

**EVENT 1 Female 100m Freestyle**

1	Abbie DOCKERILL	A	West Suffolk		46	Anabelle WAN	C	Felixstowe	01:18.1
2	Leah POWELL	E	Deben		47	Isabella GALE	F	Deben	01:17.9
3	Sophie HAMMOND	B	West Suffolk		48	Betsy KIRK	C	Leiston	01:17.2
4	Freya WELHAM	A	Stowmarket		49	Lyra JAMES	E	Hadleigh	01:17.2
5	Olivia MARTINS	B	Team Waveney		50	Charlotte CURRY	E	Hadleigh	01:16.3
6	Rebecca KELLY	D	teamipswich		51	Holly TRAVELL	E	Team Waveney	01:16.2
7	Ruby SAUNDERS	B	Leiston		52	Rebecca LUCKETT	C	St Felix Sch	01:16.2
8	Ettie PEARCE	A	Deben	01:52.1	53	Erin HASELWOOD	E	Stowmarket	01:15.7
9	Bella ROBERTSON	A	Stowmarket	01:50.9	54	Poppy EADE	D	Team Waveney	01:15.3
10	Raphaella GINJA	B	Team Waveney	01:44.3	55	Beatrice SNOWDEN	F	Deben	01:15.1
11	Zara JEWERS	A	Stowmarket	01:41.1	56	Umeko LO PATERSON	E	Newmarket	01:14.8
12	Tilly SHEASBY	A	Newmarket	01:41.0	57	Rosie PIETZKA	F	West Suffolk	01:14.5
13	Martha TYDEMAN	A	Stowmarket	01:40.2	58	Lucy WALKER	D	Deben	01:13.9
14	Amelie COCKERTON-PRYCE	B	Newmarket	01:39.1	59	Verity CARTER	E	Stowmarket	01:13.6
15	Mia KING	B	Team Waveney	01:36.4	60	Emily SINCLAIR	D	West Suffolk	01:13.3
16	Mae-Belle DOGGETT	C	Newmarket	01:34.9	61	Olivia MURPHY	C	Deben	01:13.0
17	Elinor MCTAGGART	B	Deben	01:34.2	62	Hannah HATCHER	F	West Suffolk	01:12.9
18	Kitty BRAY	C	St Felix Sch	01:32.5	63	Charlotte LUCKETT	F	Team Waveney	01:12.7
19	Erin CRANE	D	Deben	01:32.4	64	Lily MUNDAY	D	teamipswich	01:12.5
20	Aurelia HERRING	B	Leiston	01:32.4	65	Chloe DOCKERILL	F	West Suffolk	01:12.2
21	Evie TIGGES	B	Hadleigh	01:31.0	66	Isabella KINDRED	F	Deben	01:11.4
22	Abbi MCTAGGART	E	Deben	01:30.5	67	Alexandra WOODS	E	St Felix Sch	01:10.8
23	Freya COOK	C	Leiston	01:29.0	68	Samantha MARTELINO	D	Newmarket	01:10.6
24	Phoebe PHILLPOT	A	teamipswich	01:28.9	69	Isabella BRYAN	D	teamipswich	01:10.3
25	Rosie TURNER	B	St Felix Sch	01:28.9	70	Brooke COPPING	D	West Suffolk	01:10.0
26	Mia COPPING	B	West Suffolk	01:28.4	71	Imogen BALL	F	Team Waveney	01:09.6
27	Emily COLLS	C	St Felix Sch	01:27.0	72	Olivia SHEASBY	F	Newmarket	01:09.6
28	Freya FELL	D	Stowmarket	01:25.8	73	Ella STEWART	E	West Suffolk	01:09.5
29	Eloise SPILLING	C	Stowmarket	01:25.6	74	Erin DAYNES	E	Stowmarket	01:09.4
30	Grace WILLIAMS	B	Deben	01:25.5	75	Francesca THOMPSON	D	Team Waveney	01:08.8
31	Hannah GILBERT	E	West Suffolk	01:25.1	76	Isabelle WHITTAKER	F	Team Waveney	01:08.6
32	Katie SCHINDLER	E	Hadleigh	01:24.6	77	Evie KINNETT	F	Newmarket	01:08.4
33	Emilia BESWICK	C	Newmarket	01:24.5	78	Nell MOTTS	F	Hadleigh	01:08.0
34	Gabriella GINJA	E	Team Waveney	01:24.3	79	Iona TAIT	F	Deben	01:07.9
35	Lottie HARTE	B	Newmarket	01:23.8	80	Katie WALKER	F	Deben	01:07.5
36	Erin STEWART	C	West Suffolk	01:23.1	81	Amber FINBOW	F	Deben	01:07.5
37	Amelia BECKWITH-COLE	C	Hadleigh	01:22.4	82	Maia THOMPSON	F	Team Waveney	01:07.1
38	Matilda SMITH	B	Team Waveney	01:22.2	83	Annabelle CARTER	F	Stowmarket	01:07.0
39	Abigail MCWATTIE	C	West Suffolk	01:21.5	84	Eloise MANTON	F	West Suffolk	01:06.8
40	Rosie PERRY	C	West Suffolk	01:21.2	85	Amelie HARRISON	E	Stowmarket	01:06.8
41	Lucy HUNTER	D	Newmarket	01:20.1	86	Katie STEBBINGS	F	Stowmarket	01:06.8
42	Lola-Rose CURTIN	C	Team Waveney	01:19.6	87	Florence DAVIES	F	Deben	01:06.4
43	Lucy PHILLIPS	D	Felixstowe	01:19.4	88	Isabel MOORE	F	West Suffolk	01:05.8
44	Poppy MOORE	C	West Suffolk	01:19.3	89	Elizabeth ENGLAND	F	Stowmarket	01:05.4
45	Livvy SWALLOW	B	teamipswich	01:18.4	90	May RICHARDSON	F	Stowmarket	01:05.3

**EVENT 2 Open/Male 100m Freestyle**

1	Oliver DENISON	B	Leiston		32	Logan RUDD	B	St Felix Sch	01:17.8
2	Vaughn RUFFLES-FRANCIS	F	Stowmarket		33	Harrison SUPPLE	B	St Felix Sch	01:17.3
3	Ned CAILES	E	West Suffolk		34	Ethan EDWARDS	D	Team Waveney	01:15.8
4	Edward ALLBERRY	B	Stowmarket		35	Harrison PAGE	E	West Suffolk	01:15.5
5	Vian PARIKH	A	Deben		36	Buddy THAIN	C	teamipswich	01:15.4
6	Oliver CREASY	B	West Suffolk	01:51.3	37	Joshua LIEBENBERG	B	Newmarket	01:15.0
7	Luke TUCKER	B	Leiston	01:48.4	38	Thomas ALLEN	F	West Suffolk	01:15.0

8	Aiden GENTRY	A	Team Waveney	01:42.1	39	Cameron JACKSON	D	Felixstowe	01:14.7
9	Harry EDWARDS	A	Team Waveney	01:41.1	40	Rex HARRISON	C	Stowmarket	01:14.6
10	Oscar OSBORNE	A	Newmarket	01:40.5	41	Heath HARRISON	C	Stowmarket	01:13.0
11	Nathaniel PECK	D	Team Waveney	01:38.8	42	L SMITH	F	Hadleigh	01:13.0
12	Matthew BLACKWELL	B	West Suffolk	01:34.8	43	Kyren WILLIAMS	C	teamipswich	01:12.3
13	Thomas SCRIVENER	A	Leiston	01:34.7	44	Diggory DAVIES	C	Deben	01:12.2
14	Jacob REED	A	West Suffolk	01:32.7	45	Thomas KIRK	E	Leiston	01:11.5
15	Henry COTTINGHAM	D	Hadleigh	01:30.6	46	Aiden READ	C	teamipswich	01:10.0
16	Ted THOMPSON	C	Leiston	01:26.6	47	Elijah GOODKIND	E	West Suffolk	01:09.9
17	Alfie THOMPSON	C	Leiston	01:26.5	48	Luke TIGGES	F	Hadleigh	01:09.5
18	Aron MOZES	B	teamipswich	01:23.2	49	Elliot STEENKAMP	F	Newmarket	01:08.6
19	Sebastien COLLIER	C	Newmarket	01:23.0	50	Angus THOMPSON	E	Leiston	01:08.4
20	Adison CROFT	B	Stowmarket	01:22.4	51	Zachariah BROAD	E	West Suffolk	01:08.0
21	Ewan WILCOX	C	Felixstowe	01:22.2	52	Alexandre VEYSSIER	E	Newmarket	01:07.3
22	Oscar REYNOLDS	B	Hadleigh	01:22.0	53	Samuel BLACKWELL	F	West Suffolk	01:06.6
23	Joshua BLAGG	C	Stowmarket	01:21.9	54	Liam-Nik MATTHEWS	F	Team Waveney	01:06.1
24	Reuben GILES	B	Stowmarket	01:21.2	55	Cameron WHITING	F	Deben	01:04.9
25	Sebastian CLOKE	C	Deben	01:20.9	56	Alastair SHEERAN	E	Felixstowe	01:03.9
26	Jack MUNDAY	B	teamipswich	01:19.8	57	Sebastian REYNOLDS	F	Hadleigh	01:03.3
27	James ALLBERRY	D	Stowmarket	01:19.6	58	Teilo RUFFLES-FRANCIS	F	Stowmarket	01:03.1
28	Conner BROADHURST	D	teamipswich	01:19.5	59	Thomas WALKER	F	Team Waveney	01:02.9
29	Ricards KOROTKIHS	C	teamipswich	01:19.4	60	Thomas WILLIAMS	F	West Suffolk	01:02.3
30	Charles STOCK	E	St Felix Sch	01:18.8	61	Antoni MATUSZEK	F	Felixstowe	01:01.8
31	Richard LEVELL	D	West Suffolk	01:18.5	62	Jack BIDLE	F	Team Waveney	01:01.5

