

# Sudbury & District SC

## Suffolk Masters Meet 16<sup>th</sup> February 2020 at Kingfisher Leisure Pool (25m)

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### Event: 1. 400m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SPEAR Adam (1991) (A)	04:57.33	366	Felixstowe SC

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (B), 30 - 34

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ARGENT James (1989) (B)	06:23.04	171	Sudbury & District SC

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (D), 40 - 44

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	IRISH John (1980) (D)	05:25.63	278	Newmarket & District SC

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCKENNY John (1974) (E)	04:42.79	425	West Suffolk SC
2	WESTALL Steven (1971) (E)	05:46.36	231	Team Ipswich

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	LIVINGS Richard (1970) (F)	06:48.29	141	Sudbury & District SC

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	COE Steve (1963) (G)	05:44.59	235	West Suffolk SC
2	WILLS Jon (1964) (G)	06:06.68	195	Felixstowe SC

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	06:22.13	172	Stowmarket SC

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (J), 65 - 69

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MINNS Nick (1953) (J)	06:01.97	203	Saint Felix, Southwold SC

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (K), 70 - 74

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	05:58.55	208	Sudbury & District SC

### Event: 1. 400m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (L), 75 & Over

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	07:05.11	125	Sudbury & District SC

### Event: 2. 400m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	05:14.78	415	Felixstowe SC
2	WHITE Parris (1993) (A)	05:24.56	379	Newmarket & District SC

### Event: 2. 400m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Nancy (1974) (E)	05:48.20	307	Felixstowe SC

### Event: 2. 400m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Maureen (1967) (F)	06:49.43	188	West Suffolk SC

**Event: 2. 400m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	PENMAN Susan (1963) (G)	07:28.33	143	Stowmarket SC

**Event: 2. 400m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MCLELLAN Sharon (1958) (H)	06:41.81	199	Sudbury & District SC
2	BRITTAIN Fiona (1959) (H)	06:59.94	175	West Suffolk SC

**Event: 2. 400m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	BRANTON Aprille (1996) (S)	05:26.38	372	Felixstowe SC

**Event: 3. 50m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (A)	00:30.36	413	West Suffolk SC
2	SPEAR Adam (1991) (A)	00:33.06	319	Felixstowe SC

**Event: 3. 50m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (D), 40 - 44**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	TURNBULL Glen (1977) (D)	00:38.02	210	Sudbury & District SC

**Event: 3. 50m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	EDMUNDS Peter (1975) (E)	00:33.88	297	West Suffolk SC

**Event: 3. 50m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (F)	00:38.48	202	Stowmarket SC

**Event: 3. 50m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	COE Steve (1963) (G)	00:41.28	164	West Suffolk SC
2	WILLS Jon (1964) (G)	00:48.39	102	Felixstowe SC

**Event: 3. 50m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (J), 65 - 69**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MCCARTNEY David (1951) (J)	00:43.40	141	Team Ipswich
2	MINNS Nick (1953) (J)	00:43.93	136	Saint Felix, Southwold SC

**Event: 3. 50m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	HOWARD Aidan (2002) (S)	00:30.35	413	Deben SC
2	TUTTHILL Ryan (1997) (S)	00:36.11	245	Stowmarket SC
3	GARRY James (2002) (S)	00:58.26	58	Mildenhall & District SC

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	00:37.98	309	Felixstowe SC

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	SWALLOW Emma (1982) (C)	00:37.31	326	Team Ipswich

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 16/02/2020 Age Group result (D), 40 - 44**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	TAYLOR Jodie (1978) (D)	00:42.35	223	Saint Felix, Southwold SC

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MALLEN Suzy (1973) (E)	00:48.12	152	Newmarket & District SC

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Maureen (1967) (F)	00:50.89	128	West Suffolk SC

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WILLIAMS Janet (1962) (G)	00:39.23	281	Newmarket & District SC
2	PENMAN Susan (1963) (G)	00:55.12	101	Stowmarket SC

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BRITTAIN Fiona (1959) (H)	00:48.78	146	West Suffolk SC

**Event: 4. 50m Backstroke, Female, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ALLEN Charlotte (2000) (S)	00:35.29	386	West Suffolk SC
2	RICE Alexandra (2002) (S)	00:38.01	309	Newmarket & District SC

