

Heat start	Heat #	Lane	Name	AoD	Club	Entry Time	Swum time
1:30 PM	Water familiarisation session						
1:45 PM	1	1					
		2	Molly Smith	13	West Suffolk		
		3	Nancy Hunt	11	Stowmarket		
		4	Oliver Petchey	12	West Suffolk		
		5					
		6					
2:00 PM	2	1					
		2	Harry Vidal-Greenwood	13	West Suffolk		
		3	Bella Robertson	11	Stowmarket		
		4	Jude Brown	11	West Suffolk		
		5	Albert Widdicks	12	West Suffolk		
		6					
2:15 PM	3	1	Abigail McWattie	13	West Suffolk		
		2	Ethan Long	13	Stowmarket		
		3	Poppy Bingham	18	Stowmarket		
		4	Verity Carter	15	Stowmarket		
		5	Olivia Bryant	11	Stowmarket		
		6	Edward Allberry	12	Stowmarket		
2:30 PM	4	1	Reuben Giles	12	Stowmarket		
		2	James Allberry	14	Stowmarket		
		3	Lyla Hill	11	Mildenhall	14:00.2	
		4	Andrew De Koning	15	West Suffolk		
		5	Annabelle Carter	18	Stowmarket		
		6	Amber Daynes	12	Stowmarket		
2:45 PM	5	1	Sophia Andrews	11	Mildenhall	13:59.0	
		2	Emilia Beswick	13	Newmarket	12:43.3	
		3	Richard Levell	14	West Suffolk	12:31.1	
		4	Mai-Belle Doggett	13	Newmarket	12:35.5	
		5	Mia Copping	12	West Suffolk	13:57.1	
		6	Matthew Blackwell	12	West Suffolk	14:00.0	
3:00 PM	Water familiarisation session						
3:15 PM	6	1	Erin Stewart	13	West Suffolk	12:30.7	
		2	Chloe Dockerill	16	West Suffolk	11:48.3	
		3	Joshua Liebenberg	12	Newmarket	11:13.0	
		4	Lottie Harte	12	Newmarket	11:25.2	
		5	Isla Mason	12	Stowmarket	12:09.4	
		6	Isaac Vella	12	West Suffolk	12:30.9	
3:27 PM	7	1	Poppy Moore	13	West Suffolk	11:10.0	
		2	Thomas Allen	18	West Suffolk	10:49.8	
		3	Heath Harrison	13	Stowmarket	10:44.3	
		4	May Richardson	16	Stowmarket	10:49.5	
		5	Kieron Alderson	14	Mildenhall	11:01.7	
		6	India Clement	12	West Suffolk	11:12.3	
3:38 PM	8	1	Amelie Harrison	15	Stowmarket	10:40.8	
		2	Ella Stewart	15	West Suffolk	10:31.8	

		3	Rex Harrison	13	Stowmarket	10:25.9	
		4	Thomas Williams	16	West Suffolk	10:28.8	
		5	Samuel Blackwell	16	West Suffolk	10:34.9	
		6	Brooke Copping	14	West Suffolk	10:43.1	
3:49 PM	9	1	Kiera Broad	16	West Suffolk	10:13.3	
		2	Teilo Ruffles-Francis	16	Stowmarket	09:44.6	
		3	Thomas Spelman	17	Stowmarket	09:15.5	
		4	Jed Millin	16	Stowmarket	09:24.6	
		5	Isabel Moore	16	West Suffolk	09:57.1	
		6	Isabel Thomas	16	Newmarket	10:22.4	
3:59 PM							