**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ARGENT James (1989) (B)	01:45.40	111	Sudbury & District SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BUMSTEAD Oliver (1983) (C)	01:10.23	377	Beccles Town SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	FAIRCHILD James (1977) (D)	01:12.01	350	West Suffolk SC
2	EDMUNDS Peter (1975) (D)	01:15.32	306	West Suffolk SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (F), 50 - 54**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (F)	01:22.31	234	Stowmarket SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GARRY Rob (1964) (G)	01:52.22	92	Mildenhall & District SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	01:25.81	206	Stowmarket SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (K), 70 - 74**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	01:27.52	195	Sudbury & District SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (L), 75 & Over**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	01:48.90	101	Sudbury & District SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (S)	01:01.99	549	West Suffolk SC
2	TUTTHILL Ryan (1997) (S)	01:21.19	244	Stowmarket SC
3	GARRY James (2002) (S)	02:26.04	41	Mildenhall & District SC

**Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TAYLOR Jodie (1978) (D)	01:25.45	308	Saint Felix,Southwold SC

**Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	APPLEBY Jean (1956) (H)	01:21.61	354	Sudbury & District SC

**Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CHAMBERS Katie (2003) (S)	01:19.11	388	Sudbury & District SC
2	GARRY Jemma (1999) (S)	01:43.53	173	Mildenhall & District SC

**Event: 27. 50m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	HARRISON Thomas (1982) (C)	00:36.64	327	Stowmarket SC
2	WINTER Peter (1980) (C)	00:42.24	213	Newmarket & District SC

**Event: 27. 50m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	FAIRCHILD James (1977) (D)	00:37.24	311	West Suffolk SC

**Event: 27. 50m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	LIVINGS Richard (1970) (E)	00:50.65	123	Sudbury & District SC

**Event: 27. 50m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (F), 50 - 54**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (F)	00:41.34	227	Stowmarket SC

**Event: 27. 50m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MANN Michael (1957) (H)	00:46.49	160	Felixstowe SC

**Event: 27. 50m Breaststroke, Male, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (S)	00:31.56	512	West Suffolk SC
2	PENMAN Ruairidh (1996) (S)	00:34.31	398	Stowmarket SC
3	TUTTHILL Ryan (1997) (S)	00:45.00	176	Stowmarket SC

**Event: 28. 50m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WHITE Parris (1993) (A)	00:44.33	274	Newmarket & District SC

**Event: 28. 50m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CRAIG Kitty (1983) (C)	00:37.79	442	Sudbury & District SC

**Event: 28. 50m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TAYLOR Jodie (1978) (D)	00:42.60	308	Saint Felix,Southwold SC

**Event: 28. 50m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (F), 50 - 54**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WITHERS Lisa (1966) (F)	00:45.63	251	Newmarket & District SC

**Event: 28. 50m Breaststroke, Female, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CHAMBERS Katie (2003) (S)	00:42.20	317	Sudbury & District SC
2	GARRY Jemma (1999) (S)	00:51.96	170	Mildenhall & District SC

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (B), 30 - 34**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ARGENT James (1989) (B)	03:01.06	165	Sudbury & District SC

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCKENNY John (1974) (E)	02:13.43	413	West Suffolk SC
2	WESTALL Steven (1971) (E)	02:42.73	227	Team Ipswich

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	02:52.72	190	Stowmarket SC

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (J), 65 - 69**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MINNS Nick (1953) (J)	02:54.93	183	Saint Felix, Southwold SC

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (K), 70 - 74**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	02:47.10	210	Sudbury & District SC

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (L), 75 & Over**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	03:13.07	136	Sudbury & District SC

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GARRY James (2002) (S)	04:12.96	60	Mildenhall & District SC

**Event: 30. 200m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SMITH Jane (1964) (G)	03:10.44	198	Newmarket & District SC
2	PENMAN Susan (1963) (G)	03:21.60	167	Stowmarket SC

**Event: 30. 200m Freestyle, Female, All Ages, HDW, 17/02/2019 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CHAMBERS Katie (2003) (S)	02:27.98	423	Sudbury & District SC