

**Event 21 Boys Open 200m IM**

H 1	L 3	Diggory Davies	11	Deben	3:36.37
	L 4	Rhys Watsham	11	St Felix Sch	3:31.56
	L 5	Richard Levell	11	West Suffolk	3:32.00
H 2	L 1	Attila Mozes	12	teamipswich	3:00.61
	L 2	Toby Glennerster	13	St Felix Sch	2:58.07
	L 3	Finlay Blagg	13	Stowmarket	2:45.74
	L 4	Nicholas Barber	15	Stowmarket	2:36.66
	L 5	Teilo Ruffles-Francis	14	Stowmarket	2:38.89
	L 6	Aidan Scott	12	St Felix Sch	2:53.56
	L 7	Thomas Williams	14	West Suffolk	3:00.20
	L 8	Logan Broadhurst	13	teamipswich	3:04.74

**Event 22 Girls Open 200m Backstroke**

H 1	L 2	Lily Hills	13	St Felix Sch	4:02.15
	L 3	Matilda Smith	10	Team Waveney	3:43.04
	L 4	Isla Mason	10	Stowmarket	3:28.23
	L 5	Abigail McWattie	11	West Suffolk	3:41.52
	L 6	Skyla Jarvis	12	St Felix Sch	3:50.01
	L 7	Daisy Hills	11	St Felix Sch	4:05.11
H 2	L 1	Rebecca Kelly	11	teamipswich	3:21.30
	L 2	Freya Reed	10	West Suffolk	x3:14.66
	L 3	Brooke Copping	12	West Suffolk	3:04.57
	L 4	Maggie Marshall	12	teamipswich	3:00.59
	L 5	Isabella Bryan	12	teamipswich	3:03.15
	L 6	Eva Howlett	13	Team Waveney	3:09.22
	L 7	Isla Coackley	11	teamipswich	3:15.26
	L 8	Amber Daynes	9	Stowmarket	3:22.83
H 3	L 1	Harriet Glennerster	15	Team Waveney	2:56.49
	L 2	Nicole Taylor	13	St Felix Sch	2:51.63
	L 3	Grace Mutton	12	teamipswich	2:50.57
	L 4	Alexandra Woods	12	St Felix Sch	2:50.16
	L 5	Charlotte Creasy	13	West Suffolk	2:50.48
	L 6	Roisin Clancy	14	teamipswich	2:50.59
	L 7	Maia Thompson	14	Team Waveney	2:52.81
	L 8	Poppy Cator	14	Team Waveney	2:59.21
H 4	L 1	Eloise Manton	15	West Suffolk	2:48.26
	L 2	May Richardson	14	Stowmarket	2:47.76
	L 3	Amber Ridgeon	16	Leiston	2:45.92
	L 4	Darcy Clarke	15	Stowmarket	2:44.37
	L 5	Elizabeth England	16	Stowmarket	2:45.54
	L 6	Katy Gilbrook	15	West Suffolk	2:46.43
	L 7	Imogen Ball	14	Team Waveney	2:47.77
	L 8	Aimee Burgess	13	teamipswich	2:49.94

**Event 23 Boys Open 50m Freestyle**

H 1	L 2	Jacob Reed	9	West Suffolk	56.73
	L 3	Thomas Scrivener	9	Leiston	46.95
	L 4	Daniel Evans	9	Deben	45.88
	L 5	Elijah Wilson	9	teamipswich	45.92
	L 6	Joshua Barnard	10	Stowmarket	51.49
H 2	L 1	William Bennett	10	Deben	44.50
	L 2	Owen Hornsey	9	Leiston	42.06
	L 3	Ewan Wilcox	11	Felixstowe	41.63
	L 4	Jack Bandy	10	West Suffolk	41.44
	L 5	Connor Broadhurst	12	teamipswich	41.47
	L 6	James Burgess	9	teamipswich	41.71
	L 7	Harry Pawle	13	Leiston	44.10
	L 8	Jesse Knight	9	Leiston	45.25

H 3	L 1	Aiden Gale	9	Deben	41.23
	L 2	Evan Harrison	10	Stowmarket	40.10
	L 3	Joshua Blagg	11	Stowmarket	39.68
	L 4	Jacob Halliday	11	Team Waveney	38.63
	L 5	Freddy Nicholls	11	Leiston	38.74
	L 6	Logan Rudd	10	St Felix Sch	40.05
	L 7	Aron Mozes	10	teamipswich	40.64
	L 8	Oscar Tolputt	12	Deben	41.31

