

Female Points After Session 8

10 & 11 Years				200 free	Heats	210		
1	A Garnham	teamipswich	1695	100 free	Heats	192		
	50 free	Final	387	100 breast	Final	190		
	100 free	Heats	354	12	Ella Plumb	West Suffolk	1021	
	200 free	Heats	335	50 breast	Heats	216		
	50 back	Final	311	50 free	Heats	211		
	200 back	Heats	308	100 breast	Heats	205		
2	Aine Coackley	teamipswich	1590	200 breast	Heats	203		
	200 free	Heats	360	100 IM	Heats	186		
	100 free	Heats	331	13	D Mortimer-Coles	Team Waveney	875	
	50 free	Final	319	100 free	Heats	260		
	200 back	Heats	300	50 free	Heats	236		
	100 back	Heats	280	100 IM	Heats	195		
3	Harmony Smith	Team Waveney	1435	50 fly	Final	184		
	50 free	Heats	313	14	Ella Rose Reed	Team Waveney	842	
	100 free	Heats	311	50 free	Heats	238		
	200 free	Heats	290	100 free	Heats	214		
	100 IM	Heats	270	100 IM	Heats	208		
	50 back	Heats	251	50 breast	Heats	182		
4	Ivy Vinter	teamipswich	1228	15	G Cooney	Leiston	691	
	100 back	Final	264	100 free	Heats	153		
	50 free	Heats	256	200 IM	Heats	148		
	100 free	Final	246	50 free	Heats	145		
	50 back	Heats	232	100 IM	Heats	145		
	100 IM	Heats	230	50 fly	Heats	100		
5	Molly Nowell	Stowmarket	1214	16	O Shemmings	Deben	677	
	200 free	Heats	259	50 free	Heats	240		
	50 free	Heats	257	100 free	Heats	230		
	100 free	Final	237	50 back	Heats	207		
	200 back	Heats	232	17	Alexis Ramsey	teamipswich	653	
	100 back	Final	229	50 free	Heats	201		
6	Willow Alderton	teamipswich	1109	100 breast	Heats	160		
	50 free	Final	262	50 breast	Heats	153		
	100 free	Heats	235	100 IM	Heats	139		
	100 IM	Heats	214	18	Gracie Locke	Stowmarket	628	
	50 back	Heats	202	100 IM	Heats	172		
	100 back	Heats	196	200 IM	Heats	163		
7	Grace Watson	teamipswich	1089	100 free	Heats	150		
	50 free	Heats	259	50 fly	Final	143		
	100 back	Heats	221	19	Saskia Thompson	Leiston	608	
	100 free	Heats	213	50 free	Heats	181		
	50 back	Final	200	100 IM	Heats	164		
	100 IM	Heats	196	100 breast	Heats	160		
8	S Goodchild	teamipswich	1079	50 fly	Heats	103		
	200 breast	Heats	244	20	Yiwei Lu	Newmarket	606	
	50 back	Final	221	50 free	Heats	190		
	50 free	Heats	208	100 free	Heats	175		
	100 IM	Heats	204	100 IM	Heats	149		
	100 breast	Final	202	50 fly	Heats	92		
9	Thea Rees	West Suffolk	1055	21	P Richardson	Mildenhall	531	
	50 breast	Final	240	50 back	Heats	160		
	100 breast	Final	214	50 free	Heats	145		
	200 breast	Heats	214	100 IM	Heats	134		
	50 free	Heats	205	50 fly	Heats	92		
	100 IM	Heats	182	22	Elsa Herring	Leiston	528	
10	Esme Waterhouse	Newmarket	1051	100 breast	Heats	181		
	50 free	Heats	238	50 breast	Heats	175		
	200 free	Heats	207	50 free	Heats	172		
	100 back	Final	206	23	Serena Forrest	Stowmarket	523	
	100 free	Heats	205	50 free	Heats	152		
	50 breast	Final	195	100 free	Heats	142		
11	S Alexander	teamipswich	1027	100 IM	Heats	127		
	50 free	Heats	224	50 fly	Heats	102		
	100 IM	Heats	211					

24	M Westcott	Stowmarket	504	400 IM	Heats	315		
	100 free	Heats	178	200 IM	Heats	307		
	50 free	Heats	171	4	Phoebe Phillpot	teamipswich	1545	
	100 breast	Heats	155		200 free	Heats	327	
25	Lauren Moody	teamipswich	453		100 free	Heats	326	
	50 free	Heats	176		800 free	Heats	312	
