

Heat start	Heat #	Lane	Name	AoD	Club	Entry Time	Swum Time
1:30 PM	Water familiarisation session						
1:45 PM	1	1	Bella Robertson	11	Stowmarket		
		2	Olivia Bryant	11	Stowmarket		
		3	Amber Daynes	12	Stowmarket		
		4	Richard Levell	14	West Suffolk		
		5	Edward Allberry	12	Stowmarket		
		6	Molly Smith	13	West Suffolk		
2:12 PM	2	1	Heath Harrison	13	Stowmarket		
		2	James Allberry	14	Stowmarket		
		3	Tilly Sheasby	11	Newmarket	27:06.4	
		4	Jason Dalope	13	West Suffolk		
		5	Emilia Armstrong	13	Stowmarket		
		6	Reuben Giles	12	Stowmarket		
2:38 PM	3	1	Isla Mason	12	Stowmarket		
		2	Casey Hopewell-Campion	13	Newmarket	23:46.3	
		3	Poppy Bingham	18	Stowmarket	21:50.1	
		4	Lottie Harte	12	Newmarket	22:01.3	
		5	Emilia Beswick	13	Newmarket	24:04.0	
		6	Reuben Cope	12	Newmarket	25:05.0	
3:05 PM	Water familiarisation session						
3:20 PM	4	1	Poppy Moore	13	West Suffolk	21:41.7	
		2	India Clement	12	West Suffolk	21:25.2	
		3	Rex Harrison	13	Stowmarket	20:54.3	
		4	Brooke Copping	14	West Suffolk	21:08.6	
		5	Kieron Alderson	14	Mildenhall	21:36.4	
		6	Joshua Liebenberg	12	Newmarket	21:48.2	
3:41 PM	5	1	May Richardson	16	Stowmarket	20:33.9	
		2	Jed Millin	16	Stowmarket	18:44.1	
		3	Thomas Spelman	17	Stowmarket	18:12.5	
		4	Isabel Thomas	16	Newmarket	18:36.1	
		5	Teilo Ruffles-Francis	16	Stowmarket	19:34.1	
		6	Amelie Harrison	15	Stowmarket	20:54.0	
4:02 PM							