H 4	L 1	Sebastien Collier	11	Newmarket	38.24
	L 2	Rex Harrison	11	Stowmarket	37.90
	L 3	Benjamin Langford	13	Leiston	37.22
	L 4	Harry Bamford	13	Leiston	36.60
	L 5	Richard Levell	11	West Suffolk	36.75
	L 6	Diggory Davies	11	Deben	37.85
	L 7	Joshua Liebenberg	10	Newmarket	X38.21
	L 8	Dylan Lamble	11	Stowmarket	38.38

H 5	L 1	Kuba Pociot	10	teamipswich	X36.12
	L 2	Ethan Edwards	12	Team Waveney	35.42
	L 3	Harrison Page	13	West Suffolk	35.22
	L 4	Angus Thompson	13	Leiston	35.04
	L 5	Finley Miller	11	Felixstowe	35.18
	L 6	Elijah Goodkind	12	West Suffolk	35.34
	L 7	Oliver Butt	12	Deben	35.90
	L 8	Isaac Edwards	11	Newmarket	36.42

H 6	L 1	Jack Knight	12	Leiston	34.49
	L 2	Oscar Frost	14	Leiston	33.90
	L 3	Henry Wallace	15	Stowmarket	32.70
	L 4	Toby Glennerster	13	St Felix Sch	32.19
	L 5	Jed Millin	13	Stowmarket	32.51
	L 6	James Whittaker	12	Team Waveney	X32.93
	L 7	Logan Broadhurst	13	teamipswich	34.33
	L 8	Jacob Wild	11	Newmarket	X34.92

H 7	L 1	Owen Young	15	Felixstowe	31.88
	L 2	Joseph Halliday	14	Team Waveney	30.64
	L 3	Matthew Foster	14	Leiston	X29.69
	L 4	Vaughn Ruffles-Francis	17	Stowmarket	X27.91
	L 5	Thomas Walker	15	Team Waveney	29.35
	L 6	Sebastian Reynolds	14	Hadleigh	X29.76
	L 7	Thomas Williams	14	West Suffolk	31.18
	L 8	Charlie Wagstaff	13	West Suffolk	31.95

**Event 24 Girls Open 50m Butterfly**

H 1	L 1	C Morton-Wright	11	Deben	1:13.84
	L 2	Holly Love	11	St Felix Sch	59.32
	L 3	Daisy Hills	11	St Felix Sch	57.64
	L 4	Isabella Bryan	12	teamipswich	53.34
	L 5	Isla Hallam	10	Team Waveney	54.94
	L 6	Skye Bromley	11	Team Waveney	59.09
	L 7	Joella Goodkind	11	West Suffolk	59.48

H 2	L 1	Isla Mason	10	Stowmarket	52.44
	L 2	Lena Crisp	9	St Felix Sch	52.03
	L 3	Abigail Garnham-Adams	13	Felixstowe	50.99
	L 4	Emilia Beswick	11	Newmarket	50.71
	L 5	Olivia Deitz	12	Hadleigh	50.86
	L 6	Rosie Perry	11	West Suffolk	51.89
	L 7	Abigail McWattie	11	West Suffolk	52.19
	L 8	Jessie Barber	9	Newmarket	52.79

H 3	L 1	Eloise Spilling	11	Stowmarket	50.34
	L 2	Lottie Snell	10	teamipswich	48.61
	L 3	Matilda Smith	10	Team Waveney	48.39
	L 4	Elisabeth Kirk	11	Leiston	47.99
	L 5	Ruby Beevor	13	Team Waveney	48.26

