

## LONG DISTANCE QUALIFIER EAST

Held under Swim England Laws and Regulations, the Swim England Technical Rules of Swimming and to the Swim England Open Meet Licensing Criteria

**Level 4 Applied for**

**23 & 24 November 2024**

**St Felix School, Southwold**

### MEET RULES AND INFORMATION

1. The competition is a Level 4 licensed meet, held under Swim England Laws, Swim England Technical Rules of Swimming, and these conditions.
2. The competition is open to members of Deben, Felixstowe, Leiston, St Felix and Team Waveney swimming clubs.
3. The Promoter is Championship Secretary (Sarah Elmer) on behalf of Swim England Suffolk.
4. There will be no awards.
5. The age groups are: 11, 12, 13, 14, 15, 16, 17/over.
6. Age as at **1<sup>st</sup> December 2024**.
7. Events are 800m and 1500m freestyle. Both events will be run as mixed gender.
8. The pool is 25m and anti-wave devices will be in place.
9. Heats will be swum as mixed age with swimmers seeded by entry times.
10. Over the top starts may be used at the referee's discretion.
11. There are no qualifying times. Swimmers who have not previously competed in a long distance event (800m or 1500m) should enter off a licensed 200m time. These swimmers will compete first.
12. The meet will be limited to 12 heats of 800m and 6 heats of 1500m. If the meet is oversubscribed, swimmers who have already reached the qualifying standard for Suffolk County Championships 2025 will be rejected first, in reverse order of when those time have been achieved. If places exist in the Long Distance Qualifier West, rejected swimmers may be offered a place to swim in that meet at the discretion of the promoter.
13. Entries are £6 per swim.
14. Fees should be paid to the County Treasurer when entries are submitted.
15. The closing date for entries is midday on 2nd November. Details of entries received will be published on the Swim England Suffolk website within one week and clubs will have a further week to inform the Promoter of any errors or omissions.
16. A short pool familiarisation swim will take place before each group of up to 5 heats.
17. Results will be posted on the Swim England Suffolk website [www.suffolkswimming.org.uk](http://www.suffolkswimming.org.uk)
18. All participants must observe the safety precautions in operation at St Felix School, Southwold. Neither the Promoter nor Swim England Suffolk will be responsible for any loss or damage occurring during this meet.
19. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.
20. In accordance with the Swim England Child Safeguarding Policies and Procedures any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms.

Participants and spectators are requested to follow the Swim England guidelines for photography and use of photographs on social media. The Swim England Safeguarding Policy and Procedures, Wavepower provides guidance on the use of social networking and guidance on photography

<https://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/> . Both sets of guidance apply if social media platforms are being used to share images or recordings either after the meet or during live streaming of the event.

No photography is permitted in changing rooms. Any person found to be contravening this condition will be required to leave the competition and venue without refund.

21. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws, Regulations and Technical Rules of Racing.

Sarah Elmer

Promoter & Championship Secretary

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