

Swim England Suffolk  
Long Distance Qualifier East  
At St Felix School, Southwold  
23 & 24 November 2024

Saturday 23 November  
Session 1

Arrival 1:15pm  
First Warm-up 1:30pm

Event 1: 800m Freestyle Mixed

Sunday 24 November  
Session 2

Arrival 9:15am  
First Warm-up 9:30am

Event 2: 1500m Freestyle Mixed

