

Heat time	Heat #	Lane	Name	AoD	Club	Entry Time	Swum Time
1:30 PM Water familiarisation session 1							
1:50 PM	1	1	1 Oliver Creasy		13 West Suffolk		
		2	3 Oliver Ellard		11 West Suffolk		
		3	5 Matilda Westcott		11 Stowmarket		
		4	4 Rowan Kerry		15 Stowmarket		
		5	2 Audrey Convey		11 Stowmarket		
2:05 PM	2	1	6 Harrison Gadie		11 Stowmarket		
		2	8 Ethel Norton		12 West Suffolk		
		3	10 Molly Nowell		11 Stowmarket		
		4	9 Daisy Templer		12 Stowmarket		
		5	7 Alex Long		12 Stowmarket		
2:20 PM	3	1	12 Amelia Beckwith-Cole		14 Hadleigh		
		2	14 Freddie Pritchard		12 Stowmarket		
		3	16 Amber Daynes		13 Stowmarket		
		4	15 Verity Carter		16 Stowmarket		
		5	13 Erin Haselwood		16 Stowmarket		
		6	11 Elliott Thompson		12 Stowmarket		
2:35 PM	4	1	17 William Onslow		11 Mildenhall	14:13.0	
		2	19 Nancy Hunt		12 Stowmarket	13:08.6	
		3	21 Edward Allberry		13 Stowmarket	12:33.7	
		4	20 Matthew Blackwell		13 West Suffolk	13:08.4	
		5	18 Jude Brown		12 West Suffolk	13:30.5	
2:50 PM Water familiarisation session 2							
3:10 PM	5	1	22 Albert Widdicks		13 West Suffolk	12:32.1	
		2	24 Bella Robertson		12 Stowmarket	12:03.6	
		3	26 Erin Stewart		14 West Suffolk	11:34.9	
		4	25 Isaac Vella		13 West Suffolk	11:48.9	
		5	23 Mia Copping		13 West Suffolk	12:12.6	
3:22 PM	6	1	28 Annabelle Carter		19 Stowmarket	11:24.8	
		2	30 Reuben Giles		13 Stowmarket	11:07.4	
		3	32 Emilia Armstrong		14 Stowmarket	10:49.9	
		4	31 Isla Mason		13 Stowmarket	10:56.8	

		5	29 Ethan Long	14 Stowmarket	11:24.8
		6	27 Olivia Bryant	12 Stowmarket	11:32.7
3:33 PM	7	1	34 Ella Stewart	16 West Suffolk	10:36.0
		2	36 Thomas Allen	19 West Suffolk	10:24.8
		3	38 Poppy Moore	14 West Suffolk	10:15.0
		4	37 Brooke Copping	15 West Suffolk	10:22.0
		5	35 Heath Harrison	14 Stowmarket	10:29.1
		6	33 India Clement	13 West Suffolk	10:48.3
3:44 PM	8	1	40 Samuel Blackwell	17 West Suffolk	10:03.8
		2	42 Andrew De Koning	16 West Suffolk	9:56.98
		3	44 Myles Turner	25 West Suffolk	8:40.73
		4	43 Rex Harrison	14 Stowmarket	9:41.90
		5	41 Isabel Moore	17 West Suffolk	9:58.38
		6	39 James Allberry	15 Stowmarket	10:05.6
3:54 PM					