### EVENT 3 Female 100m IM

1	Lana Raine TURNER	A	Team Waveney		39	Gabriella GINJA	E	Team Waveney	01:32.4
2	Zara JEWERS	A	Stowmarket		40	Anabelle WAN	C	Felixstowe	01:30.3
3	Sophie HAMMOND	B	West Suffolk		41	Erin HASELWOOD	E	Stowmarket	01:30.1
4	Olivia MARTINS	B	Team Waveney		42	Rebecca KELLY	D	teamipswich	01:29.9
5	Alexandra ROLFE	F	teamipswich		43	Betsy KIRK	C	Leiston	01:29.8
6	Milla LARGE	B	Leiston		44	Hannah GILBERT	E	West Suffolk	01:29.7
7	Martha TYDEMAN	A	Stowmarket		45	Lauren SMITH	E	Team Waveney	01:29.3
8	Olivia BRYANT	A	Stowmarket		46	Erin DAYNES	E	Stowmarket	01:28.2
9	Ruby SAUNDERS	B	Leiston		47	Freya REED	C	West Suffolk	01:26.9
10	Zuzanna MATUSZEK	E	Felixstowe		48	Hannah HATCHER	F	West Suffolk	01:26.7
11	Freya WELHAM	A	Stowmarket	02:05.4	49	Annaliese HEDGES	C	Stowmarket	01:26.6
12	Raphaella GINJA	B	Team Waveney	01:54.8	50	Poppy MOORE	C	West Suffolk	01:26.2
13	Tilly SHEASBY	A	Newmarket	01:52.5	51	Isabella BRYAN	D	teamipswich	01:26.0
14	Amelie COCKERTON-PRYCE	B	Newmarket	01:50.5	52	Holly TRAVELL	E	Team Waveney	01:25.9
15	Mae-Belle DOGGETT	C	Newmarket	01:47.1	53	Umeko LO PATERSON	E	Newmarket	01:25.5
16	Abbi MCTAGGART	E	Deben	01:46.1	54	Beau WATERHOUSE	C	Newmarket	01:25.4
17	Evie TIGGES	B	Hadleigh	01:45.7	55	Alexandra WOODS	E	St Felix Sch	01:25.3
18	Ruby BROADWATER	A	teamipswich	01:45.5	56	Lucy WALKER	D	Deben	01:25.3
19	Eloise SPILLING	C	Stowmarket	01:43.0	57	Isabella KINDRED	F	Deben	01:24.6
20	Mia COPPING	B	West Suffolk	01:41.8	58	Poppy EADE	D	Team Waveney	01:24.6
21	Aurelia HERRING	B	Leiston	01:41.4	59	Rebecca LUCKETT	C	St Felix Sch	01:23.6
22	Freya FELL	D	Stowmarket	01:41.3	60	Katie WALKER	F	Deben	01:22.9
23	Erin STEWART	C	West Suffolk	01:40.5	61	Chloe FRANCIS	F	Team Waveney	01:22.6
24	Erin CRANE	D	Deben	01:39.6	62	Isobelle WHITTAKER	F	Team Waveney	01:22.5
25	Amelia MUMFORD	F	Hadleigh	01:39.3	63	Charlotte LUCKETT	F	Team Waveney	01:21.9
26	Emilia BESWICK	C	Newmarket	01:38.3	64	Brooke COPPING	D	West Suffolk	01:21.7
27	Amelia BECKWITH-COLE	C	Hadleigh	01:37.1	65	Amelie HARRISON	E	Stowmarket	01:21.6
28	Lola-Rose CURTIN	C	Team Waveney	01:36.8	66	Lilley DRING	E	Deben	01:21.6
29	Matilda SMITH	B	Team Waveney	01:36.7	67	Sophie HARRINGTON	F	Deben	01:21.4

30	Emily COLLS	C	St Felix Sch	01:36.2	68	Emily SINCLAIR	D	West Suffolk	01:20.9
31	Freya COOK	C	Leiston	01:35.3	69	Beatrice COLLIER	F	Newmarket	01:20.7
32	Mia KING	B	Team Waveney	01:35.3	70	Rosie PIETZKA	F	West Suffolk	01:19.8
33	Caitlin MILLEN	B	Stowmarket	01:35.3	71	Imogen BALL	F	Team Waveney	01:19.3
34	Grace WILLIAMS	B	Deben	01:35.2	72	Evie KINNETT	F	Newmarket	01:19.1
35	Olivia STROUD	B	Hadleigh	01:34.7	73	Olivia SHEASBY	F	Newmarket	01:18.9
36	Lottie HARTE	B	Newmarket	01:34.1	74	Iona TAIT	F	Deben	01:18.9
37	Lucy HUNTER	D	Newmarket	01:33.5	75	Ella STEWART	E	West Suffolk	01:18.7
38	Rosie PERRY	C	West Suffolk	01:33.2	76	Chloe DOCKERILL	F	West Suffolk	01:18.6

#### EVENT 4 Open/Male 100m IM

1	Matthew BLACKWELL	B	West Suffolk		24	Heath HARRISON	C	Stowmarket	01:25.3
2	Jacob REED	A	West Suffolk		25	Nathan HONG	F	teamipswich	01:25.0
3	Edward ALLBERRY	B	Stowmarket		26	Harrison PAGE	E	West Suffolk	01:24.7
4	Ned CAILES	E	West Suffolk		27	Henry COTTINGHAM	D	Hadleigh	01:24.7
5	Oliver CREASY	B	West Suffolk	02:02.4	28	James WHITTAKER	D	Team Waveney	01:24.2
6	Thomas SCRIVENER	A	Leiston	01:52.9	29	Thomas ALLEN	F	West Suffolk	01:23.7
7	Oscar OSBORNE	A	Newmarket	01:50.7	30	Kyren WILLIAMS	C	teamipswich	01:23.2
8	Aiden GENTRY	A	Team Waveney	01:46.7	31	Aiden READ	C	teamipswich	01:23.0
9	Evan HARRISON	B	teamipswich	01:40.2	32	Luke TIGGES	F	Hadleigh	01:22.9
10	Daniel EVANS	B	Deben	01:38.8	33	Alexandre VEYSSIER	E	Newmarket	01:22.2
11	Joshua BLAGG	C	Stowmarket	01:36.8	34	Logan BROADHURST	F	teamipswich	01:20.4
12	Conner BROADHURST	D	teamipswich	01:36.5	35	Zachariah BROAD	E	West Suffolk	01:20.3
13	Reuben GILES	B	Stowmarket	01:35.7	36	Elliot STEENKAMP	F	Newmarket	01:19.9
14	Sebastien COLLIER	C	Newmarket	01:35.2	37	Ethan EDWARDS	D	Team Waveney	01:19.7
15	Adison CROFT	B	Stowmarket	01:34.0	38	Cameron WHITING	F	Deben	01:17.6
16	Nathaniel PECK	D	Team Waveney	01:33.8	39	Alastair SHEERAN	E	Felixstowe	01:16.7
17	Jack MUNDAY	B	teamipswich	01:33.0	40	Samuel BLACKWELL	F	West Suffolk	01:15.0
18	James ALLBERRY	D	Stowmarket	01:30.9	41	Owen YOUNG	F	Felixstowe	01:14.5
19	Richard LEVELL	D	West Suffolk	01:28.5	42	Antoni MATUSZEK	F	Felixstowe	01:14.5
20	Charles STOCK	E	St Felix Sch	01:27.9	43	Aidan SCOTT	E	St Felix Sch	01:13.9
21	Joshua LIEBENBERG	B	Newmarket	01:27.9	44	Thomas WILLIAMS	F	West Suffolk	01:12.8
22	Thomas KIRK	E	Leiston	01:27.8	45	Teilo RUFFLES-FRANCIS	F	Stowmarket	01:12.6
23	Dylan LAMBLE	C	teamipswich	01:26.3					

#### EVENT 5 Female 50m Backstroke

1	Elinor MCTAGGART	B	Deben		39	Emilia BESWICK	C	Newmarket	42.93
2	Olivia MARTINS	B	Team Waveney		40	Lucy HUNTER	D	Newmarket	42.63
3	Zofia STALMIERSKA	A	teamipswich		41	Rebecca KELLY	D	teamipswich	42.28
4	Sophie HAMMOND	B	West Suffolk		42	Hannah GILBERT	E	West Suffolk	42.12
5	Eden HENDER	B	Team Waveney		43	Neve JERROLD	D	Deben	42.10
6	Julia SLOCIAK	F	Felixstowe		44	Anabelle WAN	C	Felixstowe	41.74
7	Leah POWELL	E	Deben		45	Betsy KIRK	C	Leiston	41.59
8	Ettie PEARCE	A	Deben	55.43	46	Lola-Rose CURTIN	C	Team Waveney	41.58
9	Ruby SAUNDERS	B	Leiston	54.66	47	Nellie SNOWDEN	B	Deben	41.44
10	Zara JEWERS	A	Stowmarket	54.33	48	Lottie HARTE	B	Newmarket	40.96
11	Martha TYDEMAN	A	Stowmarket	53.81	49	Lyra JAMES	E	Hadleigh	40.82
12	Freya WELHAM	A	Stowmarket	51.60	50	Gabriella GINJA	E	Team Waveney	40.75
13	Bella ROBERTSON	A	Stowmarket	51.53	51	Erin DAYNES	E	Stowmarket	40.33
14	Evie TIGGES	B	Hadleigh	50.95	52	Rebecca LUCKETT	C	St Felix Sch	40.29
15	Kayleigh MURTON	B	teamipswich	50.58	53	Poppy MOORE	C	West Suffolk	39.93
16	Tilly SHEASBY	A	Newmarket	49.30	54	Holly TRAVELL	E	Team Waveney	39.92
17	Hannah SMITH	D	Felixstowe	49.29	55	Lauren SMITH	E	Team Waveney	39.79
18	Isla HALLAM	B	Team Waveney	49.12	56	Olivia MURPHY	C	Deben	39.56
19	Lana Raine TURNER	A	Team Waveney	48.75	57	Erin HASELWOOD	E	Stowmarket	39.48
20	Abbi MCTAGGART	E	Deben	48.40	58	Freya REED	C	West Suffolk	39.30

