

Event 1 Girls Open 100m Freestyle**Heat Number - 1**

Lane	Name	AaD	Club	Time
2	Olivia Stroud	10	Hadleigh	
3	Amelia Knights	9	St Felix Sch	1:55.78
4	Holly Travell	13	Team Waveney	1:50.55
5	Martha Tydeman	9	Stowmarket	1:54.59
6	Georgie Strachan	9	St Felix Sch	2:02.12

Heat Number - 2

Lane	Name	AaD	Club	Time
1	Rosie Turner	10	St Felix Sch	1:45.01
2	Skye Bromley	11	Team Waveney	1:43.01
3	Jessie Barber	9	Newmarket	1:39.12
4	Annabelle Knights	11	St Felix Sch	1:36.77
5	Imogen McVittie	10	Hadleigh	1:38.05
6	Willow Ryder	9	West Suffolk	1:42.29
7	C Morton-Wright	11	Deben	1:44.72
8	Holly Love	11	St Felix Sch	1:45.36

Heat Number - 3

Lane	Name	AaD	Club	Time
1	Emily Colls	10	St Felix Sch	1:34.11
2	Alexandra McVittie	10	Hadleigh	1:33.08
3	Erin Stewart	11	West Suffolk	1:31.31
4	Annaliese Hedges	11	Stowmarket	1:30.28
5	Pheobe Fox	12	Stowmarket	1:31.11
6	Elisabeth Kirk	11	Leiston	1:32.65
7	Matilda Smith	10	Team Waveney	1:33.52
8	Rebecca Luckett	11	Team Waveney	1:34.12

Heat Number - 4

Lane	Name	AaD	Club	Time
1	Lucy Walker	12	Deben	1:29.01
2	Nellie Snowden	10	Deben	1:28.00
3	Lyra James	13	Hadleigh	1:26.82
4	Amber Daynes	9	Stowmarket	1:26.56
5	Lottie Snell	10	teamipswich	1:26.72
6	Lucy Hunter	12	Newmarket	1:27.07
7	Isla Mason	10	Stowmarket	1:28.79
8	Lexie Gray	13	Team Waveney	1:29.88

Heat Number - 5

Lane	Name	AaD	Club	Time
1	Felicity Morris	12	Leiston	1:25.43
2	Mary Shaw	16	Stowmarket	1:24.83
3	Liberty Morris	12	Leiston	1:24.03
4	Crystal Tudor	14	Team Waveney	1:23.37
5	Charlotte Curry	12	Hadleigh	1:23.68
6	Erin Haselwood	12	Stowmarket	1:24.73
7	Daisy Hills	11	St Felix Sch	1:25.11
8	Harriet Townend	10	Stowmarket	1:25.93

Heat Number - 6

Lane	Name	AaD	Club	Time
1	Gracie Reed	11	Team Waveney	1:22.21
2	Isabella Duffin	12	West Suffolk	1:20.82
3	Heidi Masters	14	Team Waveney	1:20.18
4	Verity Carter	12	Stowmarket	1:19.31
5	Ruby Harper-Grassing	14	Deben	1:19.64
6	Poppy Moore	11	West Suffolk	1:20.32
7	Violet Freezer	10	teamipswich	1:21.63X
8	Freya Reed	10	West Suffolk	1:22.89X

Heat Number - 7

Lane	Name	AaD	Club	Time
1	Ella Denham	13	Hadleigh	1:18.80
2	Charlotte Catchpole	12	Leiston	1:18.65
3	Maelys Jacquet	11	Felixstowe	1:18.44
4	Jessica Lamb	13	Deben	1:17.49
5	Brooke Copping	12	West Suffolk	1:18.31
6	Emelia Roe	12	West Suffolk	1:18.50
7	Ellie Payne	12	Newmarket	1:18.70
8	Emma Learmouth	14	Newmarket	1:19.30

Heat Number - 8

Lane	Name	AaD	Club	Time
1	Isabella Gale	14	Deben	1:16.77
2	Polly Ruddell	12	teamipswich	1:16.17
3	Francesca Thompson	12	Team Waveney	1:15.99
4	Lauren Smith	12	Team Waveney	1:15.34
5	Lily Munday	12	teamipswich	1:15.84
6	Ellie Norton	13	Felixstowe	1:16.07
7	Harriet Glennerster	15	Team Waveney	1:16.41
8	Isla Coackley	11	teamipswich	1:16.88

