

Long Distance Qualifier Instructions

The East meet is for clubs in the east of the county (Deben, Felixstowe, Leiston, St Felix and Team Waveney).

The West meet is for clubs in the west of the county (Hadleigh & Sudbury, Mildenhall, Newmarket, Stowmarket, team Ipswich and West Suffolk).

As per rule 11, swimmer who do not have a licensed 800m or 1500m event should enter using their licensed 200m free time. To do this, enter the swimmer into the 800m or 1500m events and also into the dummy 200m event. Swimmers who do not have a 800m or 1500m time will be seeded based on their 200m time and these swims will be swum in the first heats.

The total number of swims in each location is limited to 60 swimmers for 800m events and 30 swimmers for 1500m events. If one location is oversubscribed, but places remain in the alternate location, swimmers may be offered the opportunity to swim in the alternate location whilst still complying with the requirements of the licence.

The closing date for entries is midday on 2nd November.