21	Kitty BRAY	C	St Felix Sch	48.00	59	Isabella KINDRED	F	Deben	39.15
22	Ruby BROADWATER	A	teamipswich	47.95	60	Rosie PIETZKA	F	West Suffolk	39.08
23	Millie ASHWORTH	C	Deben	47.94	61	Beau WATERHOUSE	C	Newmarket	38.85
24	Amelia BECKWITH-COLE	C	Hadleigh	47.88	62	Rosie WHITING	D	Deben	38.48
25	Rosie TURNER	B	St Felix Sch	47.80	63	Amelie HARRISON	E	Stowmarket	38.02
26	Erin CRANE	D	Deben	47.44	64	Verity CARTER	E	Stowmarket	38.00
27	Olivia BRYANT	A	Stowmarket	47.00	65	Charlotte CATCHPOLE	D	Leiston	37.90
28	Raphaella GINJA	B	Team Waveney	46.60	66	Poppy EADE	D	Team Waveney	37.65
29	Joella GOODKIND	C	West Suffolk	46.17	67	Imogen BALL	F	Team Waveney	36.92
30	Mae-Belle DOGGETT	C	Newmarket	45.93	68	Katie STEBBINGS	F	Stowmarket	36.80
31	Amelie COCKERTON-PRYCE	B	Newmarket	45.19	69	Chloe DOCKERILL	F	West Suffolk	36.520
32	Matilda SMITH	B	Team Waveney	44.82	70	Isabelle WHITTAKER	F	Team Waveney	35.81
33	Caitlin MILLEN	B	Stowmarket	44.79	71	Eloise MANTON	F	West Suffolk	35.77
34	Grace WILLIAMS	B	Deben	44.67	72	Annabelle CARTER	F	Stowmarket	35.76
35	Umeko LO PATERSON	E	Newmarket	43.89	73	Evie KINNETT	F	Newmarket	35.65
36	Freya COOK	C	Leiston	43.62	74	Iona TAIT	F	Deben	35.62
37	Amelia MUMFORD	F	Hadleigh	43.40	75	Olivia SHEASBY	F	Newmarket	35.62
38	Livvy SWALLOW	B	teamipswich	43.18	76	Maia THOMPSON	F	Team Waveney	33.92

#### EVENT 6 Open/Male 50m Backstroke

1	Faramir-Daniel NEWPORT	B	Stowmarket		27	Ricards KOROTKIHS	C	teamipswich	42.53
2	Scott DIAS	D	Team Waveney		28	Sebastian CLOKE	C	Deben	42.17
3	Yannick CROWTHER	B	Felixstowe	01:09.4	29	Aron MOZES	B	teamipswich	41.55
4	Ethan MILLER	B	Team Waveney	01:00.3	30	Evan HARRISON	B	teamipswich	41.47
5	Reuben GILES	B	Stowmarket	55.17	31	Heath HARRISON	C	Stowmarket	41.39
6	Thomas SCRIVENER	A	Leiston	53.42	32	Dexter WINTERBURN	C	teamipswich	40.77
7	Oliver CREASY	B	West Suffolk	53.11	33	Joshua BLAGG	C	Stowmarket	40.71
8	Oscar OSBORNE	A	Newmarket	52.93	34	Joshua LIEBENBERG	B	Newmarket	40.71
9	Oliver DENISON	B	Leiston	52.70	35	Henry COTTINGHAM	D	Hadleigh	40.37
10	Edward ALLBERRY	B	Stowmarket	51.98	36	Richard LEVELL	D	West Suffolk	40.30
11	Luke TUCKER	B	Leiston	48.43	37	Charles STOCK	E	St Felix Sch	40.14
12	Conner BROADHURST	D	teamipswich	47.08	38	Luke TIGGES	F	Hadleigh	39.78
13	Alfie THOMPSON	C	Leiston	46.90	39	Elijah GOODKIND	E	West Suffolk	39.12
14	Ted THOMPSON	C	Leiston	46.39	40	Oscar TOLPUTT	D	Deben	38.70
15	Adison CROFT	B	Stowmarket	46.36	41	Harrison PAGE	E	West Suffolk	38.24
16	Aiden GENTRY	A	Team Waveney	44.64	42	Liam-Nik MATTHEWS	F	Team Waveney	37.89
17	William BENNETT	B	Deben	44.31	43	Thomas ALLEN	F	West Suffolk	37.68
18	Matthew BLACKWELL	B	West Suffolk	43.96	44	Aidan SCOTT	E	St Felix Sch	37.39
19	Ewan WILCOX	C	Felixstowe	43.63	45	James WHITTAKER	D	Team Waveney	37.29
20	Harrison SUPPLE	B	St Felix Sch	43.44	46	Ethan EDWARDS	D	Team Waveney	37.25
21	Sebastien COLLIER	C	Newmarket	43.17	47	Elliot STEENKAMP	F	Newmarket	36.85
22	Jack MUNDAY	B	teamipswich	43.07	48	Antoni MATUSZEK	F	Felixstowe	36.10
23	L SMITH	F	Hadleigh	43.00	49	Alastair SHEERAN	E	Felixstowe	35.92
24	James ALLBERRY	D	Stowmarket	42.74	50	Cameron WHITING	F	Deben	35.91
25	Nathaniel PECK	D	Team Waveney	42.57	51	Alexandre VEYSSIER	E	Newmarket	35.89
26	Logan RUDD	B	St Felix Sch	42.54					

#### EVENT 7 Female 200m Breaststroke

1	Maelys JACQUET	C	Felixstowe		14	Lottie HARTE	B	Newmarket	03:53.6
2	Aurelia HERRING	B	Leiston		15	Lyra JAMES	E	Hadleigh	03:51.9
3	Mia COPPING	B	West Suffolk		16	Abigail MCWATTIE	C	West Suffolk	03:48.2
4	Phoebe PHILLPOT	A	teamipswich		17	Tatiana THOMPSON	C	Leiston	03:46.3
5	Daisy TEMPLER	A	Stowmarket		18	Emily COLLS	C	St Felix Sch	03:45.1
6	Bella ROBERTSON	A	Stowmarket		19	Rosie PIETZKA	F	West Suffolk	03:38.3
7	Olivia MARTINS	B	Team Waveney		20	Rosie PERRY	C	West Suffolk	03:34.6
8	Elizabeth ENGLAND	F	Stowmarket		21	Amelie HARRISON	E	Stowmarket	03:30.8

9	Joella GOODKIND	C	West Suffolk		22	Beatrice SNOWDEN	F	Deben	03:27.9
10	Freya FELL	D	Stowmarket	04:32.7	23	Brooke COPPING	D	West Suffolk	03:19.6
11	Erin HASELWOOD	E	Stowmarket	04:06.8	24	Charlotte LUCKETT	F	Team Waveney	03:14.7
12	Katie SCHINDLER	E	Hadleigh	04:03.7	25	Katie STEBBINGS	F	Stowmarket	03:13.8
13	Mia KING	B	Team Waveney	04:02.1					

#### EVENT 8 Open/Male 200m Breaststroke

1	Ricards KOROTKIHS	C	teamipswich		15	Heath HARRISON	C	Stowmarket	03:51.7
2	Diggory DAVIES	C	Deben		16	Aron MOZES	B	teamipswich	03:48.7
3	Harry EDWARDS	A	Team Waveney		17	Dexter WINTERBURN	C	teamipswich	03:46.6
4	Aiden READ	C	teamipswich		18	Richard LEVELL	D	West Suffolk	03:38.8
5	James ALLBERRY	D	Stowmarket		19	Attila MOZES	D	teamipswich	03:38.0
6	Elijah WILSON	A	teamipswich		20	Buddy THAIN	C	teamipswich	03:25.7
7	Reuben GILES	B	Stowmarket		21	Dylan LAMBLE	C	teamipswich	03:24.7
8	Robert KOROTKIHS	C	teamipswich		22	Samuel BLACKWELL	F	West Suffolk	03:16.4
9	Oscar OSBORNE	A	Newmarket	04:21.9	23	Logan BROADHURST	F	teamipswich	03:08.8
10	Adison CROFT	B	Stowmarket	04:07.4	24	Finlay BLAGG	E	Stowmarket	03:02.9
11	Evan HARRISON	B	teamipswich	03:59.2	25	Nathan HONG	F	teamipswich	03:02.3
12	Harrison SUPPLE	B	St Felix Sch	03:58.4	26	Sebastian REYNOLDS	F	Hadleigh	03:01.7
13	Rex HARRISON	C	Stowmarket	03:54.4	27	Owen YOUNG	F	Felixstowe	02:52.2
14	Conner BROADHURST	D	teamipswich	03:52.0	28	Teilo RUFFLES-FRANCIS	F	Stowmarket	02:50.1

#### EVENT 9 Female 100m Butterfly

1	Martha TYDEMAN	A	Stowmarket		12	Amelie HARRISON	E	Stowmarket	01:29.8
2	Willow RYDER	A	West Suffolk		13	Brooke COPPING	D	West Suffolk	01:25.4
3	Eloise SPILLING	C	Stowmarket		14	Emily SINCLAIR	D	West Suffolk	01:24.7
4	Olivia MARTINS	B	Team Waveney		15	Chloe FRANCIS	F	Team Waveney	01:24.7
5	Verity CARTER	E	Stowmarket		16	Sophie HARRINGTON	F	Deben	01:23.0
6	Lena CRISP	A	St Felix Sch	01:55.0	17	Chloe DOCKERILL	F	West Suffolk	01:22.4
7	Rebecca KELLY	D	teamipswich	01:43.9	18	Ella STEWART	E	West Suffolk	01:21.3
8	Olivia STROUD	B	Hadleigh	01:41.6	19	May RICHARDSON	F	Stowmarket	01:20.1
9	Caitlin MILLEN	B	Stowmarket	01:40.9	20	Isabel MOORE	F	West Suffolk	01:18.0
10	Rebecca LUCKETT	C	St Felix Sch	01:33.6	21	Florence DAVIES	F	Deben	01:16.6
11	Hannah HATCHER	F	West Suffolk	01:30.3					