	100 free	Heats	158		50 free	Heats	299	
	50 fly	Heats	119		100 back	Final	281	
26	Thea Pendleton	West Suffolk	405	5	Poppy Porter	teamipswich	1539	
	100 breast	Final	209		50 free	Final	327	
	200 breast	Heats	196		100 free	Final	324	
27	L Templeman-Bowes	West Suffolk	371		200 free	Heats	314	
	50 free	Heats	219		200 back	Heats	291	
	100 IM	Heats	152		100 back	Heats	283	
28	Audrey Convey	Stowmarket	366	6	Tilly Sheasby	Newmarket	1507	
	50 free	Heats	190		50 free	Heats	327	
	100 free	Heats	176		200 IM	Heats	299	
29	Tilly Bromley	Team Waveney	362		100 free	Heats	298	
	50 free	Heats	195		100 IM	Heats	296	
	50 breast	Heats	167		400 IM	Heats	287	
30	F Anderson	Felixstowe	341	7	Eloise Welsford	Deben	1480	
	100 IM	Heats	177		100 back	Heats	317	
	50 fly	Heats	164		50 free	Heats	311	
31	Vivienne Letts	Deben	336		200 back	Heats	286	
	100 back	Heats	179		50 back	Final	285	
	100 IM	Heats	157		100 free	Heats	281	
32	Abigail Wilmot	teamipswich	322	8	Zara Jewers	Stowmarket	1477	
	100 breast	Heats	166		50 free	Final	318	
	50 free	Heats	156		200 free	Heats	302	
33	Amalie Chuter	West Suffolk	297		100 free	Heats	297	
	50 free	Heats	175		100 IM	Heats	281	
	50 fly	Heats	122		200 IM	Heats	279	
34	Sophia Pert	Deben	259	9	Sophia Andrews	Mildenhall	1416	
	50 free	Final	259		100 free	Heats	318	
35	Ivy Harrison	Deben	196		50 free	Final	311	
	50 free	Heats	196		200 free	Heats	273	
36	L Rose Flory	Leiston	177		800 free	Heats	259	
	50 free	Heats	177		100 back	Heats	255	
37	Isabelle Vella	West Suffolk	166	10	L Raine Turner	Team Waveney	1415	
	100 back	Heats	166		100 free	Final	300	
38	Olivia Teare	teamipswich	165		200 free	Heats	296	
	50 free	Heats	165		50 free	Heats	290	
39	Niamh Raines	Team Waveney	163		100 IM	Heats	281	
	50 free	Heats	163		100 back	Heats	248	
40	I Karki Chettri	Hadleigh	158	11	Daisy Templer	Stowmarket	1414	
	50 free	Heats	158		200 breast	Heats	329	
41	E Vasiljeva	Deben	157		100 breast	Heats	324	
	100 breast	Heats	157		100 IM	Heats	269	
					200 free	Heats	254	
					100 back	Heats	238	
12 Years				12	Nova Weller	Newmarket	1406	
1	Olivia Bryant	Stowmarket	1795		50 free	Final	315	
	50 free	Final	384		100 free	Heats	281	
	100 free	Final	378		50 breast	Heats	273	
	200 free	Heats	356		50 fly	Final	271	
	50 breast	Final	344		100 IM	Heats	266	
	1500 free	Heats	333	13	Polly Jackson	Mildenhall	1395	
2	Jessie Barber	Newmarket	1688		200 breast	Heats	300	
	200 free	Heats	366		100 IM	Heats	277	
	100 free	Final	349		800 free	Heats	276	
	50 free	Final	347		100 breast	Heats	275	
	100 back	Final	319		400 IM	Heats	267	
	800 free	Heats	307	14	Amelia Knights	Team Waveney	1392	
3	Bella Robertson	Stowmarket	1610		50 free	Heats	301	
	200 breast	Heats	351		200 free	Heats	290	
	100 breast	Final	320		100 free	Heats	287	
	50 breast	Final	317					

16	Amelia Glennon	Leiston	1537	800 free	Heats	471	
	100 IM	Heats	326	1500 free	Heats	450	
	200 IM	Heats	317	3	E Armstrong	Stowmarket	2187
	200 breast	Heats	308	200 free	Heats	460	
	50 breast	Heats	299	100 free	Heats	448	
	100 breast	Final	287	50 free	Heats	431	
17	Grace Williams	Deben	1485	100 back	Final	425	
	100 back	Heats	339	100 IM	Heats	423	
	100 IM	Heats	314	4	Maelys Jacquet	Deben	2173