Heat Number - 9

Lane	Name	AaD	Club	Time
1	Lily Hills	13	St Felix Sch	1:14.82
2	Isla Dugdale	13	Newmarket	1:13.88
3	Guste Raudonyte	12	Newmarket	1:13.83
4	Erin Wright	12	teamipswich	1:13.71
5	Isabella Bryan	12	teamipswich	1:13.71
6	Samantha Martelino	12	Newmarket	1:13.87
7	Maggie Marshall	12	teamipswich	1:14.32
8	Sophie Norton	15	Felixstowe	1:15.13

Heat Number - 10

Lane	Name	AaD	Club	Time
1	Katie Walker	13	Deben	1:12.11
2	Imogen Ball	14	Team Waveney	1:10.69
3	Charlotte Kelly	13	teamipswich	1:08.76
4	Lottie Ellis	14	Deben	1:07.23
5	Francesca Barber	13	Stowmarket	1:08.38
6	Iona Tait	14	Deben	1:09.83
7	Evie Kinnett	15	Newmarket	1:11.45
8	Beatrice Collier	15	Newmarket	1:12.88

Heat Number - 11

Lane	Name	AaD	Club	Time
1	Jessica Collinson	12	Deben	1:12.01
2	Georgia Denham	15	Hadleigh	1:10.67
3	Eloise Manton	15	West Suffolk	1:08.47
4	Isabel Moore	14	West Suffolk	1:07.18
5	Florence Davies	14	Deben	1:08.06
6	Eva Howlett	13	Team Waveney	1:09.65
7	Annabelle Carter	16	Stowmarket	1:10.99
8	Emily Turner	13	St Felix Sch	1:12.64

Heat Number - 12

Lane	Name	AaD	Club	Time
1	Ella Stewart	13	West Suffolk	1:11.60
2	Isobelle Whittaker	14	Team Waveney	1:10.24
3	Madeline Pawle	16	Leiston	1:08.39
4	Eloise Perry	15	West Suffolk	1:06.21
5	Anna Flowers	14	Leiston	1:07.92
6	Charlotte Creasy	13	West Suffolk	1:09.00
7	Charlotte-Ella Roe	15	West Suffolk	1:10.84
8	Sophie Harrington	14	Deben	1:12.49

Event 2 Boys Open 100m Freestyle**Heat Number - 1**

Lane	Name	AaD	Club	Time
3	Elijah Wilson	9	teamipswich	1:55.66
4	Thomas Scrivener	9	Leiston	1:47.79
5	Daniel Evans	9	Deben	1:51.70

Heat Number - 2

Lane	Name	AaD	Club	Time
1	Jacob Reed	9	West Suffolk	1:44.57
2	Ricards Korotkihs	11	teamipswich	1:39.68
3	James Burgess	9	teamipswich	1:37.71
4	Harrison Supple	10	St Felix Sch	1:35.73
5	Adison Croft	10	Stowmarket	1:36.89
6	Jesse Knight	9	Leiston	1:39.33
7	Aron Mozes	10	teamipswich	1:40.56
8	Logan Rudd	10	St Felix Sch	1:45.66

Heat Number - 3

Lane	Name	AaD	Club	Time
1	Evan Harrison	10	Stowmarket	1:31.57
2	Jack Munday	10	teamipswich	1:31.05
3	Aiden Gale	9	Deben	1:27.42
4	Richard Levell	11	West Suffolk	1:26.47
5	Buddy Thain	11	teamipswich	1:27.18
6	Sebastien Collier	11	Newmarket	1:29.12
7	Connor Broadhurst	12	teamipswich	1:31.57
8	Tom Barber	11	Team Waveney	1:34.08

Heat Number - 4

Lane	Name	AaD	Club	Time
1	Angus Thompson	13	Leiston	1:23.76
2	Joshua Liebenberg	10	Newmarket	1:22.68X
3	Ethan Edwards	12	Team Waveney	1:22.44
4	Kuba Pociot	10	teamipswich	1:20.99X
5	Fletcher Lay-Flurrie	11	teamipswich	1:21.04
6	Rex Harrison	11	Stowmarket	1:22.51
7	David Lupsa	12	West Suffolk	1:23.45
8	Benjamin Langford	13	Leiston	1:24.73

Heat Number - 5

Lane	Name	AaD	Club	Time
1	Leo Howard	12	Deben	1:20.77
2	Elijah Goodkind	12	West Suffolk	1:20.49
3	Thomas Kirk	13	Leiston	1:19.09
4	Alexandre Veyssier	13	Newmarket	1:18.37
5	Oscar Frost	14	Leiston	1:18.43
6	Jack Knight	12	Leiston	1:20.21
7	Harrison Page	13	West Suffolk	1:20.55
8	Freddy Nicholls	11	Leiston	1:20.94