**Event: 5. 100m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (A)	01:11.60	468	West Suffolk SC
2	KIMPTON Andrew (1992) (A)	01:13.31	436	West Suffolk SC

**, Male, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	HARRISON Thomas (1982) (C)	01:20.51	329	Stowmarket SC

**Event: 5. 100m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	IRISH John (1980) (D)	01:26.25	268	Newmarket & District SC

**Event: 5. 100m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	HOWARD Chris (1975) (E)	01:22.89	301	Leiston & District SC

**Event: 5. 100m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WILLS Jon (1964) (G)	01:35.97	194	Felixstowe SC
2	GARRY Rob (1964) (G)	01:58.55	103	Mildenhall & District SC

**Event: 5. 100m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	01:35.77	195	Stowmarket SC
2	MANN Michael (1957) (H)	01:42.64	159	Felixstowe SC

**Event: 5. 100m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TUTTHILL Ryan (1997) (S)	01:31.76	222	Stowmarket SC

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WHITE Parris (1993) (A)	01:34.26	294	Newmarket & District SC
2	CANNON Gemma (1992) (A)	01:35.47	283	Felixstowe SC

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	CRAIG Kitty (1983) (C)	01:22.69	435	Sudbury & District SC
2	PEDELTLY Louise (1981) (C)	01:30.53	332	Team Ipswich

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (D), 40 - 44**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	TAYLOR Jodie (1978) (D)	01:32.09	315	Saint Felix, Southwold SC

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WRIGHT Nancy (1974) (E)	01:45.88	207	Felixstowe SC
2	GEBHARD Sarah (1972) (E)	01:47.80	196	Team Ipswich
3	MALLEN Suzy (1973) (E)	01:47.88	196	Newmarket & District SC

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WRIGHT Maureen (1967) (F)	01:48.72	191	West Suffolk SC

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MCLELLAN Sharon (1958) (H)	01:59.57	144	Sudbury & District SC
2	BRITAIN Fiona (1959) (H)	02:06.55	121	West Suffolk SC

**Event: 6. 100m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	JOHNSON Hannah (2003) (S)	01:35.02	287	Sudbury & District SC
2	BRAND Sophie (2003) (S)	01:49.13	189	Sudbury & District SC
3	GARRY Jemma (1999) (S)	01:58.37	148	Mildenhall & District SC

**Event: 7. 200m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (L), 75 & Over**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	05:03.27	46	Sudbury & District SC

**Event: 8. 200m Butterfly, Female, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	03:19.90	220	Felixstowe SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	KIMPTON Andrew (1992) (A)	00:58.96	442	West Suffolk SC
2	SPEAR Adam (1991) (A)	00:59.13	439	Felixstowe SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (B), 30 - 34**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	GALLAGHER David F (1988) (B)	01:03.62	352	Team Ipswich
2	ARGENT James (1989) (B)	01:21.91	165	Sudbury & District SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	GALLAGHER Phillip C (1983) (C)	00:59.29	435	Team Ipswich
2	BUMSTEAD Oliver (1983) (C)	01:01.21	395	Team Waveney
3	HARRISON Thomas (1982) (C)	01:02.02	380	Stowmarket SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MCKENNY John (1974) (E)	01:01.54	389	West Suffolk SC
2	EDMUNDS Peter (1975) (E)	01:04.63	336	West Suffolk SC

3	WESTALL Steven (1971) (E)	01:11.92	243	Team Ipswich
4	HAIG Peter (1973) (E)	01:12.84	234	Team Ipswich

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (F)	01:10.45	259	Stowmarket SC
2	LIVINGS Richard (1970) (F)	01:25.18	146	Sudbury & District SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	COE Steve (1963) (G)	01:11.70	246	West Suffolk SC
2	GARRY Rob (1964) (G)	01:30.40	122	Mildenhall & District SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	01:16.12	205	Stowmarket SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (J), 65 - 69**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MINNS Nick (1953) (J)	01:19.35	181	Saint Felix, Southwold SC
2	MCCARTNEY David (1951) (J)	01:20.06	176	Team Ipswich

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (K), 70 - 74**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	01:16.60	201	Sudbury & District SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (L), 75 & Over**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	01:32.57	114	Sudbury & District SC