	200 back	Heats	291	50 free	Final	490	
	50 fly	Heats	277	50 fly	Final	445	
	50 breast	Heats	264	100 free	Final	434	
18	Mia Copping	West Suffolk	1287	50 back	Final	422	
	100 IM	Heats	284	100 back	Final	382	
	800 free	Heats	266	5	Poppy Moore	West Suffolk	2160
	200 IM	Heats	261	200 free	Heats	461	
	200 breast	Heats	238	50 free	Heats	442	
	100 fly	Heats	238	100 free	Heats	440	
19	Eden Hender	Team Waveney	1195	800 free	Heats	414	
	100 back	Heats	315	1500 free	Heats	403	
	100 fly	Final	307	6	Isla Coackley	teamipswich	2062
	200 back	Heats	301	200 free	Heats	474	
	200 IM	Heats	272	50 free	Heats	415	
20	Belle Bingham	Newmarket	848	100 free	Heats	395	
	100 IM	Heats	296	800 free	Heats	392	
	200 breast	Heats	282	1500 free	Heats	386	
	100 breast	Heats	270	7	Beau Waterhouse	Newmarket	2013
21	E McTaggart	Deben	815	100 free	Final	470	
	50 breast	Heats	312	50 free	Final	468	
	100 breast	Heats	271	50 fly	Final	372	
	200 breast	Heats	232	100 back	Final	366	
22	Isla Irvine	Newmarket	766	50 back	Heats	337	
	200 IM	Heats	274	8	Olivia Murphy	Deben	1991
	50 breast	Heats	249	200 free	Heats	422	
	200 breast	Heats	243	100 free	Final	406	
23	Isabelle Wild	Team Waveney	761	50 free	Heats	390	
	200 free	Heats	391	1500 free	Heats	389	
	100 free	Heats	370	800 free	Heats	384	
24	Darcey Whicher	Newmarket	760	9	Betsy Kirk	Leiston	1978
	200 back	Heats	256	100 free	Final	423	
	50 breast	Heats	252	50 free	Final	418	
	100 back	Heats	252	50 breast	Final	387	
25	Coco Palfrey	West Suffolk	531	100 IM	Heats	381	
	200 IM	Heats	275	800 free	Heats	369	
	100 breast	Heats	256	10	Isla Thorn	Team Waveney	1279
26	Aurelia Herring	Leiston	505	200 back	Heats	356	
	200 breast	Heats	262	800 free	Heats	318	
	100 breast	Heats	243	100 back	Heats	311	
27	Jessica Nichols	Team Waveney	284	1500 free	Heats	294	
	200 back	Heats	284	11	A Knights	Team Waveney	1112
28	Chloe Look	teamipswich	256	50 fly	Final	408	
	200 back	Heats	256	50 free	Heats	379	
29	A Cockerton-Pryce	Newmarket	249	100 back	Heats	325	
	200 back	Heats	249	12	C Hopewell-Campion	Newmarket	1009
				800 free	Heats	357	
				1500 free	Heats	331	
				400 IM	Heats	321	
14 Years				13	Emily Colls	Team Waveney	751
1	L Curtin	Team Waveney	2387	50 back	Final	405	
	200 free	Heats	511	100 back	Heats	346	
	100 free	Final	503	14	Anabelle Wan	Deben	601
	50 free	Heats	482	50 fly	Heats	317	
	400 IM	Heats	447	100 fly	Heats	284	
	100 IM	Heats	444	15	T Thompson	Leiston	338
2	Amelia Garnham	teamipswich	2378	200 breast	Heats	338	
	50 free	Heats	491				
	100 free	Final	485				
	200 free	Heats	481				

16	Isla Roberts	teamipswich	311				
	50 back	Heats	311				
17	Erin Stewart	West Suffolk	301				
	800 free	Heats	301				
15 Years							
1	Erin Barber	Newmarket	3196				
	100 free	Final	648				
	100 back	Heats	645				
	200 free	Heats	641				
	200 back	Heats	632				
	50 back	Final	630				
2	Nicole Peddely	teamipswich	2640				
	100 breast	Final	565				
	50 breast	Final	539				
	100 IM	Heats	517				
	200 free	Heats	510				
	50 free	Final	509				
3	Lily Steel	teamipswich	2565				
	200 free	Heats	519				
	200 back	Heats	517				
	100 free	Final	514				
	100 back	Final	514				