Heat Number - 6

Lane	Name	AaD	Club	Time
1	Kyren Williams	11	teamipswich	1:15.63
2	Toby Glennerster	13	St Felix Sch	1:10.23
3	Sebastian Reynolds	14	Hadleigh	1:06.86
4	Antoni Matuszek	15	Felixstowe	1:04.14
5	Thomas Williams	14	West Suffolk	1:04.65
6	Charlie Ruddell	13	teamipswich	1:08.20
7	Attila Mozes	12	teamipswich	1:11.23
8	Oliver Butt	12	Deben	1:18.32

Heat Number - 7

Lane	Name	AaD	Club	Time
1	Emil Kwiecien	13	Newmarket	1:12.60
2	Jude Mason	13	Stowmarket	1:09.68
3	Matthew Foster	14	Leiston	1:06.29
4	Thomas Walker	15	Team Waveney	1:03.13
5	Jack Bidle	14	Team Waveney	1:04.60
6	Alex Lincoln	15	Team Waveney	1:08.10
7	Owen Young	15	Felixstowe	1:10.47
8	Jacob Wild	11	Newmarket	1:17.91

Heat Number - 8

Lane	Name	AaD	Club	Time
1	James Whittaker	12	Team Waveney	1:12.44
2	Adrian Kwiecien	15	Newmarket	1:08.77
3	Teilo Ruffles-Francis	14	Stowmarket	1:05.54
4	Luke Wilson	15	Team Waveney	1:02.61
5	Spencer Battisson	14	Team Waveney	1:04.30
6	Finlay Blagg	13	Stowmarket	1:07.55
7	Charlie Wagstaff	13	West Suffolk	1:10.43
8	Logan Broadhurst	13	teamipswich	1:16.82

Event 3 Girls Open 100m IM**Heat Number - 1**

Lane	Name	AaD	Club	Time
2	Mia King	10	Team Waveney	2:12.07
3	Joella Goodkind	11	West Suffolk	2:01.55
4	Holly Love	11	St Felix Sch	1:59.76
5	Lena Crisp	9	St Felix Sch	2:01.07
6	Georgie Strachan	9	St Felix Sch	2:09.89
7	Skye Bromley	11	Team Waveney	2:14.17

Heat Number - 2

Lane	Name	AaD	Club	Time
1	Crystal Tudor	14	Team Waveney	1:56.24
2	Isla Hallam	10	Team Waveney	1:53.36
3	Elisabeth Kirk	11	Leiston	1:49.33
4	Ruby Beevor	13	Team Waveney	1:48.04
5	Luna Smith	10	Newmarket	1:48.59
6	Matilda Smith	10	Team Waveney	1:52.54
7	Isla Thorn	10	St Felix Sch	1:53.89
8	Jessie Barber	9	Newmarket	1:56.63

Heat Number - 3

Lane	Name	AaD	Club	Time
1	Isabella Wild	14	Newmarket	1:45.16
2	Caitlin Millen	10	Stowmarket	1:43.12
3	Erin Stewart	11	West Suffolk	1:41.44
4	Lottie Snell	10	teamipswich	1:40.85
5	Lucy Hunter	12	Newmarket	1:40.86
6	Pheobe Fox	12	Stowmarket	1:42.35
7	Rosie Perry	11	West Suffolk	1:45.07
8	Gabriella Ginja	13	Team Waveney	1:45.71

Heat Number - 4

Lane	Name	AaD	Club	Time
1	Neve Jerrold	12	Deben	1:39.92
2	Rebecca Kelly	11	teamipswich	1:38.19
3	Lyra James	13	Hadleigh	1:37.10
4	Poppy Moore	11	West Suffolk	1:36.34
5	Erin Haselwood	12	Stowmarket	1:36.65
6	Charlotte Curry	12	Hadleigh	1:37.64
7	Erin Dorey	13	Deben	1:38.87
8	Amber Daynes	9	Stowmarket	1:40.19

Event 3 Girls Open 100m IM**Heat Number - 5**

Lane	Name	AaD	Club	Time
1	Freya Reed	10	West Suffolk	1:35.46X
2	Felicity Morris	12	Leiston	1:32.59
3	Rebecca Lockett	11	Team Waveney	1:32.08
4	Erin Wright	12	teamipswich	1:31.46
5	Isabella Bryan	12	teamipswich	1:31.63
6	Heidi Masters	14	Team Waveney	1:32.59
7	Emma Learmouth	14	Newmarket	1:34.44
8	Ruby Harper-Grassing	14	Deben	1:35.68