**Event: 9. 100m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	HOWARD Aidan (2002) (S)	00:56.84	494	Deben SC
2	TUTTHILL Ryan (1997) (S)	01:08.13	287	Stowmarket SC
3	GARRY James (2002) (S)	01:53.24	62	Mildenhall & District SC

**Event: 10. 100m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WHITE Parris (1993) (A)	01:12.45	349	Newmarket & District SC

**Event: 10. 100m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	SWALLOW Emma (1982) (C)	01:07.35	434	Team Ipswich
2	PEDDELTY Louise (1981) (C)	01:09.93	388	Team Ipswich

**Event: 10. 100m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WRIGHT Nancy (1974) (E)	01:16.84	292	Felixstowe SC
2	MALLEN Suzy (1973) (E)	01:29.23	186	Newmarket & District SC
3	GEBHARD Sarah (1972) (E)	01:35.51	152	Team Ipswich

**Event: 10. 100m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WRIGHT Maureen (1967) (F)	01:26.91	202	West Suffolk SC

**Event: 10. 100m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WILLIAMS Janet (1962) (G)	01:16.98	290	Newmarket & District SC
2	PENMAN Susan (1963) (G)	01:39.31	135	Stowmarket SC

**Event: 10. 100m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BRITTAIN Fiona (1959) (H)	01:31.70	172	West Suffolk SC

**Event: 10. 100m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BRANTON Aprille (1996) (S)	01:07.35	434	Felixstowe SC
2	ALLEN Charlotte (2000) (S)	01:08.12	419	West Suffolk SC
3	RICE Alexandra (2002) (S)	01:14.26	324	Newmarket & District SC
4	JOHNSON Hannah (2003) (S)	01:17.66	283	Sudbury & District SC
5	BRAND Sophie (2003) (S)	01:27.09	200	Sudbury & District SC
6	GARRY Jemma (1999) (S)	01:39.47	134	Mildenhall & District SC

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	KIMPTON Andrew (1992) (A)	02:24.35	461	West Suffolk SC
2	SPEAR Adam (1991) (A)	02:35.63	368	Felixstowe SC

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (B), 30 - 34**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ARGENT James (1989) (B)	03:42.15	126	Sudbury & District SC

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GALLAGHER Phillip C (1983) (C)	02:30.59	406	Team Ipswich

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	IRISH John (1980) (D)	02:57.55	247	Newmarket & District SC

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WILLS Jon (1964) (G)	03:22.30	167	Felixstowe SC

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	03:18.43	177	Stowmarket SC

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (K), 70 - 74**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	03:16.02	184	Sudbury & District SC

**Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (L), 75 & Over**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	04:08.41	90	Sudbury & District SC

**Event: 12. 200m Ind. Medley, Female, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	02:54.51	363	Felixstowe SC

**, Female, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SWALLOW Emma (1982) (C)	02:50.71	388	Team Ipswich

**Event: 12. 200m Ind. Medley, Female, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ALLEN Charlotte (2000) (S)	02:50.33	391	West Suffolk SC
2	BRANTON Aprille (1996) (S)	02:55.60	357	Felixstowe SC
3	GARRY Jemma (1999) (S)	04:22.07	107	Mildenhall & District SC



**Event: 13. 50m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (A)	00:26.96	426	West Suffolk SC
2	KIMPTON Andrew (1992) (A)	00:27.52	401	West Suffolk SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (B), 30 - 34**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GALLAGHER David F (1988) (B)	00:27.40	406	Team Ipswich

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BUMSTEAD Oliver (1983) (C)	00:27.70	393	Team Waveney
2	HARRISON Thomas (1982) (C)	00:28.17	374	Stowmarket SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	HOWARD Chris (1975) (E)	00:29.64	321	Leiston & District SC
2	WESTALL Steven (1971) (E)	00:32.24	249	Team Ipswich
3	HAIG Peter (1973) (E)	00:32.65	240	Team Ipswich

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (F)	00:31.75	261	Stowmarket SC
2	LIVINGS Richard (1970) (F)	00:39.68	133	Sudbury & District SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	COE Steve (1963) (G)	00:31.50	267	West Suffolk SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MANN Michael (1957) (H)	00:39.97	131	Felixstowe SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (J), 65 - 69**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCCARTNEY David (1951) (J)	00:33.01	232	Team Ipswich

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (L), 75 & Over**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	00:38.90	142	Sudbury & District SC