	50 free	Heats	501				
4	Freya May	Leiston	2529				
	100 free	Final	524				
	200 free	Heats	511				
	50 free	Heats	503				
	50 fly	Heats	503				
	100 IM	Heats	488				
5	Grace Mutton	Deben	2414				
	200 free	Heats	502				
	200 breast	Heats	491				
	100 breast	Final	476				
	50 free	Heats	474				
	800 free	Heats	471				
6	Maggie Marshall	teamipswich	2164				
	200 free	Heats	469				
	50 free	Final	455				
	1500 free	Heats	425				
	800 free	Heats	413				
	100 IM	Heats	402				
7	Lucy Walker	Deben	2081				
	50 free	Heats	460				
	50 back	Final	425				
	100 back	Final	415				
	50 fly	Final	411				
	200 back	Heats	370				
8	S Martelino	Newmarket	2056				
	50 breast	Final	438				
	50 free	Heats	415				
	100 IM	Heats	408				
	50 fly	Final	400				
	100 breast	Final	395				
9	G Cawley	teamipswich	2041				
	100 IM	Heats	430				
	50 fly	Final	418				
	200 IM	Heats	412				
	100 back	Final	395				
	100 fly	Heats	386				
10	Brooke Copping	West Suffolk	1865				
	400 IM	Heats	381				
	200 IM	Heats	379				
	100 IM	Heats	376				
	50 back	Heats	367				
	100 back	Heats	362				
11	F Thompson	Team Waveney	1659				
	100 free	Final	450				
	50 free	Heats	420				
	100 back	Final	398				
	50 back	Heats	391				
12	Isabella Bryan	teamipswich	1521				
	50 back	Heats	414				
	100 back	Heats	389				
	200 back	Heats	373				
	800 free	Heats	345				
13	C Catchpole	Leiston	1167				
	50 free	Final	442				
	50 back	Heats	370				
	50 breast	Final	355				
14	Polly Ruddell	teamipswich	1117				
	200 back	Heats	395				
	100 back	Heats	380				
	50 back	Heats	342				
15	L Freeman	Team Waveney	1068				
	200 back	Heats	391				
	100 back	Heats	342				
	1500 free	Heats	335				
16	Guste Raudonyte	Newmarket	349				
	50 breast	Heats	349				
16 Years							
1	G Troman	teamipswich	2835				
	200 free	Heats	585				
	800 free	Heats	572				
	1500 free	Heats	564				
	200 back	Heats	564				
	100 back	Final	550				
2	Erin Uttridge	teamipswich	2728				
	200 free	Heats	595				
	800 free	Heats	558				
	100 free	Heats	553				
	200 IM	Heats	538				
	100 fly	Heats	484				
3	Ella Deaton	Newmarket	2578				
	200 free	Heats	575				
	100 free	Heats	528				
	800 free	Heats	503				
	50 free	Heats	490				
	1500 free	Heats	482				
4	Amelia Lewis	teamipswich	2558				
	100 free	Heats	543				
	50 free	Heats	542				
	200 free	Heats	537				
	100 back	Final	469				
	100 IM	Heats	467				
5	M Wilson-Mansfield	Newmarket	2454				
	100 free	Final	534				
	50 back	Final	516				
	100 back	Final	516				
	100 IM	Heats	452				
	50 free	Heats	436				
6	Chloe Knight	Hadleigh	2350				
	50 back	Final	492				
	100 back	Final	486				
	50 fly	Final	464				
	100 free	Final	462				
	50 free	Final	446				
7	Amelie Harrison	Stowmarket	2191				
	50 free	Heats	462				
	100 free	Final	457				
	50 fly	Final	433				

24	B Sepanski	West Suffolk	441
	<i>50 breast</i>	<i>Heats</i>	<i>441</i>
26	Molly Peacock	West Suffolk	426
	<i>200 back</i>	<i>Heats</i>	<i>426</i>
27	Georgia Denham	Hadleigh	385
	<i>50 breast</i>	<i>Heats</i>	<i>385</i>
28	Evie Kinnett	Newmarket	346
	<i>1500 free</i>	<i>Heats</i>	<i>346</i>
29	May Richardson	Stowmarket	336
	<i>1500 free</i>	<i>Heats</i>	<i>336</i>