Heat Number - 6

Lane	Name	AaD	Club	Time
1	Lily Munday	12	teamipswich	1:30.63
2	Grace Adamson	13	West Suffolk	1:29.46
3	Sophie Norton	15	Felixstowe	1:28.66
4	Emilia Armstrong	11	Stowmarket	1:28.09
5	Isabella Duffin	12	West Suffolk	1:28.66
6	Beatrice Snowden	14	Deben	1:29.35
7	Emelia Roe	12	West Suffolk	1:30.20
8	Ellie Payne	12	Newmarket	1:30.96

Heat Number - 7

Lane	Name	AaD	Club	Time
1	Maia Thompson	14	Team Waveney	1:27.66
2	Brooke Copping	12	West Suffolk	1:27.19
3	Katie Walker	13	Deben	1:26.46
4	Freya May	12	Leiston	1:26.05
5	Charlotte Catchpole	12	Leiston	1:26.25
6	Jessica Lamb	13	Deben	1:26.95
7	Isobel McNicholas	13	Deben	1:27.51
8	Lexie Gray	13	Team Waveney	1:27.81

Heat Number - 8

Lane	Name	AaD	Club	Time
1	Lauren Smith	12	Team Waveney	1:25.49
2	Skyla Jarvis	12	St Felix Sch	1:23.95
3	Roisin Clancy	14	teamipswich	1:22.54
4	Eloise Manton	15	West Suffolk	1:18.89
5	Imogen Ball	14	Team Waveney	1:20.37
6	Beatrice Collier	15	Newmarket	1:23.58
7	Jessica Collinson	12	Deben	1:25.32
8	Samantha Martelino	12	Newmarket	1:25.81

Heat Number - 9

Lane	Name	AaD	Club	Time
1	Isla Dugdale	13	Newmarket	1:25.36
2	Evie Kinnett	15	Newmarket	1:23.70
3	Eva Howlett	13	Team Waveney	1:20.55
4	Madeline Pawle	16	Leiston	1:18.53
5	Annabel Nichols	14	Leiston	1:20.07
6	Isobelle Whittaker	14	Team Waveney	1:22.90
7	Guste Raudonyte	12	Newmarket	1:25.29
8	Chloe Francis	14	Team Waveney	1:25.79

Heat Number - 10

Lane	Name	AaD	Club	Time
1	Charlotte Lockett	13	Team Waveney	1:25.35
2	Emily Sinclair	12	West Suffolk	1:23.62
3	Layla Dowland	14	Leiston	1:20.37
4	Amber Ridgeon	16	Leiston	1:14.57X
5	Charlotte Creasy	13	West Suffolk	1:19.96X
6	Charlotte-Ella Roe	15	West Suffolk	1:22.69
7	Ella Stewart	13	West Suffolk	1:24.39
8	Amelia Biggs	15	Leiston	1:25.67

Event 4 Boys Open 100m IM**Heat Number - 1**

Lane	Name	AaD	Club	Time
1	Jesse Knight	9	Leiston	1:59.55
2	James Burgess	9	teamipswich	1:53.47
3	Adison Croft	10	Stowmarket	1:48.63
4	Buddy Thain	11	teamipswich	1:45.31
5	Evan Harrison	10	Stowmarket	1:45.59
6	Connor Broadhurst	12	teamipswich	1:52.05
7	Jacob Halliday	11	Team Waveney	1:56.05

Heat Number - 2

Lane	Name	AaD	Club	Time
1	Sebastien Collier	11	Newmarket	1:44.20
2	David Lupsa	12	West Suffolk	1:43.15
3	Harry Bamford	13	Leiston	1:39.57
4	Diggory Davies	11	Deben	1:37.36
5	Ethan Edwards	12	Team Waveney	1:37.87
6	Jack Munday	10	teamipswich	1:42.21
7	Joseph Halliday	14	Team Waveney	1:44.05
8	Aiden Gale	9	Deben	1:44.26

Heat Number - 3

Lane	Name	AaD	Club	Time
1	Alex Lincoln	15	Team Waveney	1:36.22
2	Dylan Lambie	11	Stowmarket	1:35.09
3	Kyren Williams	11	teamipswich	1:34.61
4	Richard Levell	11	West Suffolk	1:34.23
5	Alexandre Veyssier	13	Newmarket	1:34.45
6	Dexter Winterburn	11	teamipswich	1:35.06
7	Tom Barber	11	Team Waveney	1:35.78
8	Noah Turna	11	Leiston	1:36.46