#### EVENT 10 Open/Male 100m Butterfly

1	Jack BIDLE	F	Team Waveney		10	Thomas KIRK	E	Leiston	01:27.0
2	Oscar OSBORNE	A	Newmarket		11	Aidan SCOTT	E	St Felix Sch	01:25.6
3	Reuben GILES	B	Stowmarket		12	Attila MOZES	D	teamipswich	01:23.9
4	Nathan HONG	F	teamipswich		13	Logan BROADHURST	F	teamipswich	01:19.4
5	James ALLBERRY	D	Stowmarket		14	Liam-Nik MATTHEWS	F	Team Waveney	01:19.4
6	Sebastien COLLIER	C	Newmarket	01:52.6	15	Elijah GOODKIND	E	West Suffolk	01:19.3
7	Alastair SHEERAN	E	Felixstowe	01:42.4	16	Antoni MATUSZEK	F	Felixstowe	01:16.1
8	Kyren WILLIAMS	C	teamipswich	01:29.8	17	Thomas WILLIAMS	F	West Suffolk	01:13.9
9	Heath HARRISON	C	Stowmarket	01:27.3	18	Thomas WALKER	F	Team Waveney	01:11.6

#### EVENT 11 Open/Male 200m Butterfly

1	Elijah WILSON	A	teamipswich		6	Finlay BLAGG	E	Stowmarket	03:28.2
2	Attila MOZES	D	teamipswich		7	Thomas WILLIAMS	F	West Suffolk	03:02.0
3	Diggory DAVIES	C	Deben		8	Spencer BATTISSON	F	Team Waveney	02:52.6
4	Heath HARRISON	C	Stowmarket		9	Samuel EVERETT	F	West Suffolk	02:37.8
5	Jed MILLIN	F	Stowmarket	03:43.8					

#### EVENT 12 Female 200m IM

1	Eloise SPILLING	C	Stowmarket		18	Amelie HARRISON	E	Stowmarket	03:13.7
2	Olivia MURPHY	C	Deben		19	Beatrice SNOWDEN	F	Deben	03:11.2
3	Olivia STROUD	B	Hadleigh		20	Francesca THOMPSON	D	Team Waveney	03:07.2
4	Mia KING	B	Team Waveney		21	Emily TURNER	E	St Felix Sch	03:05.6
5	Maelys JACQUET	C	Felixstowe		22	Emily WRIGHT	F	Stowmarket	03:00.4

6	Tilly SHEASBY	A	Newmarket	04:11.9	23	Charlotte LUCKETT	F	Team Waveney	03:00.3
7	Mia COPPING	B	West Suffolk	03:49.2	24	Freya REED	C	West Suffolk	03:00.1
8	Ruby BROADWATER	A	teamipswich	03:46.8	25	Chloe DOCKERILL	F	West Suffolk	02:59.3
9	Matilda SMITH	B	Team Waveney	03:43.0	26	Florence DAVIES	F	Deben	02:54.5
10	Amber DAYNES	B	Stowmarket	03:38.8	27	Brooke COPPING	D	West Suffolk	02:54.5
11	Willow RYDER	A	West Suffolk	03:32.9	28	Samantha MARTELINO	D	Newmarket	02:53.5
12	Luna SMITH	B	Newmarket	03:25.2	29	Iona TAIT	F	Deben	02:52.0
13	Isla MASON	B	Stowmarket	03:18.7	30	Ella STEWART	E	West Suffolk	02:49.4
14	Erin STEWART	C	West Suffolk	03:16.8	31	Poppy CATOR	F	Team Waveney	02:49.1
15	Hannah GILBERT	E	West Suffolk	03:16.0	32	May RICHARDSON	F	Stowmarket	02:49.1
16	Nellie SNOWDEN	B	Deben	03:14.6	33	Grace ELLIS	F	Newmarket	02:47.4
17	Lola-Rose CURTIN	C	Team Waveney	03:13.9					

#### EVENT 13 Open/Male 50m Breaststroke

1	Scott DIAS	D	Team Waveney		29	Buddy THAIN	C	teamipswich	44.53
2	Freddie PRITCHARD	A	Stowmarket	01:15.9	30	Rex HARRISON	C	Stowmarket	44.26
3	Yannick CROWTHER	B	Felixstowe	01:10.8	31	Oliver BUTT	D	Deben	43.67
4	Oliver CREASY	B	West Suffolk	01:00.8	32	Liam-Nik MATTHEWS	F	Team Waveney	43.52
5	Aiden GENTRY	A	Team Waveney	01:00.7	33	Elijah GOODKIND	E	West Suffolk	43.45
6	Chesare READ	A	teamipswich	01:00.6	34	Richard LEVELL	D	West Suffolk	43.13
7	Jacob REED	A	West Suffolk	58.94	35	Spencer BATTISSON	F	Team Waveney	43.01
8	Harry EDWARDS	A	Team Waveney	57.27	36	Harry PAWLE	F	Leiston	42.76
9	Sebastian CLOKE	C	Deben	53.75	37	Thomas ALLEN	F	West Suffolk	42.58
10	William BENNETT	B	Deben	52.68	38	Aiden READ	C	teamipswich	42.41
11	Daniel EVANS	B	Deben	52.67	39	Alexandre VEYSSIER	E	Newmarket	42.21
12	Evan HARRISON	B	teamipswich	51.62	40	Ciaran STRIKE	F	Team Waveney	41.98
13	Conner BROADHURST	D	teamipswich	51.10	41	Logan BROADHURST	F	teamipswich	41.58
14	Matthew BLACKWELL	B	West Suffolk	50.74	42	L SMITH	F	Hadleigh	41.56
15	Oscar REYNOLDS	B	Hadleigh	49.94	43	Zak BARBER	F	Team Waveney	41.23
16	Reuben GILES	B	Stowmarket	49.33	44	Luke TIGGES	F	Hadleigh	41.13
17	James WHITTAKER	D	Team Waveney	48.09	45	Alastair SHEERAN	E	Felixstowe	39.45
18	Ricards KOROTKIHS	C	teamipswich	47.79	46	Samuel BLACKWELL	F	West Suffolk	38.82
19	Rhys WATSHAM	C	St Felix Sch	47.24	47	Elliot STEENKAMP	F	Newmarket	38.48
20	Harrison PAGE	E	West Suffolk	46.83	48	Aidan SCOTT	E	St Felix Sch	38.13
21	Zachariah BROAD	E	West Suffolk	45.82	49	Antoni MATUSZEK	F	Felixstowe	37.74
22	Attila MOZES	D	teamipswich	45.78	50	Jack BIDLE	F	Team Waveney	36.87
23	Heath HARRISON	C	Stowmarket	45.40	51	Henry WALLACE	F	Stowmarket	36.80
24	Joshua LIEBENBERG	B	Newmarket	45.39	52	Nathan HONG	F	teamipswich	36.69
25	Henry COTTINGHAM	D	Hadleigh	45.37	53	Owen YOUNG	F	Felixstowe	36.33
26	Dylan LAMBLE	C	teamipswich	45.15	54	Sebastian REYNOLDS	F	Hadleigh	36.10
27	Kyren WILLIAMS	C	teamipswich	45.00	55	Samuel EVERETT	F	West Suffolk	35.56
28	James EVERETT	C	West Suffolk	44.81					

#### EVENT 14 Female 50m Breaststroke

1	Anastasia MANDRYKA	A	teamipswich		43	Charlotte CURRY	E	Hadleigh	49.56
2	Milla LARGE	B	Leiston		44	Erin HASELWOOD	E	Stowmarket	49.50
3	Julia SLOCIAK	F	Felixstowe		45	Amber DAYNES	B	Stowmarket	49.41
4	Sophie HAMMOND	B	West Suffolk		46	Isabelle WHITTAKER	F	Team Waveney	48.88
5	Tilly TAYLOR	A	West Suffolk	01:12.2	47	Beau WATERHOUSE	C	Newmarket	48.62
6	Florence BREWSTER	A	Stowmarket	01:06.0	48	Lauren SMITH	E	Team Waveney	48.60
7	Elana KOTEI	B	Stowmarket	01:05.5	49	Annabelle KNIGHTS	C	St Felix Sch	48.31
8	Martha TYDEMAN	A	Stowmarket	01:04.5	50	Luna SMITH	B	Newmarket	48.22
9	Eloise WELSFORD	A	Deben	01:02.9	51	Abigail MCWATTIE	C	West Suffolk	48.19
10	Lana Raine TURNER	A	Team Waveney	01:02.3	52	Annaliese HEDGES	C	Stowmarket	47.99
11	Tilly SHEASBY	A	Newmarket	01:00.3	53	Lucy HUNTER	D	Newmarket	47.94
12	Isla DEXTER	B	Newmarket	01:00.3	54	Neve JERROLD	D	Deben	47.88