**Event: 13. 50m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MIDDLETON Finlay (2002) (S)	00:29.27	333	Stowmarket SC
2	TUTTHILL Ryan (1997) (S)	00:29.59	322	Stowmarket SC
3	GARRY James (2002) (S)	00:50.66	64	Mildenhall & District SC

**Event: 14. 50m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WHITE Parris (1993) (A)	00:32.72	358	Newmarket & District SC

**Event: 14. 50m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SWALLOW Emma (1982) (C)	00:30.42	446	Team Ipswich
2	PEDDELTY Louise (1981) (C)	00:31.74	393	Team Ipswich

**Event: 14. 50m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TAYLOR Jodie (1978) (D)	00:34.82	297	Saint Felix, Southwold SC

**Event: 14. 50m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MALLEN Suzy (1973) (E)	00:39.57	202	Newmarket & District SC
2	BROUSSARD Leslie (1973) (E)	00:40.82	184	Mildenhall & District SC
3	GEBHARD Sarah (1972) (E)	00:41.13	180	Team Ipswich

**Event: 14. 50m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WRIGHT Maureen (1967) (F)	00:39.41	205	West Suffolk SC

**Event: 14. 50m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WILLIAMS Janet (1962) (G)	00:33.14	345	Newmarket & District SC
2	PENMAN Susan (1963) (G)	00:43.16	156	Stowmarket SC

**Event: 14. 50m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	BRITAIN Fiona (1959) (H)	00:40.42	190	West Suffolk SC

**Event: 14. 50m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	BRANTON Aprille (1996) (S)	00:30.93	424	Felixstowe SC
2	ALLEN Charlotte (2000) (S)	00:31.28	410	West Suffolk SC
3	RICE Alexandra (2002) (S)	00:32.28	373	Newmarket & District SC
4	BRAND Sophie (2003) (S)	00:37.27	242	Sudbury & District SC

**Event: 15. 100m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	EDMUNDS Peter (1975) (E)	01:13.44	295	West Suffolk SC
2	MCKENNY John (1974) (E)	01:16.44	262	West Suffolk SC
3	HAIG Peter (1973) (E)	01:29.34	164	Team Ipswich

**Event: 15. 100m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (F)	01:25.53	187	Stowmarket SC

**Event: 15. 100m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	GARRY Rob (1964) (G)	01:54.25	78	Mildenhall & District SC

**Event: 15. 100m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	01:32.35	148	Stowmarket SC

**Event: 15. 100m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	TUTTHILL Ryan (1997) (S)	01:20.63	223	Stowmarket SC
2	GARRY James (2002) (S)	02:06.58	57	Mildenhall & District SC

**Event: 16. 100m Backstroke, Female, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	01:22.96	295	Felixstowe SC

**Event: 16. 100m Backstroke, Female, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	BROUSSARD Leslie (1973) (E)	01:48.93	130	Mildenhall & District SC



**Event: 16. 100m Backstroke, Female, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MCLELLAN Sharon (1958) (H)	01:44.07	149	Sudbury & District SC
2	BRITTAIN Fiona (1959) (H)	01:54.80	111	West Suffolk SC

**Event: 16. 100m Backstroke, Female, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	BRANTON Aprille (1996) (S)	01:27.12	254	Felixstowe SC

**Event: 17. 200m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WILLS Jon (1964) (G)	03:35.96	174	Felixstowe SC

**Event: 17. 200m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	03:30.33	188	Stowmarket SC
2	MANN Michael (1957) (H)	03:47.89	148	Felixstowe SC

**Event: 17. 200m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (K), 70 - 74**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	03:38.96	167	Sudbury & District SC

**Event: 18. 200m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	CRAIG Kitty (1983) (C)	03:08.41	364	Sudbury & District SC

**Event: 18. 200m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (D), 40 - 44**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	TAYLOR Jodie (1978) (D)	03:17.56	316	Saint Felix, Southwold SC

**Event: 18. 200m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	GEBHARD Sarah (1972) (E)	04:01.95	172	Team Ipswich
2	MALLEN Suzy (1973) (E)	04:02.65	170	Newmarket & District SC

**Event: 18. 200m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WRIGHT Maureen (1967) (F)	03:55.42	186	West Suffolk SC