L 6	Nellie Snowden	10	Deben	48.39	L 3	Richard Levell	11	West Suffolk	1:43.99
L 7	Annaliese Hedges	11	Stowmarket	49.05	L 4	Attila Mozes	12	teamipswich	1:41.89
L 8	Gabriella Ginja	13	Team Waveney	50.44	L 5	Charlie Wagstaff	13	West Suffolk	1:43.53
H 4	L 1 Erin Stewart	11	West Suffolk	46.42	L 6	Ethan Edwards	12	Team Waveney	1:45.46
	L 2 Harriet Townend	10	Stowmarket	X46.29	L 7	Jake Battle	11	Stowmarket	1:45.98
	L 3 Erin Haselwood	12	Stowmarket	45.12	L 8	Rex Harrison	11	Stowmarket	1:46.99
	L 4 Rebecca Kelly	11	teamipswich	44.67	H 4	L 1 Toby Glennerster	13	St Felix Sch	1:40.59
	L 5 Freya Reed	10	West Suffolk	X44.69		L 2 Jed Millin	13	Stowmarket	1:38.28
	L 6 Faye Basham	11	West Suffolk	45.13		L 3 Henry Wallace	15	Stowmarket	1:32.14
	L 7 Charlotte Curry	12	Hadleigh	46.36		L 4 Aidan Scott	12	St Felix Sch	1:29.88
	L 8 Violet Freezer	10	teamipswich	46.95		L 5 Jude Mason	13	Stowmarket	1:31.02
H 5	L 1 Charlotte Catchpole	12	Leiston	42.65		L 6 Alex Lincoln	15	Team Waveney	1:36.65
	L 2 Ellie Payne	12	Newmarket	41.66		L 7 Benjamin Langford	13	Leiston	1:38.94
	L 3 Matilda Cator	11	Team Waveney	X41.26		L 8 Jack Knight	12	Leiston	1:41.19
	L 4 Guste Raudonyte	12	Newmarket	40.28	H 5	L 1 Finlay Blagg	13	Stowmarket	1:27.33
	L 5 Isabella Duffin	12	West Suffolk	40.31		L 2 Sebastian Reynolds	14	Hadleigh	1:26.69
	L 6 Emily Turner	13	St Felix Sch	41.33		L 3 Owen Young	15	Felixstowe	1:23.28
	L 7 Molly Jiggins	12	Newmarket	42.62		L 4 Luke Wilson	15	Team Waveney	1:18.51
	L 8 Gracie Reed	11	Team Waveney	44.30		L 5 Vaughn Ruffles-Francis	17	Stowmarket	1:19.07
H 6	L 1 Grace Mutton	12	teamipswich	39.51		L 6 Max Nicholls	13	Leiston	X1:24.02
	L 2 Freya May	12	Leiston	38.48		L 7 William Foxlow	13	teamipswich	1:27.02
	L 3 Imogen Ball	14	Team Waveney	37.93		L 8 Antoni Matuszek	15	Felixstowe	1:27.52
	L 4 Katy Gilbrook	15	West Suffolk	37.83	<b>Event 26 Girls Open 100m Breaststroke</b>				
	L 5 Lauren Smith	12	Team Waveney	37.87	H 1	L 2 Skye Bromley	11	Team Waveney	2:32.12
	L 6 Chloe Francis	14	Team Waveney	38.28		L 3 Erin Millin	11	Stowmarket	2:09.90
	L 7 Emelia Roe	12	West Suffolk	38.70		L 4 Emilia Beswick	11	Newmarket	2:07.30
	L 8 Rebecca Lockett	11	Team Waveney	X40.15		L 5 Holly Love	11	St Felix Sch	2:08.26
H 7	L 1 Gabriella Troman	13	teamipswich	37.40		L 6 Lena Crisp	9	St Felix Sch	2:11.77
	L 2 Isla Dugdale	13	Newmarket	37.11	H 2	L 1 Isla Thorn	10	St Felix Sch	2:00.13
	L 3 Isobelle Whittaker	14	Team Waveney	36.84		L 2 Holly Travell	13	Team Waveney	1:58.07
	L 4 Olivia Sheasby	13	Newmarket	X36.37		L 3 Lottie Snell	10	teamipswich	1:56.05
	L 5 Florence Davies	14	Deben	36.38		L 4 Erin Stewart	11	West Suffolk	1:54.63
	L 6 Charlotte Kelly	13	teamipswich	36.90		L 5 Caitlin Millen	10	Stowmarket	1:54.63
	L 7 Evie Kinnett	15	Newmarket	37.18		L 6 Erin Haselwood	12	Stowmarket	1:56.21
	L 8 Imogen Crossfield	15	Deben	37.51		L 7 Amber Daynes	9	Stowmarket	1:58.75
H 8	L 1 Charlotte-Ella Roe	15	West Suffolk	36.23		L 8 Rebecca Kelly	11	teamipswich	2:01.85
	L 2 Beatrice Collier	15	Newmarket	35.68	H 3	L 1 Isabella Gale	14	Deben	1:53.37
	L 3 Emily Sinclair	12	West Suffolk	X35.30		L 2 Abigail McWattie	11	West Suffolk	1:52.38
	L 4 Iona Tait	14	Deben	X34.02		L 3 Pheobe Fox	12	Stowmarket	1:51.51
	L 5 Amber Ridgeon	16	Leiston	X34.69		L 4 Matilda Cator	11	Team Waveney	1:48.58
	L 6 Layla Dowland	14	Leiston	35.50		L 5 Rosie Perry	11	West Suffolk	1:51.29
	L 7 Annabel Nichols	14	Leiston	36.05		L 6 Ellie Payne	12	Newmarket	1:51.92
	L 8 Róisín Clancy	14	teamipswich	36.35		L 7 Isabella Wild	14	Newmarket	1:52.68
						L 8 Alexandra McVittie	10	Hadleigh	1:53.93
<b>Event 25 Boys Open 100m Breaststroke</b>					H 4	L 1 Lily Hills	13	St Felix Sch	1:46.61
H 1	L 2 Elijah Wilson	9	teamipswich	2:17.62		L 2 Skyla Jarvis	12	St Felix Sch	1:43.71
	L 3 Adison Croft	10	Stowmarket	2:08.26		L 3 Brooke Copping	12	West Suffolk	1:41.48
	L 4 Aron Mozes	10	teamipswich	X1:53.84		L 4 Alexandra Woods	12	St Felix Sch	1:40.42
	L 5 Evan Harrison	10	Stowmarket	2:00.30		L 5 Isla Coackley	11	teamipswich	1:40.98
	L 6 Sebastien Collier	11	Newmarket	2:09.70		L 6 Emelia Roe	12	West Suffolk	1:42.19
	L 7 Joshua Liebenberg	10	Newmarket			L 7 Francesca Thompson	12	Team Waveney	1:46.08
H 2	L 1 Jacob Wild	11	Newmarket	1:51.67		L 8 Maelys Jacquet	11	Felixstowe	1:48.20
	L 2 Buddy Thain	11	teamipswich	1:50.53	H 5	L 1 Anna Cook	16	Deben	1:39.23
	L 3 Kyren Williams	11	teamipswich	1:49.10		L 2 Aimee Burgess	13	teamipswich	1:37.56
	L 4 Elijah Goodkind	12	West Suffolk	1:47.63		L 3 Georgie Langford	15	Leiston	1:37.22
	L 5 Dylan Lamble	11	Stowmarket	1:49.00		L 4 Charlotte Lockett	13	Team Waveney	1:36.44
	L 6 Dexter Winterburn	11	teamipswich	1:50.33		L 5 Lottie Ellis	14	Deben	1:36.52
	L 7 Isaac Edwards	11	Newmarket	1:51.17		L 6 Amelia Biggs	15	Leiston	1:37.42
	L 8 Rhys Watsham	11	St Felix Sch	1:52.01		L 7 Beatrice Collier	15	Newmarket	1:38.08
H 3	L 1 Angus Thompson	13	Leiston	1:46.18		L 8 Olivia Sheasby	13	Newmarket	1:39.46
	L 2 Freddy Nicholls	11	Leiston	1:45.62					