13	Zara JEWERS	A	Stowmarket	59.68	55	Tatiana THOMPSON	C	Leiston	47.84
14	Chloe LOOCK	B	teamipswich	59.67	56	C MORTON-WRIGHT	C	Deben	47.62
15	Ruby SAUNDERS	B	Leiston	59.02	57	Lola-Rose CURTIN	C	Team Waveney	47.00
16	Jessie BARBER	A	Newmarket	58.09	58	Lyra JAMES	E	Hadleigh	46.87
17	Freya WELHAM	A	Stowmarket	58.09	59	Emrys-Samaya LESTER	E	Team Waveney	46.70
18	Willow RYDER	A	West Suffolk	56.78	60	Poppy MOORE	C	West Suffolk	46.45
19	Raphaella GINJA	B	Team Waveney	56.59	61	Rosie WHITING	D	Deben	46.44
20	Erin MILLIN	C	Stowmarket	56.56	62	Chloe FRANCIS	F	Team Waveney	46.22
21	Amelie COCKERTON-PRYCE	B	Newmarket	56.28	63	Isabella BRYAN	D	teamipswich	46.22
22	Alexandra ROLFE	F	teamipswich	55.98	64	Verity CARTER	E	Stowmarket	46.11
23	Daisy TEMPLER	A	Stowmarket	55.31	65	Alexandra WOODS	E	St Felix Sch	46.04
24	Amelia KNIGHTS	A	St Felix Sch	55.11	66	Holly TRAVELL	E	Team Waveney	45.91
25	Kayleigh MURTON	B	teamipswich	54.56	67	Matilda CATOR	D	Team Waveney	45.67
26	Ruby BEEVOR	E	Team Waveney	54.34	68	Mia BURGESS	E	Deben	45.64
27	Olivia BRYANT	A	Stowmarket	54.14	69	Lottie HARTE	B	Newmarket	45.42
28	Eloise SPILLING	C	Stowmarket	53.97	70	Rosie PIETZKA	F	West Suffolk	45.33
29	Skye BROMLEY	C	Team Waveney	53.86	71	Anabelle WAN	C	Felixstowe	45.04
30	Amelia GLENNON	B	Leiston	53.48	72	Kiera HAWKRIDGE	D	Felixstowe	44.84
31	Joella GOODKIND	C	West Suffolk	53.46	73	Rosie PERRY	C	West Suffolk	44.81
32	Erin CRANE	D	Deben	53.20	74	Umeko LO PATERSON	E	Newmarket	44.57
33	Matilda SMITH	B	Team Waveney	52.62	75	Mia GIBSON	F	Hadleigh	44.05
34	Freya FELL	D	Stowmarket	52.43	76	Emily HUTTON	F	Stowmarket	43.94
35	Evie TIGGES	B	Hadleigh	52.21	77	Olivia SHEASBY	F	Newmarket	43.06
36	Elinor MCTAGGART	B	Deben	51.12	78	Amelie HARRISON	E	Stowmarket	42.69
37	Isla THORN	C	St Felix Sch	51.07	79	Evie KINNETT	F	Newmarket	42.43
38	Caitlin MILLEN	B	Stowmarket	51.02	80	Imogen BALL	F	Team Waveney	41.98
39	Amelia BECKWITH-COLE	C	Hadleigh	50.95	81	Charlotte LUCKETT	F	Team Waveney	41.73
40	Grace WILLIAMS	B	Deben	50.93	82	Poppy CATOR	F	Team Waveney	41.25
41	Isla HALLAM	B	Team Waveney	50.64	83	Florence DAVIES	F	Deben	40.99
42	Kate NICOLSON	D	Deben	50.56	84	Taome EMMERSON	F	Leiston	40.31

#### EVENT 15 Open/Male 100m Backstroke

1	L SMITH	F	Hadleigh		17	Harrison PAGE	E	West Suffolk	01:24.9
2	Zak BARBER	F	Team Waveney		18	Thomas ALLEN	F	West Suffolk	01:24.3
3	Reuben GILES	B	Stowmarket		19	James WHITTAKER	D	Team Waveney	01:24.1
4	Harry EDWARDS	A	Team Waveney	01:51.9	20	Rex HARRISON	C	Stowmarket	01:23.5
5	Henry COTTINGHAM	D	Hadleigh	01:46.7	21	Logan BROADHURST	F	teamipswich	01:22.5
6	Ricards KOROTKIHS	C	teamipswich	01:44.5	22	Alexandre VEYSSIER	E	Newmarket	01:21.9
7	James EVERETT	C	West Suffolk	01:37.7	23	Aidan SCOTT	E	St Felix Sch	01:21.1
8	Matthew BLACKWELL	B	West Suffolk	01:33.8	24	Alastair SHEERAN	E	Felixstowe	01:20.6
9	Heath HARRISON	C	Stowmarket	01:33.3	25	Jed MILLIN	F	Stowmarket	01:20.6
10	Logan RUDD	B	St Felix Sch	01:32.3	26	Cameron JACKSON	D	Felixstowe	01:19.2
11	Sebastian CLOKE	C	Deben	01:31.6	27	Finlay BLAGG	E	Stowmarket	01:14.7
12	Ewan WILCOX	C	Felixstowe	01:31.3	28	Owen YOUNG	F	Felixstowe	01:14.1
13	Aron MOZES	B	teamipswich	01:29.7	29	Ciaran STRIKE	F	Team Waveney	01:11.6
14	Charles STOCK	E	St Felix Sch	01:26.7	30	Teilo RUFFLES-FRANCIS	F	Stowmarket	01:11.3
15	Joshua BLAGG	C	Stowmarket	01:26.6	31	Thomas WALKER	F	Team Waveney	01:10.4
16	Dexter WINTERBURN	C	teamipswich	01:26.3	32	Vaughn RUFFLES-FRANCIS	F	Stowmarket	01:10.1

#### EVENT 16 Female 100m Backstroke

1	Amelia GLENNON	B	Leiston		30	Lauren SMITH	E	Team Waveney	01:29.2
2	Freya WELHAM	A	Stowmarket		31	Nellie SNOWDEN	B	Deben	01:28.8
3	Lola-Rose CURTIN	C	Team Waveney		32	Isla THORN	C	St Felix Sch	01:28.5
4	Anabelle WAN	C	Felixstowe		33	Luna SMITH	B	Newmarket	01:28.4
5	Sophie HAMMOND	B	West Suffolk	02:21.7	34	Amber DAYNES	B	Stowmarket	01:28.1
6	Ettie PEARCE	A	Deben	01:59.9	35	Annaliese HEDGES	C	Stowmarket	01:28.1

7	Isla DEXTER	B	Newmarket	01:59.9	36	Emily HUTTON	F	Stowmarket	01:27.8
8	Tilly SHEASBY	A	Newmarket	01:57.0	37	Charlotte CATCHPOLE	D	Leiston	01:26.7
9	Bella ROBERTSON	A	Stowmarket	01:56.9	38	Beau WATERHOUSE	C	Newmarket	01:26.6
10	Elana KOTEI	B	Stowmarket	01:56.6	39	Emrys-Samaya LESTER	E	Team Waveney	01:26.2
11	Martha TYDEMAN	A	Stowmarket	01:54.6	40	Freya REED	C	West Suffolk	01:23.9
12	Amelie COCKERTON-PRYCE	B	Newmarket	01:52.1	41	Verity CARTER	E	Stowmarket	01:23.6
13	Jessica NICHOLS	B	Team Waveney	01:51.4	42	Emily WRIGHT	F	Stowmarket	01:21.9
14	Skye BROMLEY	C	Team Waveney	01:46.9	43	Samantha MARTELINO	D	Newmarket	01:21.5
15	Erin MILLIN	C	Stowmarket	01:45.2	44	Amelie HARRISON	E	Stowmarket	01:21.2
16	Mia KING	B	Team Waveney	01:44.3	45	Evie KINNETT	F	Newmarket	01:20.9
17	Joella GOODKIND	C	West Suffolk	01:43.2	46	Isabella BRYAN	D	teamipswich	01:19.9
18	Ruby BEEVOR	E	Team Waveney	01:42.3	47	Olivia SHEASBY	F	Newmarket	01:19.3
19	Ruby BROADWATER	A	teamipswich	01:41.6	48	Alexandra WOODS	E	St Felix Sch	01:19.0
20	Phoebe PHILLPOT	A	teamipswich	01:40.8	49	Sophie HARRINGTON	F	Deben	01:18.2
21	Mae-Belle DOGGETT	C	Newmarket	01:40.8	50	Imogen BALL	F	Team Waveney	01:18.0
22	Abigail MCWATTIE	C	West Suffolk	01:39.5	51	Jessica COLLINSON	E	Deben	01:18.0
23	Jessie BARBER	A	Newmarket	01:39.2	52	Annabelle CARTER	F	Stowmarket	01:17.2
24	Lottie HARTE	B	Newmarket	01:36.3	53	Grace ELLIS	F	Newmarket	01:16.8
25	Grace WILLIAMS	B	Deben	01:35.6	54	Iona TAIT	F	Deben	01:16.2
26	Gabriella GINJA	E	Team Waveney	01:32.2	55	Katie WALKER	F	Deben	01:15.7
27	Isla MASON	B	Stowmarket	01:32.0	56	Isabel MOORE	F	West Suffolk	01:15.5
28	Neve JERROLD	D	Deben	01:29.6	57	Maia THOMPSON	F	Team Waveney	01:09.8
29	Poppy MOORE	C	West Suffolk	01:29.6					

#### EVENT 17 Open/Male 200m Freestyle

1	Alfie THOMPSON	C	Leiston		17	Angus THOMPSON	E	Leiston	02:39.5
2	Aiden GENTRY	A	Team Waveney		18	Kyren WILLIAMS	C	teamipswich	02:38.5
3	Ted THOMPSON	C	Leiston		19	Alexandre VEYSSIER	E	Newmarket	02:35.9
4	Jacob REED	A	West Suffolk		20	Oscar FROST	F	Leiston	02:34.6
5	Tom BARBER	C	Team Waveney		21	Finlay BLAGG	E	Stowmarket	02:31.3
6	Matthew BLACKWELL	B	West Suffolk	03:39.3	22	Zak BARBER	F	Team Waveney	02:31.1
7	Evan HARRISON	B	teamipswich	03:11.6	23	Owen YOUNG	F	Felixstowe	02:30.2
8	Logan RUDD	B	St Felix Sch	03:00.1	24	Samuel BLACKWELL	F	West Suffolk	02:26.6
9	Sebastian CLOKE	C	Deben	02:59.0	25	Alastair SHEERAN	E	Felixstowe	02:23.6
10	Buddy THAIN	C	teamipswich	02:52.0	26	Liam-Nik MATTHEWS	F	Team Waveney	02:22.9
11	Diggory DAVIES	C	Deben	02:50.5	27	Thomas WILLIAMS	F	West Suffolk	02:22.2
12	Rex HARRISON	C	Stowmarket	02:47.0	28	Sebastian REYNOLDS	F	Hadleigh	02:21.8
13	Thomas KIRK	E	Leiston	02:46.6	29	Teilo RUFFLES-FRANCIS	F	Stowmarket	02:20.2
14	Dylan LAMBLE	C	teamipswich	02:46.2	30	Thomas WALKER	F	Team Waveney	02:18.6
15	Thomas ALLEN	F	West Suffolk	02:43.5	31	Ciaran STRIKE	F	Team Waveney	02:14.4
16	Jed MILLIN	F	Stowmarket	02:39.9					