**Event: 18. 200m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	JOHNSON Hannah (2003) (S)	03:29.52	264	Sudbury & District SC

**Event: 19. 100m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	KIMPTON Andrew (1992) (A)	01:05.04	414	West Suffolk SC
2	SPEAR Adam (1991) (A)	01:09.69	336	Felixstowe SC

**Event: 19. 100m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (B), 30 - 34**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	GALLAGHER David F (1988) (B)	01:16.15	258	Team Ipswich

**Event: 19. 100m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	GALLAGHER Phillip C (1983) (C)	01:08.16	359	Team Ipswich

**Event: 19. 100m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (D), 40 - 44**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	IRISH John (1980) (D)	01:25.02	185	Newmarket & District SC

**Event: 19. 100m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	GARRY Rob (1964) (G)	02:04.64	58	Mildenhall & District SC

**Event: 19. 100m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (L), 75 & Over**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	02:19.83	41	Sudbury & District SC

**Event: 19. 100m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	HOWARD Aidan (2002) (S)	01:09.16	344	Deben SC

**Event: 21. 200m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	03:20.93	147	Stowmarket SC

**Event: 21. 200m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (J), 65 - 69**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MINNS Nick (1953) (J)	03:20.08	149	Saint Felix, Southwold SC

**Event: 21. 200m Backstroke, Male, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	GARRY James (2002) (S)	04:14.90	72	Mildenhall & District SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (A)	00:28.87	430	West Suffolk SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (B), 30 - 34**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	GALLAGHER David F (1988) (B)	00:32.32	306	Team Ipswich

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	BUMSTEAD Oliver (1983) (C)	00:31.63	327	Team Waveney

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (D), 40 - 44**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	IRISH John (1980) (D)	00:34.52	251	Newmarket & District SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	LIVINGS Richard (1970) (F)	00:43.27	127	Sudbury & District SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	COE Steve (1963) (G)	00:37.69	193	West Suffolk SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MANN Michael (1957) (H)	00:48.58	90	Felixstowe SC
2	WRIGHT Andrew (1957) (H)	00:53.64	67	Stowmarket SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (J), 65 - 69**

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MCCARTNEY David (1951) (J)	00:40.89	151	Team Ipswich
2	MINNS Nick (1953) (J)	00:40.99	150	Saint Felix, Southwold SC

**Event: 23. 50m Butterfly, Male, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TUTTHILL Ryan (1997) (S)	00:34.43	253	Stowmarket SC

**Event: 24. 50m Butterfly, Female, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SWALLOW Emma (1982) (C)	00:34.51	352	Team Ipswich

**Event: 24. 50m Butterfly, Female, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BROUSSARD Leslie (1973) (E)	00:49.50	119	Mildenhall & District SC

**Event: 24. 50m Butterfly, Female, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Maureen (1967) (F)	00:48.71	125	West Suffolk SC

**Event: 24. 50m Butterfly, Female, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WILLIAMS Janet (1962) (G)	00:39.13	241	Newmarket & District SC
2	PENMAN Susan (1963) (G)	00:58.33	73	Stowmarket SC

**Event: 24. 50m Butterfly, Female, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ALLEN Charlotte (2000) (S)	00:34.82	343	West Suffolk SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (A)	01:05.75	460	West Suffolk SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (B), 30 - 34**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ARGENT James (1989) (B)	01:38.81	135	Sudbury & District SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GALLAGHER Phillip C (1983) (C)	01:08.30	410	Team Ipswich

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCKENNY John (1974) (E)	01:14.72	313	West Suffolk SC
2	HOWARD Chris (1975) (E)	01:16.73	289	Leiston & District SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (F)	01:22.31	234	Stowmarket SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GARRY Rob (1964) (G)	01:56.40	82	Mildenhall & District SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	01:29.65	181	Stowmarket SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (K), 70 - 74**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	01:29.97	179	Sudbury & District SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (L), 75 & Over**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	01:54.49	87	Sudbury & District SC

**Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TUTTHILL Ryan (1997) (S)	01:19.81	257	Stowmarket SC

**Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WHITE Parris (1993) (A)	01:23.98	325	Newmarket & District SC

**Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SWALLOW Emma (1982) (C)	01:19.90	377	Team Ipswich
2	PEDDELTY Louise (1981) (C)	01:20.28	372	Team Ipswich

**Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 16/02/2020 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TAYLOR Jodie (1978) (D)	01:26.94	292	Saint Felix, Southwold SC

**Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BROUSSARD Leslie (1973) (E)	01:47.85	153	Mildenhall & District SC

**Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 16/02/2020 Age Group result (G), 55 - 59**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	PENMAN Susan (1963) (G)	02:01.07	108	Stowmarket SC

**Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCLELLAN Sharon (1958) (H)	01:43.82	172	Sudbury & District SC

**Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GARRY Jemma (1999) (S)	02:01.30	107	Mildenhall & District SC

**Event: 27. 50m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (A), 25 - 29**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CLAY Ryan (1995) (A)	00:32.16	483	West Suffolk SC

**Event: 27. 50m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	HARRISON Thomas (1982) (C)	00:35.78	351	Stowmarket SC

**Event: 27. 50m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (D), 40 - 44**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	IRISH John (1980) (D)	00:38.98	271	Newmarket & District SC

**Event: 27. 50m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	HOWARD Chris (1975) (E)	00:38.21	288	Leiston & District SC

**Event: 27. 50m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MANN Michael (1957) (H)	00:47.70	148	Felixstowe SC

**Event: 27. 50m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (J), 65 - 69**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCCARTNEY David (1951) (J)	00:45.88	166	Team Ipswich

**Event: 27. 50m Breaststroke, Male, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	HOWARD Aidan (2002) (S)	00:35.97	345	Deben SC
2	TUTTHILL Ryan (1997) (S)	00:42.48	210	Stowmarket SC

**Event: 28. 50m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (C), 35 - 39**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	CRAIG Kitty (1983) (C)	00:38.09	432	Sudbury & District SC
2	SWALLOW Emma (1982) (C)	00:40.95	347	Team Ipswich
3	PEDDELTY Louise (1981) (C)	00:41.32	338	Team Ipswich

**Event: 28. 50m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (D), 40 - 44**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	TAYLOR Jodie (1978) (D)	00:42.54	310	Saint Felix, Southwold SC

**Event: 28. 50m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	GEBHARD Sarah (1972) (E)	00:47.27	226	Team Ipswich
2	MALLEN Suzy (1973) (E)	00:51.01	179	Newmarket & District SC

**Event: 28. 50m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (F), 50 - 54**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	WRIGHT Maureen (1967) (F)	00:51.03	179	West Suffolk SC

**Event: 28. 50m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	BRITAIN Fiona (1959) (H)	01:00.63	107	West Suffolk SC

**Event: 28. 50m Breaststroke, Female, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	JOHNSON Hannah (2003) (S)	00:42.48	311	Sudbury & District SC
2	RICE Alexandra (2002) (S)	00:44.32	274	Newmarket & District SC

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (B), 30 - 34**

Pos	Name, YOY	Time	GB/BAG Pts	Club
2	ARGENT James (1989) (B)	03:07.22	149	Sudbury & District SC

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	MCKENNY John (1974) (E)	02:15.66	393	West Suffolk SC
2	WESTALL Steven (1971) (E)	02:39.22	243	Team Ipswich

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	02:58.18	173	Stowmarket SC

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (J), 65 - 69**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	MINNS Nick (1953) (J)	02:50.45	198	Saint Felix, Southwold SC

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (K), 70 - 74**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	MCLELLAN Stuart (1949) (K)	02:50.68	197	Sudbury & District SC

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (L), 75 & Over**

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	READ Michael (1941) (L)	03:20.00	122	Sudbury & District SC

**Event: 29. 200m Freestyle, Male, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GARRY James (2002) (S)	04:07.56	64	Mildenhall & District SC

**Event: 30. 200m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (E), 45 - 49**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MALLEN Suzy (1973) (E)	03:22.65	165	Newmarket & District SC

**Event: 30. 200m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (H), 60 - 64**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BRITTAIN Fiona (1959) (H)	03:19.66	172	West Suffolk SC

**Event: 30. 200m Freestyle, Female, All Ages, HDW, 16/02/2020 Age Group result (S), 16 - 24**

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ALLEN Charlotte (2000) (S)	02:29.51	411	West Suffolk SC
2	BRAND Sophie (2003) (S)	03:17.22	179	Sudbury & District SC
3	GARRY Jemma (1999) (S)	03:42.49	124	Mildenhall & District SC