H 6	L 1	Nicole Taylor	13	St Felix Sch	1:35.06	L 2	Imogen Ball	14	Team Waveney	2:34.10	
	L 2	Guste Raudonyte	12	Newmarket	1:33.91	L 3	Georgia Denham	15	Hadleigh	2:32.00	
	L 3	Charlotte Kelly	13	teamipswich	1:31.33	L 4	Eloise Manton	15	West Suffolk	2:31.63	
	L 4	Gabriella Troman	13	teamipswich	1:31.20	L 5	Charlotte Kelly	13	teamipswich	2:31.72	
	L 5	Taome Emmerson	19	Leiston	1:31.32	L 6	Poppy Cator	14	Team Waveney	2:32.27	
	L 6	Poppy Cator	14	Team Waveney	1:32.04	L 7	Lottie Ellis	14	Deben	2:36.54	
	L 7	Eva Howlett	13	Team Waveney	1:33.97	L 8	Isabella Bryan	12	teamipswich	2:40.74	
	L 8	Beatrice Snowden	14	Deben	1:35.68						
H 7	L 1	Katy Gilbrook	15	West Suffolk	1:29.92	H 6	L 1	Katy Gilbrook	15	West Suffolk	2:29.95
	L 2	Eloise Manton	15	West Suffolk	1:28.04		L 2	Iona Tait	14	Deben	2:28.95
	L 3	Darcy Clarke	15	Stowmarket	1:25.39		L 3	Adrija Raudonyte	14	Newmarket	2:25.22
	L 4	Ellie Catchpole	16	Leiston	1:23.56		L 4	Ellie Catchpole	16	Leiston	2:23.11
	L 5	Georgia Denham	15	Hadleigh	1:23.69		L 5	Hannah McNicholas	15	Deben	2:23.95
	L 6	Adrija Raudonyte	14	Newmarket	1:28.02		L 6	Amber Ridgeon	16	Leiston	2:26.43
	L 7	Florence Davies	14	Deben	1:29.92		L 7	Elizabeth England	16	Stowmarket	2:29.10
	L 8	Francesca Barber	13	Stowmarket	1:30.15		L 8	Maia Thompson	14	Team Waveney	2:30.48