#### EVENT 18 Female 200m Butterfly

1	Caitlin MILLEN	B	Stowmarket		3	Maelys JACQUET	C	Felixstowe	03:33.5
2	Amelie HARRISON	E	Stowmarket		4	May RICHARDSON	F	Stowmarket	02:55.0

#### EVENT 19 Open/Male 50m Butterfly

1	Ned CAILES	E	West Suffolk		19	Nathan HONG	F	teamipswich	37.86
2	Scott DIAS	D	Team Waveney		20	Harrison PAGE	E	West Suffolk	37.69
3	Freddie PRITCHARD	A	Stowmarket		21	Oliver BUTT	D	Deben	37.45
4	Oliver CREASY	B	West Suffolk	58.37	22	Angus THOMPSON	E	Leiston	36.65
5	Aiden GALE	A	Deben	55.75	23	Attila MOZES	D	teamipswich	36.60
6	Aiden GENTRY	A	Team Waveney	55.14	24	Zak BARBER	F	Team Waveney	36.29
7	Alfie THOMPSON	C	Leiston	49.49	25	Luke TIGGES	F	Hadleigh	36.04
8	James EVERETT	C	West Suffolk	48.08	26	Oscar FROST	F	Leiston	35.82
9	Ted THOMPSON	C	Leiston	47.85	27	Thomas KIRK	E	Leiston	35.48
10	Daniel EVANS	B	Deben	46.57	28	Liam-Nik MATTHEWS	F	Team Waveney	35.19



11	Conner BROADHURST	D	teamipswich	46.33	29	Logan BROADHURST	F	teamipswich	34.53
12	Dexter WINTERBURN	C	teamipswich	43.69	30	Elliot STEENKAMP	F	Newmarket	34.39
13	Ricards KOROTKIHS	C	teamipswich	43.65	31	Elijah GOODKIND	E	West Suffolk	34.18
14	Harry PAWLE	F	Leiston	41.66	32	Henry WALLACE	F	Stowmarket	34.13
15	Henry COTTINGHAM	D	Hadleigh	39.94	33	Zachariah BROAD	E	West Suffolk	33.53
16	Joshua LIEBENBERG	B	Newmarket	39.56	34	Alastair SHEERAN	E	Felixstowe	32.85
17	Tom BARBER	C	Team Waveney	38.66	35	Jack BIDDLE	F	Team Waveney	30.05
18	Charles STOCK	E	St Felix Sch	38.40					

#### EVENT 20 Female 50m Freestyle

1	Milla LARGE	B	Leiston		53	Kiera HAWKRIDGE	D	Felixstowe	36.29
2	Imogen BALL	F	Team Waveney		54	Zuzanna MATUSZEK	E	Felixstowe	36.17
3	Sophie HAMMOND	B	West Suffolk	51.59	55	Lucy PHILLIPS	D	Felixstowe	35.40
4	Elana KOTEI	B	Stowmarket	50.48	56	Mia BURGESS	E	Deben	35.37
5	Ettie PEARCE	A	Deben	49.14	57	Ruby BEEVOR	E	Team Waveney	35.34
6	Erin MILLIN	C	Stowmarket	47.87	58	Annaliese HEDGES	C	Stowmarket	35.12
7	Tilly TAYLOR	A	West Suffolk	47.55	59	Lottie HARTE	B	Newmarket	35.03
8	Daisy TEMPLER	A	Stowmarket	46.95	60	Amelia BECKWITH-COLE	C	Hadleigh	35.02
9	Lana Raine TURNER	A	Team Waveney	46.51	61	Betsy KIRK	C	Leiston	34.87
10	Freya WELHAM	A	Stowmarket	46.48	62	Lucy HUNTER	D	Newmarket	34.80
11	Martha TYDEMAN	A	Stowmarket	45.83	63	Hannah GILBERT	E	West Suffolk	34.77
12	Leah RHODES	A	Felixstowe	44.62	64	Mia GIBSON	F	Hadleigh	34.76
13	Zara JEWERS	A	Stowmarket	44.51	65	Lola-Rose CURTIN	C	Team Waveney	34.73
14	Ruby BROADWATER	A	teamipswich	43.63	66	Lyra JAMES	E	Hadleigh	34.64
15	Jessica NICHOLS	B	Team Waveney	43.14	67	Umeko LO PATERSON	E	Newmarket	34.55
16	Amelia GLENNON	B	Leiston	42.91	68	Isabella GALE	F	Deben	34.42
17	Chloe LOOCK	B	teamipswich	42.88	69	Matilda CATOR	D	Team Waveney	34.40
18	Elinor MCTAGGART	B	Deben	42.86	70	Charlotte CURRY	E	Hadleigh	34.37
19	Olivia BRYANT	A	Stowmarket	42.80	71	Anabelle WAN	C	Felixstowe	34.27
20	Isla DEXTER	B	Newmarket	42.66	72	Erin HASELWOOD	E	Stowmarket	34.17
21	Eden HENDER	B	Team Waveney	42.46	73	Emrys-Samaya LESTER	E	Team Waveney	34.09
22	Isla HALLAM	B	Team Waveney	42.44	74	Lauren SMITH	E	Team Waveney	33.88
23	Mae-Belle DOGGETT	C	Newmarket	42.30	75	Poppy MOORE	C	West Suffolk	33.67
24	Amelie COCKERTON-PRYCE	B	Newmarket	42.27	76	Emily WRIGHT	F	Stowmarket	33.63
25	Bella ROBERTSON	A	Stowmarket	42.11	77	Taome EMMERSON	F	Leiston	33.57
26	Ruby SAUNDERS	B	Leiston	41.89	78	Emily HUTTON	F	Stowmarket	33.56
27	Alexandra ROLFE	F	teamipswich	41.60	79	Holly TRAVELL	E	Team Waveney	33.43
28	Tatiana THOMPSON	C	Leiston	41.30	80	Brooke COPPING	D	West Suffolk	33.29
29	Joella GOODKIND	C	West Suffolk	41.22	81	Chloe FRANCIS	F	Team Waveney	33.23
30	Raphaella GINJA	B	Team Waveney	41.09	82	Rosie WHITING	D	Deben	33.09
31	Evie TIGGES	B	Hadleigh	41.03	83	Charlotte LUCKETT	F	Team Waveney	32.85
32	Tilly SHEASBY	A	Newmarket	40.98	84	Samantha MARTELINO	D	Newmarket	32.57
33	Kayleigh MURTON	B	teamipswich	40.91	85	Verity CARTER	E	Stowmarket	32.56
34	Skye BROMLEY	C	Team Waveney	40.38	86	Chloe DOCKERILL	F	West Suffolk	32.53
35	Erin CRANE	D	Deben	40.22	87	Isabella BRYAN	D	teamipswich	32.42
36	Freya FELL	D	Stowmarket	40.09	88	Charlotte CATCHPOLE	D	Leiston	32.21
37	Millie ASHWORTH	C	Deben	40.02	89	Sophie HARRINGTON	F	Deben	32.18
38	C MORTON-WRIGHT	C	Deben	39.88	90	Rebecca LUCKETT	C	St Felix Sch	32.15
39	Hannah SMITH	D	Felixstowe	39.56	91	Rosie PIETZKA	F	West Suffolk	32.14
40	Abbi MCTAGGART	E	Deben	38.62	92	Francesca THOMPSON	D	Team Waveney	31.75
41	Mia COPPING	B	West Suffolk	38.61	93	Emily TURNER	E	St Felix Sch	31.61
42	Isla THORN	C	St Felix Sch	38.01	94	Ella STEWART	E	West Suffolk	31.52
43	Isla MASON	B	Stowmarket	37.87	95	Nell MOTTS	F	Hadleigh	31.46
44	Erin STEWART	C	West Suffolk	37.77	96	Poppy CATOR	F	Team Waveney	31.31
45	Grace WILLIAMS	B	Deben	37.61	97	Olivia SHEASBY	F	Newmarket	31.05

46	Eloise SPILLING	C	Stowmarket	37.43	98	Amber FINBOW	F	Deben	30.88
47	Abigail MCWATTIE	C	West Suffolk	37.29	99	Grace ELLIS	F	Newmarket	30.70
48	Olivia STROUD	B	Hadleigh	37.28	100	Annabelle CARTER	F	Stowmarket	30.68
49	Kate NICOLSON	D	Deben	37.19	101	Isobelle WHITTAKER	F	Team Waveney	30.57
50	Gabriella GINJA	E	Team Waveney	36.87	102	Katie WALKER	F	Deben	30.56
51	Matilda SMITH	B	Team Waveney	36.75	103	Isabel MOORE	F	West Suffolk	30.51
52	Rosie PERRY	C	West Suffolk	36.35	104	Florence DAVIES	F	Deben	30.36