Heat Number - 4

Lane	Name	AaD	Club	Time
1	Leo Howard	12	Deben	1:30.99
2	Charlie Wagstaff	13	West Suffolk	1:25.73
3	Thomas Williams	14	West Suffolk	1:19.57
4	Adrian Kwiecien	15	Newmarket	1:14.67
5	Owen Young	15	Felixstowe	1:18.32
6	Hayden Garrod	13	Team Waveney	1:21.58
7	James Whittaker	12	Team Waveney	1:29.27
8	Rhys Watsham	11	St Felix Sch	1:32.53

Heat Number - 5

Lane	Name	AaD	Club	Time
1	Elijah Goodkind	12	West Suffolk	1:30.79
2	Oscar Frost	14	Leiston	1:25.04
3	Maxwell Landles	16	Deben	1:19.28
4	Nicholas Barber	15	Stowmarket	1:12.92
5	Antoni Matuszek	15	Felixstowe	1:15.46
6	Aidan Scott	12	St Felix Sch	1:21.50
7	Jacob Wild	11	Newmarket	1:28.85X
8	Thomas Kirk	13	Leiston	1:32.37

Heat Number - 6

Lane	Name	AaD	Club	Time
1	Oliver Butt	12	Deben	1:30.41
2	Attila Mozes	12	teamipswich	1:22.57
3	Spencer Battisson	14	Team Waveney	1:18.76
4	Vaughn Ruffles-Francis	17	Stowmarket	1:10.38X
5	Luke Wilson	15	Team Waveney	1:15.02
6	Emil Kwiecien	13	Newmarket	1:19.66
7	Logan Broadhurst	13	teamipswich	1:26.02
8	Kuba Pociot	10	teamipswich	1:31.47X

Event 5 Girls Open 50m Backstroke**Heat Number - 1**

Lane	Name	AaD	Club	Time
2	Martha Tydeman	9	Stowmarket	56.17
3	Rosie Turner	10	St Felix Sch	54.82
4	Alexandra Rolfe	11	teamipswich	53.79
5	Tatiana Thompson	11	Leiston	54.36
6	Georgie Strachan	9	St Felix Sch	55.11
7	Nancy Hunt	9	Stowmarket	57.55

Heat Number - 2

Lane	Name	AaD	Club	Time
1	Isla Hallam	10	Team Waveney	51.79
2	Amelia Knights	9	St Felix Sch	50.19
3	Ruby Beevor	13	Team Waveney	49.42
4	Elisabeth Kirk	11	Leiston	48.90
5	Matilda Smith	10	Team Waveney	49.38
6	Ruby Codd	12	Deben	49.52
7	Skye Bromley	11	Team Waveney	50.32
8	Olivia Stroud	10	Hadleigh	52.33

Heat Number - 3

Lane	Name	AaD	Club	Time
1	Mia King	10	Team Waveney	48.01
2	Isla Thorn	10	St Felix Sch	46.84
3	Lena Crisp	9	St Felix Sch	46.70
4	Isabella Wild	14	Newmarket	46.65
5	Nellie Snowden	10	Deben	46.66
6	Daisy Hills	11	St Felix Sch	46.75
7	Willow Ryder	9	West Suffolk	47.63
8	Joella Goodkind	11	West Suffolk	48.29

Heat Number - 4

Lane	Name	AaD	Club	Time
1	Amber Daynes	9	Stowmarket	46.36
2	Caitlin Millen	10	Stowmarket	46.33
3	Mary Shaw	16	Stowmarket	44.75
4	Neve Jerrold	12	Deben	44.50
5	Luna Smith	10	Newmarket	44.74
6	Violet Freezer	10	teamipswich	45.19
7	Gabriella Ginja	13	Team Waveney	46.36
8	Holly Love	11	St Felix Sch	46.51

Heat Number - 5

Lane	Name	AaD	Club	Time
1	Lottie Snell	10	teamipswich	44.13
2	Emma Learmouth	14	Newmarket	43.41
3	Freya Reed	10	West Suffolk	43.13X
4	Annaliese Hedges	11	Stowmarket	42.52
5	Annabelle Knights	11	St Felix Sch	42.69
6	Emily Colls	10	St Felix Sch	43.15X
7	Gracie Reed	11	Team Waveney	43.59
8	Olivia Deitz	12	Hadleigh	44.25