**Event 27 Boys Open 200m Backstroke**

H 1	L 2	Aiden Gale	9	Deben	3:27.56
	L 3	Dylan Lamble	11	Stowmarket	3:19.63
	L 4	Dexter Winterburn	11	teamipswich	3:17.37
	L 5	Richard Levell	11	West Suffolk	3:17.71
	L 6	Joshua Blagg	11	Stowmarket	3:22.41
	L 7	Byron Miller	10	Hadleigh	
H 2	L 1	Charlie Wagstaff	13	West Suffolk	3:05.23
	L 2	Oscar Frost	14	Leiston	2:54.76
	L 3	Jude Mason	13	Stowmarket	2:49.78
	L 4	Thomas Walker	15	Team Waveney	2:32.62
	L 5	Teilo Ruffles-Francis	14	Stowmarket	2:39.46
	L 6	Matthew Foster	14	Leiston	2:52.90
	L 7	Harrison Page	13	West Suffolk	3:02.41
	L 8	Isaac Edwards	11	Newmarket	X3:08.20

**Event 28 Girls Open 200m Freestyle**

H 1	L 3	Charlotte Curry	12	Hadleigh	
	L 4	Caitlin Millen	10	Stowmarket	3:31.33
	L 5	Isla Hallam	10	Team Waveney	3:44.30
H 2	L 2	Faye Basham	11	West Suffolk	3:24.21
	L 3	Pheobe Fox	12	Stowmarket	3:21.55
	L 4	Matilda Smith	10	Team Waveney	3:12.22
	L 5	Erin Stewart	11	West Suffolk	3:16.65
	L 6	Emilia Beswick	11	Newmarket	3:23.50
	L 7	Annaliese Hedges	11	Stowmarket	3:26.23
H 3	L 1	Maelys Jacquet	11	Felixstowe	2:55.92
	L 2	Isabella Gale	14	Deben	2:52.03
	L 3	Emelia Roe	12	West Suffolk	2:50.70
	L 4	Maggie Marshall	12	teamipswich	2:49.01
	L 5	Lexie Gray	13	Team Waveney	2:49.09
	L 6	Francesca Thompson	12	Team Waveney	2:51.19
	L 7	Brooke Copping	12	West Suffolk	2:53.24
	L 8	Violet Freezer	10	teamipswich	X3:00.25
H 4	L 1	Katie Walker	13	Deben	2:46.99
	L 2	Emily Sinclair	12	West Suffolk	2:44.50
	L 3	Sophie Norton	15	Felixstowe	2:43.60
	L 4	Emily Turner	13	St Felix Sch	2:41.46
	L 5	Chloe Francis	14	Team Waveney	2:42.19
	L 6	Harriet Glennerster	15	Team Waveney	2:44.31
	L 7	Emma Learmouth	14	Newmarket	2:44.67
	L 8	Ellie Norton	13	Felixstowe	2:48.20
H 5	L 1	Evie Kinnett	15	Newmarket	2:37.16