#### EVENT 21 Open/Male 200m IM

1	Reuben GILES	B	Stowmarket		11	Dexter WINTERBURN	C	teamipswich	03:13.9
2	Lucian DEWSON	C	teamipswich		12	Jed MILLIN	F	Stowmarket	03:09.8
3	Aiden GENTRY	A	Team Waveney		13	James WHITTAKER	D	Team Waveney	03:07.7
4	Spencer BATTISSON	F	Team Waveney		14	Oliver BUTT	D	Deben	03:03.5
5	Harry EDWARDS	A	Team Waveney		15	Dylan LAMBLE	C	teamipswich	02:58.1
6	Sebastien COLLIER	C	Newmarket	03:35.4	16	Attila MOZES	D	teamipswich	02:51.8
7	Conner BROADHURST	D	teamipswich	03:30.3	17	Logan BROADHURST	F	teamipswich	02:47.9
8	Charles STOCK	E	St Felix Sch	03:20.2	18	Thomas WILLIAMS	F	West Suffolk	02:44.3
9	Heath HARRISON	C	Stowmarket	03:18.7	19	Jack BIDLE	F	Team Waveney	02:35.9
10	Richard LEVELL	D	West Suffolk	03:17.2	20	Samuel TOLPUTT	F	Deben	02:31.7

#### EVENT 22 Female 200m Backstroke

1	Lottie ELLIS	F	Deben		16	Amelie HARRISON	E	Stowmarket	03:04.2
2	Eloise WELSFORD	A	Deben		17	Freya REED	C	West Suffolk	03:02.2
3	Freya WELHAM	A	Stowmarket		18	Emily WRIGHT	F	Stowmarket	02:58.9
4	Caitlin MILLEN	B	Stowmarket		19	Annabelle CARTER	F	Stowmarket	02:58.2
5	Erin MILLIN	C	Stowmarket	04:05.9	20	Charlotte CATCHPOLE	D	Leiston	02:54.8
6	Jessica NICHOLS	B	Team Waveney	03:51.3	21	Eloise MANTON	F	West Suffolk	02:49.9
7	Mia KING	B	Team Waveney	03:48.2	22	Isabella BRYAN	D	teamipswich	02:49.9
8	Abigail MCWATTIE	C	West Suffolk	03:30.9	23	Alexandra WOODS	E	St Felix Sch	02:49.7
9	Nellie SNOWDEN	B	Deben	03:30.2	24	Sophie HARRINGTON	F	Deben	02:49.7
10	Olivia STROUD	B	Hadleigh	03:28.9	25	Amber RIDGEON	F	Leiston	02:46.0
11	Willow RYDER	A	West Suffolk	03:28.8	26	Ella STEWART	E	West Suffolk	02:45.3
12	Hannah GILBERT	E	West Suffolk	03:15.1	27	Katie WALKER	F	Deben	02:44.4
13	Maelys JACQUET	C	Felixstowe	03:09.9	28	Elizabeth ENGLAND	F	Stowmarket	02:43.7
14	Verity CARTER	E	Stowmarket	03:09.1	29	Maia THOMPSON	F	Team Waveney	02:31.4
15	Luna SMITH	B	Newmarket	03:08.3					

#### EVENT 23 Open/Male 50m Freestyle

1	Vian PARIKH	A	Deben		34	Rex HARRISON	C	Stowmarket	35.04
2	Faramir-Daniel NEWPORT	B	Stowmarket		35	Oscar TOLPUTT	D	Deben	35.03
3	Zak BARBER	F	Team Waveney		36	Charles STOCK	E	St Felix Sch	34.96
4	Ned CAILES	E	West Suffolk		37	Richard LEVELL	D	West Suffolk	34.66
5	Yannick CROWTHER	B	Felixstowe	01:06.5	38	Buddy THAIN	C	teamipswich	34.62
6	Robert KOROTKIHS	C	teamipswich	47.60	39	Harry PAWLE	F	Leiston	34.35
7	Lucian DEWSON	C	teamipswich	46.52	40	Sebastien COLLIER	C	Newmarket	34.32
8	Scott DIAS	D	Team Waveney	46.14	41	Thomas KIRK	E	Leiston	33.67
9	Oliver CREASY	B	West Suffolk	45.61	42	Harrison PAGE	E	West Suffolk	33.49
10	Chesare READ	A	teamipswich	43.28	43	Cameron JACKSON	D	Felixstowe	33.42
11	Aiden GENTRY	A	Team Waveney	43.06	44	Joshua LIEBENBERG	B	Newmarket	33.05
12	Oscar OSBORNE	A	Newmarket	42.90	45	Henry COTTINGHAM	D	Hadleigh	32.83
13	Edward ALLBERRY	B	Stowmarket	42.08	46	Diggory DAVIES	C	Deben	32.57
14	Jacob REED	A	West Suffolk	42.03	47	Logan BROADHURST	F	teamipswich	32.01
15	Matthew BLACKWELL	B	West Suffolk	40.29	48	Luke TIGGES	F	Hadleigh	31.79
16	Daniel EVANS	B	Deben	38.71	49	Samuel BLACKWELL	F	West Suffolk	31.65
17	James EVERETT	C	West Suffolk	38.43	50	Elijah GOODKIND	E	West Suffolk	31.53
18	Ewan WILCOX	C	Felixstowe	38.38	51	Jed MILLIN	F	Stowmarket	31.43
19	Oscar REYNOLDS	B	Hadleigh	38.38	52	Henry WALLACE	F	Stowmarket	31.27

20	William BENNETT	B	Deben	38.04	53	Zachariah BROAD	E	West Suffolk	31.15
21	Evan HARRISON	B	teamipswich	37.18	54	Aiden READ	C	teamipswich	30.97
22	Ricards KOROTKIHS	C	teamipswich	36.77	55	James WHITTAKER	D	Team Waveney	30.93
23	Logan RUDD	B	St Felix Sch	36.69	56	Owen YOUNG	F	Felixstowe	30.67
24	Joshua BLAGG	C	Stowmarket	36.55	57	L SMITH	F	Hadleigh	30.67
25	Ted THOMPSON	C	Leiston	36.51	58	Nathan HONG	F	teamipswich	30.64
26	Alfie THOMPSON	C	Leiston	36.48	59	Alexandre VEYSSIER	E	Newmarket	30.42
27	Conner BROADHURST	D	teamipswich	36.44	60	Elliot STEENKAMP	F	Newmarket	30.39
28	Aron MOZES	B	teamipswich	36.44	61	Aidan SCOTT	E	St Felix Sch	29.88
29	Dylan LAMBLE	C	teamipswich	36.39	62	Cameron WHITING	F	Deben	29.50
30	Sebastian CLOKE	C	Deben	36.18	63	Thomas WALKER	F	Team Waveney	29.36
31	Rhys WATSHAM	C	St Felix Sch	35.64	64	Alastair SHEERAN	E	Felixstowe	28.49
32	James ALLBERRY	D	Stowmarket	35.38	65	Jack BIDLE	F	Team Waveney	27.22
33	Tom BARBER	C	Team Waveney	35.36					

#### EVENT 24 Female 50m Butterfly

1	Martha TYDEMAN	A	Stowmarket		29	Luna SMITH	B	Newmarket	42.19
2	Eden HENDER	B	Team Waveney		30	Eloise SPILLING	C	Stowmarket	42.13
3	Freya WELHAM	A	Stowmarket		31	Charlotte CURRY	E	Hadleigh	41.30
4	Hannah GILBERT	E	West Suffolk		32	Betsy KIRK	C	Leiston	41.27
5	Amelia MUMFORD	F	Hadleigh		33	Matilda CATOR	D	Team Waveney	41.26
6	Lana Raine TURNER	A	Team Waveney	57.94	34	Erin HASELWOOD	E	Stowmarket	40.75
7	Evie TIGGES	B	Hadleigh	57.19	35	Isabella GALE	F	Deben	40.48
8	Ettie PEARCE	A	Deben	55.08	36	Isabella BRYAN	D	teamipswich	40.32
9	Kayleigh MURTON	B	teamipswich	54.73	37	Annaliese HEDGES	C	Stowmarket	39.28
10	Mae-Belle DOGGETT	C	Newmarket	54.25	38	Hannah HATCHER	F	West Suffolk	38.80
11	Skye BROMLEY	C	Team Waveney	53.51	39	Charlotte CATCHPOLE	D	Leiston	38.55
12	Isla HALLAM	B	Team Waveney	53.09	40	Emily TURNER	E	St Felix Sch	37.56
13	Amelia GLENNON	B	Leiston	51.43	41	Mia GIBSON	F	Hadleigh	37.47
14	Tilly SHEASBY	A	Newmarket	51.14	42	Chloe FRANCIS	F	Team Waveney	37.41
15	C MORTON-WRIGHT	C	Deben	51.14	43	Lauren SMITH	E	Team Waveney	37.28
16	Ruby BROADWATER	A	teamipswich	50.79	44	Taome EMMERSON	F	Leiston	36.90
17	Mia COPPING	B	West Suffolk	50.47	45	Imogen BALL	F	Team Waveney	36.90
18	Amelia BECKWITH-COLE	C	Hadleigh	47.56	46	Rebecca LUCKETT	C	St Felix Sch	36.73
19	Lottie HARTE	B	Newmarket	46.68	47	Amelie HARRISON	E	Stowmarket	36.18
20	Joella GOODKIND	C	West Suffolk	46.15	48	Rosie PIETZKA	F	West Suffolk	36.09
21	Jessie BARBER	A	Newmarket	46.02	49	Poppy CATOR	F	Team Waveney	35.72
22	Matilda SMITH	B	Team Waveney	45.04	50	Nell MOTTS	F	Hadleigh	35.66
23	Ruby BEEVOR	E	Team Waveney	44.99	51	Olivia SHEASBY	F	Newmarket	34.92
24	Lola-Rose CURTIN	C	Team Waveney	44.52	52	Isobelle WHITTAKER	F	Team Waveney	34.80
25	Erin CRANE	D	Deben	44.44	53	Beatrice COLLIER	F	Newmarket	34.36
26	Lucy HUNTER	D	Newmarket	43.94	54	Florence DAVIES	F	Deben	33.93
27	Nellie SNOWDEN	B	Deben	43.27	55	Iona TAIT	F	Deben	33.18
28	Rosie PERRY	C	West Suffolk	42.60					

