

Heat start	Heat #	Lane	Name	AoD	Club	A/B Meet	Entry Time
9:30 AM	Water familiarisation session						
9:45 AM	1	1	Isla MASON		11 Stowmarket		
		2	Freya REED		11 West Suffolk		
		3	Nathan BROADWATER		12 teamipswich		
		4	Rex HARRISON		12 Stowmarket		
		5	James TOOKE		12 teamipswich		
10:10 AM	2	1	Heath HARRISON		12 Stowmarket		
		2	Janos CSEPELY		12 teamipswich		
		3	Diggory DAVIES		12 Deben		
		4	Maelys JACQUET		12 Felixstowe		
		5	Byron MILLER		12 teamipswich		
10:35 AM	Water familiarisation session						
10:45 AM	3	1	Oliver BUTT		13 Deben		
		2	Kieron ALDERSON		13 Mildenhall	B	24:03.3
		3	Jake BATTLE		12 Stowmarket	A	22:47.8
		4	India CLEMENT		11 West Suffolk	B	22:50.1
		5					
11:10 AM	4	1	Grace MUTTON		13 teamipswich		
		2	Ella STEWART		14 West Suffolk		
		3	Amelie HARRISON		14 Stowmarket		
		4	Isabella GALE		15 Deben		
		5	May RICHARDSON		15 Stowmarket		
11:35 AM	Water familiarisation session						
11:45 AM	5	1	Iona TAIT		15 Deben		
		2	Florence DAVIES		15 Deben		
		3	Daniel TURNER		15 Team Waveney		
		4	Thomas SPELMAN		16 Stowmarket		
		5	Owen YOUNG		16 Felixstowe		
12:10 PM	6	1	Beatrice SNOWDEN		16 Deben		
		2	Zak BARBER		16 Team Waveney		
		3	Vaughn RUFFLES-FRANCIS		18 Stowmarket		
		4	Matthew BROWN		18 Stowmarket		
		5	Lloyd BATTISSON		18 Team Waveney	A	
12:35 PM	Officials' Break						
12:50 PM	Water familiarisation session						
1:00 PM	7	1	Jed MILLIN		14 Stowmarket	A	22:47.8
		2	Luke TIGGES		15 Hadleigh	A	22:16.1
		3	Michael FISHER		26 Stowmarket	A	21:46.5
		4	Emily TURNER		14 St Felix Sch	A	22:10.0
		5	Poppy MOORE		12 West Suffolk	B	22:22.8
1:22 PM	8	1	Imogen FORRESTER		14 Deben	A	21:36.2
		2	Jude MASON		14 Stowmarket	A	21:09.8
		3	Attila MOZES		13 teamipswich	A	20:40.7
		4	Maia THOMPSON		15 Team Waveney	A	20:43.0
		5	Finlay BLAGG		14 Stowmarket	A	21:23.7
1:43 PM	Water familiarisation session						
1:53 PM	9	1	Teilo RUFFLES-FRANCIS		15 Stowmarket	A	20:31.9
		2	Haiden HALL		13 Deben	A	20:01.9
		3	Will RILEY		14 teamipswich	A	19:56.7
		4	Ethan WALLIS		12 St Felix Sch	A	20:00.0
		5	Gemma CANNON		31 Deben	A	20:18.3

2:14 PM	10	1	Kiera BROAD	15 West Suffolk	B	19:50.4
		2	Amelie CRABB	16 teamipswich	A	19:10.3
		3	Amelia SAUNDERS	15 St Felix Sch	A	18:53.3
		4	Gabriella TROMAN	14 teamipswich	A	19:00.9
		5	Isabel MOORE	15 West Suffolk	B	19:41.7
2:33 PM						