Heat Number - 6

Lane	Name	AaD	Club	Time
1	Ruby Harper-Grassing	14	Deben	42.29
2	Emelia Roe	12	West Suffolk	42.03
3	Imogen McVittie	10	Hadleigh	41.88X
4	Emily Turner	13	St Felix Sch	41.85
5	Isabella Duffin	12	West Suffolk	41.86
6	Ellie Payne	12	Newmarket	41.91
7	Isobel McNicholas	13	Deben	42.03
8	Rebecca Luckett	11	Team Waveney	42.47

Heat Number - 7

Lane	Name	AaD	Club	Time
1	Erin Haselwood	12	Stowmarket	41.68
2	Heidi Masters	14	Team Waveney	41.22
3	Casey Hopewell-Campion	11	Newmarket	41.16
4	Amelia Biggs	15	Leiston	41.08
5	Maelys Jacquet	11	Felixstowe	41.11
6	Poppy Moore	11	West Suffolk	41.20
7	Ella Denham	13	Hadleigh	41.47
8	Rebecca Kelly	11	teamipswich	41.79

Heat Number - 8

Lane	Name	AaD	Club	Time
1	Lily Munday	12	teamipswich	40.46
2	Lily Hills	13	St Felix Sch	40.28
3	Chloe Francis	14	Team Waveney	39.97
4	Polly Ruddell	12	teamipswich	39.89
5	Verity Carter	12	Stowmarket	39.91
6	Isabella Gale	14	Deben	40.20
7	Maggie Marshall	12	teamipswich	40.41
8	Lola Pugh	12	teamipswich	40.97

Heat Number - 9

Lane	Name	AaD	Club	Time
1	Lucy Walker	12	Deben	39.54
2	Grace Adamson	13	West Suffolk	39.45
3	Charlotte Catchpole	12	Leiston	39.18
4	Brooke Copping	12	West Suffolk	39.02
5	Samantha Martelino	12	Newmarket	39.13
6	Jessica Lamb	13	Deben	39.25
7	Lauren Smith	12	Team Waveney	39.50
8	Freya May	12	Leiston	39.68

Heat Number - 10

Lane	Name	AaD	Club	Time
1	Sophie Norton	15	Felixstowe	38.67
2	Ella Stewart	13	West Suffolk	37.56
3	Imogen Ball	14	Team Waveney	36.65
4	Isobelle Whittaker	14	Team Waveney	35.88
5	Annabelle Carter	16	Stowmarket	36.33
6	Emily Sinclair	12	West Suffolk	37.10
7	Francesca Thompson	12	Team Waveney	38.07
8	Lexie Gray	13	Team Waveney	38.93

Heat Number - 11

Lane	Name	AaD	Club	Time
1	Guste Raudonyte	12	Newmarket	38.34
2	Grace Mutton	12	teamipswich	37.44
3	May Richardson	14	Stowmarket	36.53
4	Anna Flowers	14	Leiston	35.78X
5	Evie Kinnett	15	Newmarket	36.15X
6	Charlotte Luckett	13	Team Waveney	36.91
7	Roisin Clancy	14	teamipswich	37.80
8	Isabella Bryan	12	teamipswich	38.84

Heat Number - 12

Lane	Name	AaD	Club	Time
1	Charlotte-Ella Roe	15	West Suffolk	38.08
2	Eva Howlett	13	Team Waveney	37.33
3	Ellie Catchpole	16	Leiston	36.40
4	Amber Ridgeon	16	Leiston	33.23X
5	Darcy Clarke	15	Stowmarket	36.02X
6	Iona Tait	14	Deben	36.74
7	Jessica Collinson	12	Deben	37.61
8	Annabel Nichols	14	Leiston	38.79

Event 6 Boys Open 50m Backstroke**Heat Number - 1**

Lane	Name	AaD	Club	Time
3	Elijah Wilson	9	teamipswich	52.08
4	Connor Broadhurst	12	teamipswich	51.12
5	Jacob Reed	9	West Suffolk	51.59
6	Ethan Miller	10	Team Waveney	1:07.55

Heat Number - 2

Lane	Name	AaD	Club	Time
1	Jesse Knight	9	Leiston	50.17
2	Kain Shopland	13	Deben	49.32
3	James Burgess	9	teamipswich	47.09
4	Jack Munday	10	teamipswich	46.94
5	Ewan Wilcox	11	Felixstowe	47.00
6	Aron Mozes	10	teamipswich	47.98
7	Harrison Supple	10	St Felix Sch	49.52
8	Ricards Korotkihs	11	teamipswich	50.58