#### EVENT 25 Open/Male 100m Breaststroke

1	Robert KOROTKIHS	C	teamipswich		23	Richard LEVELL	D	West Suffolk	01:38.8
2	Zachariah BROAD	E	West Suffolk		24	Elijah GOODKIND	E	West Suffolk	01:37.8
3	L SMITH	F	Hadleigh		25	Rex HARRISON	C	Stowmarket	01:37.3
4	Aiden GENTRY	A	Team Waveney	02:26.0	26	Jed MILLIN	F	Stowmarket	01:37.3
5	Harry EDWARDS	A	Team Waveney	02:17.8	27	Spencer BATTISSON	F	Team Waveney	01:36.9
6	Edward ALLBERRY	B	Stowmarket	02:14.6	28	Tom BARBER	C	Team Waveney	01:35.7
7	Oscar OSBORNE	A	Newmarket	02:03.1	29	Buddy THAIN	C	teamipswich	01:35.0
8	Aiden GALE	A	Deben	02:01.6	30	Samuel BLACKWELL	F	West Suffolk	01:32.5
9	William BENNETT	B	Deben	01:57.5	31	Aiden READ	C	teamipswich	01:31.7
10	Matthew BLACKWELL	B	West Suffolk	01:53.1	32	Luke TIGGES	F	Hadleigh	01:30.7

11	Lucian DEWSON	C	teamipswich	01:52.8	33	Liam-Nik MATTHEWS	F	Team Waveney	01:30.3
12	Reuben GILES	B	Stowmarket	01:51.3	34	Alastair SHEERAN	E	Felixstowe	01:29.9
13	Evan HARRISON	B	teamipswich	01:50.7	35	Logan BROADHURST	F	teamipswich	01:28.9
14	Conner BROADHURST	D	teamipswich	01:50.2	36	Antoni MATUSZEK	F	Felixstowe	01:24.6
15	Alexandre VEYSSIER	E	Newmarket	01:48.8	37	Thomas WILLIAMS	F	West Suffolk	01:24.3
16	Oscar REYNOLDS	B	Hadleigh	01:46.4	38	Aidan SCOTT	E	St Felix Sch	01:23.6
17	James ALLBERRY	D	Stowmarket	01:45.9	39	Nathan HONG	F	teamipswich	01:21.7
18	Diggory DAVIES	C	Deben	01:44.7	40	Owen YOUNG	F	Felixstowe	01:20.7
19	James EVERETT	C	West Suffolk	01:41.7	41	Henry WALLACE	F	Stowmarket	01:20.7
20	Elliot STEENKAMP	F	Newmarket	01:40.4	42	Vaughn RUFFLES-FRANCIS	F	Stowmarket	01:19.7
21	Attila MOZES	D	teamipswich	01:40.4	43	Teilo RUFFLES-FRANCIS	F	Stowmarket	01:18.7
22	Heath HARRISON	C	Stowmarket	01:39.3					

#### EVENT 26 Female 100m Breaststroke

1	Kiera HAWKRIDGE	D	Felixstowe		25	Lottie HARTE	B	Newmarket	01:47.2
2	Skye BROMLEY	C	Team Waveney		26	C MORTON-WRIGHT	C	Deben	01:46.7
3	Erin CRANE	D	Deben		27	Lyra JAMES	E	Hadleigh	01:45.6
4	Amelia MUMFORD	F	Hadleigh		28	Abigail MCWATTIE	C	West Suffolk	01:44.7
5	Eloise SPILLING	C	Stowmarket		29	Rosie PERRY	C	West Suffolk	01:44.7
6	Willow RYDER	A	West Suffolk		30	Verity CARTER	E	Stowmarket	01:44.0
7	Freya WELHAM	A	Stowmarket	02:19.1	31	Luna SMITH	B	Newmarket	01:42.8
8	Jessie BARBER	A	Newmarket	02:06.1	32	Erin STEWART	C	West Suffolk	01:41.2
9	Matilda SMITH	B	Team Waveney	02:02.9	33	Umeko LO PATERSON	E	Newmarket	01:40.8
10	Daisy TEMPLER	A	Stowmarket	02:01.9	34	Maelys JACQUET	C	Felixstowe	01:39.4
11	Kayleigh MURTON	B	teamipswich	02:00.7	35	Mia BURGESS	E	Deben	01:38.9
12	Erin MILLIN	C	Stowmarket	02:00.6	36	Mia GIBSON	F	Hadleigh	01:34.8
13	Joella GOODKIND	C	West Suffolk	01:59.4	37	Amelie HARRISON	E	Stowmarket	01:34.7
14	Bella ROBERTSON	A	Stowmarket	01:57.4	38	Beatrice COLLIER	F	Newmarket	01:32.2
15	Phoebe PHILLPOT	A	teamipswich	01:56.2	39	Poppy CATOR	F	Team Waveney	01:31.8
16	Evie TIGGES	B	Hadleigh	01:55.5	40	Amber FINBOW	F	Deben	01:31.8
17	Amelia BECKWITH-COLE	C	Hadleigh	01:54.4	41	Imogen BALL	F	Team Waveney	01:31.6
18	Kate NICOLSON	D	Deben	01:51.5	42	Charlotte LUCKETT	F	Team Waveney	01:31.5
19	Freya FELL	D	Stowmarket	01:51.4	43	Grace ELLIS	F	Newmarket	01:30.1
20	Matilda CATOR	D	Team Waveney	01:48.6	44	Florence DAVIES	F	Deben	01:28.9
21	Holly TRAVELL	E	Team Waveney	01:48.4	45	Maia THOMPSON	F	Team Waveney	01:28.7
22	Erin HASELWOOD	E	Stowmarket	01:48.4	46	Elizabeth ENGLAND	F	Stowmarket	01:26.2
23	Lilley DRING	E	Deben	01:47.9	47	Eloise MANTON	F	West Suffolk	01:25.0
24	Mia KING	B	Team Waveney	01:47.3					

#### EVENT 27 Open/Male 200m Backstroke

1	Jacob REED	A	West Suffolk		9	Dexter WINTERBURN	C	teamipswich	03:03.1
2	Robert KOROTKIHS	C	teamipswich		10	Rex HARRISON	C	Stowmarket	03:02.4
3	Heath HARRISON	C	Stowmarket		11	Alexandre VEYSSIER	E	Newmarket	03:01.3
4	Logan RUDD	B	St Felix Sch	03:17.4	12	Jed MILLIN	F	Stowmarket	02:59.7
5	Charles STOCK	E	St Felix Sch	03:15.2	13	Cameron JACKSON	D	Felixstowe	02:52.7
6	Sebastian CLOKE	C	Deben	03:15.2	14	Finlay BLAGG	E	Stowmarket	02:44.6
7	Aron MOZES	B	teamipswich	03:11.1	15	Teilo RUFFLES-FRANCIS	F	Stowmarket	02:38.1
8	Joshua BLAGG	C	Stowmarket	03:04.1	16	Thomas WALKER	F	Team Waveney	02:32.6

#### EVENT 28 Female 200m Freestyle

1	Eloise SPILLING	C	Stowmarket		25	Charlotte CURRY	E	Hadleigh	02:45.7
2	Betsy KIRK	C	Leiston		26	Beatrice SNOWDEN	F	Deben	02:44.7
3	Phoebe PHILLPOT	A	teamipswich		27	Freya REED	C	West Suffolk	02:42.4
4	Olivia MURPHY	C	Deben		28	Samantha MARTELINO	D	Newmarket	02:38.9
5	Jessica COLLINSON	E	Deben		29	Lilley DRING	E	Deben	02:38.3
6	Lottie ELLIS	F	Deben		30	Hannah HATCHER	F	West Suffolk	02:36.4
7	Nellie SNOWDEN	B	Deben		31	Emily WRIGHT	F	Stowmarket	02:36.1

8	Lola-Rose CURTIN	C	Team Waveney		32	Isabella BRYAN	D	teamipswich	02:35.7
9	Freya WELHAM	A	Stowmarket		33	Chloe FRANCIS	F	Team Waveney	02:34.4
10	Martha TYDEMAN	A	Stowmarket	03:48.8	34	Imogen BALL	F	Team Waveney	02:34.2
11	Freya FELL	D	Stowmarket	03:44.4	35	Charlotte LUCKETT	F	Team Waveney	02:34.0
12	Caitlin MILLEN	B	Stowmarket	03:32.4	36	Emily TURNER	E	St Felix Sch	02:34.0
13	Erin STEWART	C	West Suffolk	03:18.4	37	Brooke COPPING	D	West Suffolk	02:32.6
14	Mia COPPING	B	West Suffolk	03:17.3	38	Poppy CATOR	F	Team Waveney	02:32.3
15	Willow RYDER	A	West Suffolk	03:13.2	39	Francesca THOMPSON	D	Team Waveney	02:31.1
16	Amelia KNIGHTS	A	St Felix Sch	03:07.7	40	Evie KINNETT	F	Newmarket	02:30.5
17	Isla THORN	C	St Felix Sch	03:05.4	41	Ella STEWART	E	West Suffolk	02:29.6
18	Lyra JAMES	E	Hadleigh	03:00.6	42	Amelie HARRISON	E	Stowmarket	02:28.6
19	Matilda SMITH	B	Team Waveney	02:58.5	43	Iona TAIT	F	Deben	02:28.4
20	Luna SMITH	B	Newmarket	02:57.2	44	Elizabeth ENGLAND	F	Stowmarket	02:27.4
21	Annabelle KNIGHTS	C	St Felix Sch	02:54.7	45	Eloise MANTON	F	West Suffolk	02:26.4
22	Hannah GILBERT	E	West Suffolk	02:50.5	46	Amber RIDGEON	F	Leiston	02:25.6
23	Beau WATERHOUSE	C	Newmarket	02:47.9	47	May RICHARDSON	F	Stowmarket	02:22.5
24	Annabelle CARTER	F	Stowmarket	02:46.6					