Heat Number - 3

Lane	Name	AaD	Club	Time
1	Oscar Tolputt	12	Deben	46.03
2	Benjamin Langford	13	Leiston	45.00
3	Noah Turna	11	Leiston	44.90
4	Thomas Kirk	13	Leiston	43.83
5	Joshua Blagg	11	Stowmarket	44.54
6	David Lupsa	12	West Suffolk	45.00
7	Joshua Liebenberg	10	Newmarket	45.45X
8	Logan Rudd	10	St Felix Sch	46.31

Heat Number - 4

Lane	Name	AaD	Club	Time
1	Tom Barber	11	Team Waveney	43.34
2	Alexandre Veyssier	13	Newmarket	42.80
3	Richard Levell	11	West Suffolk	41.67
4	Rex Harrison	11	Stowmarket	41.30
5	Diggory Davies	11	Deben	41.40
6	Elijah Goodkind	12	West Suffolk	42.77
7	Cameron Jackson	12	Felixstowe	43.07
8	Dexter Winterburn	11	teamipswich	43.56

Heat Number - 5

Lane	Name	AaD	Club	Time
1	Leo Howard	12	Deben	40.86
2	Harry Bamford	13	Leiston	39.33
3	Matthew Foster	14	Leiston	36.40
4	Maxwell Landles	16	Deben	33.72
5	Nicholas Barber	15	Stowmarket	35.54
6	Aidan Scott	12	St Felix Sch	38.83
7	Fletcher Lay-Flurrie	11	teamipswich	40.17X
8	Kuba Pociot	10	teamipswich	41.24X

Heat Number - 6

Lane	Name	AaD	Club	Time
1	Oliver Butt	12	Deben	40.72
2	Thomas Williams	14	West Suffolk	39.09
3	Charlie Ruddell	13	teamipswich	36.36
4	Spencer Battisson	14	Team Waveney	33.18X
5	Teilo Ruffles-Francis	14	Stowmarket	34.72
6	Charlie Wagstaff	13	West Suffolk	38.73
7	Jack Knight	12	Leiston	40.01
8	Jacob Wild	11	Newmarket	41.19

Heat Number - 7

Lane	Name	AaD	Club	Time
1	Ethan Edwards	12	Team Waveney	40.49
2	Harrison Page	13	West Suffolk	39.08
3	Finlay Blagg	13	Stowmarket	36.05
4	Adrian Kwiecien	15	Newmarket	32.68X
5	Jack Bidle	14	Team Waveney	33.78X
6	Oscar Frost	14	Leiston	38.39
7	James Whittaker	12	Team Waveney	39.53
8	Sebastien Collier	11	Newmarket	41.08

Event 7 Girls Open 200m Breaststroke**Heat Number - 1**

Lane	Name	AaD	Club	Time
2	Caitlin Millen	10	Stowmarket	4:53.80
3	Mia King	10	Team Waveney	4:15.77
4	Pheobe Fox	12	Stowmarket	4:00.55
5	Isla Mason	10	Stowmarket	4:01.17
6	Isla Hallam	10	Team Waveney	4:24.03

Heat Number - 2

Lane	Name	AaD	Club	Time
1	Felicity Morris	12	Leiston	3:48.82
2	Emilia Armstrong	11	Stowmarket	3:36.12
3	Florence Davies	14	Deben	3:22.93
4	Isabel Moore	14	West Suffolk	3:07.65
5	Maia Thompson	14	Team Waveney	3:16.84
6	Beatrice Snowden	14	Deben	3:31.47
7	Brooke Copping	12	West Suffolk	3:38.36
8	Lyra James	13	Hadleigh	3:59.44

Heat Number - 3

Lane	Name	AaD	Club	Time
1	Poppy Moore	11	West Suffolk	3:48.61
2	Lottie Ellis	14	Deben	3:35.14
3	Francesca Barber	13	Stowmarket	3:22.69
4	Darcy Clarke	15	Stowmarket	3:06.42
5	Annabel Nichols	14	Leiston	3:11.91
6	Erin Wright	12	teamipswich	3:27.73
7	Isla Coackley	11	teamipswich	3:38.03
8	Skyla Jarvis	12	St Felix Sch	3:50.77

Heat Number - 4

Lane	Name	AaD	Club	Time
1	Maggie Marshall	12	teamipswich	3:43.03
2	Liberty Morris	12	Leiston	3:33.51
3	Charlotte Kelly	13	teamipswich	3:19.99
4	Georgia Denham	15	Hadleigh	3:05.41
5	Eloise Manton	15	West Suffolk	3:08.22
6	Aimee Burgess	13	teamipswich	3:24.39
7	Emelia Roe	12	West Suffolk	3:36.70
8	Erin Stewart	11	West Suffolk	3:50.55

Event 8 Boys Open 200m Breaststroke**Heat Number - 1**

Lane	Name	AaD	Club	Time
2	Rex Harrison	11	Stowmarket	4:00.47
3	Richard Levell	11	West Suffolk	3:49.63
4	Owen Young	15	Felixstowe	3:08.70
5	Logan Broadhurst	13	teamipswich	3:22.88
6	William Foxlow	13	teamipswich	3:53.87
7	Evan Harrison	10	Stowmarket	4:11.81

Event 8 Boys Open 200m Breaststroke**Heat Number - 2**

Lane	Name	AaD	Club	Time
2	Rhys Watsham	11	St Felix Sch	4:00.24
3	Attila Mozes	12	teamipswich	3:39.98
4	Max Nicholls	13	Leiston	3:03.04X
5	Jude Mason	13	Stowmarket	3:14.72
6	Dylan Lamble	11	Stowmarket	3:52.80
7	Thomas Mutton	9	teamipswich	4:05.72

Heat Number - 3

Lane	Name	AaD	Club	Time
1	Adison Croft	10	Stowmarket	4:20.83
2	Kyren Williams	11	teamipswich	3:55.48
3	Toby Glennerster	13	St Felix Sch	3:37.39
4	Luke Wilson	15	Team Waveney	2:55.71
5	Finlay Blagg	13	Stowmarket	3:11.07
6	Dexter Winterburn	11	teamipswich	3:49.87
7	Tom Barber	11	Team Waveney	4:04.79

Event 9 Girls Open 100m Butterfly**Heat Number - 1**

Lane	Name	AaD	Club	Time
3	Rebecca Kelly	11	teamipswich	1:57.10
4	Harriet Townend	10	Stowmarket	1:52.25
5	Lottie Snell	10	teamipswich	1:53.51

Heat Number - 2

Lane	Name	AaD	Club	Time
2	Eva Howlett	13	Team Waveney	1:31.05
3	Emily Sinclair	12	West Suffolk	1:27.05
4	Charlotte Creasy	13	West Suffolk	1:20.54
5	Layla Dowland	14	Leiston	1:24.65
6	Aimee Burgess	13	teamipswich	1:28.51
7	Freya May	12	Leiston	1:39.24

Heat Number - 3

Lane	Name	AaD	Club	Time
1	Freya Reed	10	West Suffolk	1:43.35X
2	Charlotte Kelly	13	teamipswich	1:28.81
3	Isabelle Whittaker	14	Team Waveney	1:26.67
4	May Richardson	14	Stowmarket	1:19.95
5	Iona Tait	14	Deben	1:22.21
6	Charlotte-Ella Roe	15	West Suffolk	1:28.07
7	Maelys Jacquet	11	Felixstowe	1:36.75
8	Emily Turner	13	St Felix Sch	1:48.88

Heat Number - 4

Lane	Name	AaD	Club	Time
1	Erin Wright	12	teamipswich	1:41.62
2	Emelia Roe	12	West Suffolk	1:28.52
3	Ella Stewart	13	West Suffolk	1:24.90
4	Isabel Moore	14	West Suffolk	1:18.04
5	Sophie Harrington	14	Deben	1:20.89
6	Harriet Glennerster	15	Team Waveney	1:27.31
7	Brooke Copping	12	West Suffolk	1:33.24
8	Lola Pugh	12	teamipswich	1:46.95

Event 10 Boys Open 100m Butterfly**Heat Number - 1**

Lane	Name	AaD	Club	Time
1	Richard Levell	11	West Suffolk	1:52.36
2	Aidan Scott	12	St Felix Sch	1:35.63
3	Logan Broadhurst	13	teamipswich	1:26.90
4	Thomas Walker	15	Team Waveney	1:13.19
5	Charlie Ruddell	13	teamipswich	1:23.29
6	Oscar Frost	14	Leiston	1:28.63
7	Angus Thompson	13	Leiston	1:48.85

Heat Number - 2

Lane	Name	AaD	Club	Time
1	Thomas Mutton	9	teamipswich	1:49.65
2	Attila Mozes	12	teamipswich	1:34.51
3	Matthew Foster	14	Leiston	1:23.65
4	Daniel Pryke	16	Deben	1:07.59
5	Thomas Williams	14	West Suffolk	1:16.28
6	Elijah Goodkind	12	West Suffolk	1:27.33
7	Jack Knight	12	Leiston	1:36.24