

## Girls Results Final

### 10 & 11 Years

1	India Clement	West Suffolk	1548
	200 free	Heats	318
	400 free	Heats	318
	100 free	Heats	307
	50 free	Heats	305
	100 back	Heats	300
2	Violet Freezer	teamipswich	1429
	400 free	Heats	312
	50 free	Heats	301
	200 free	Heats	288
	100 free	Heats	287
	100 IM	Heats	241
3	Sophie Knight	Hadleigh	1427
	50 free	Heats	307
	50 back	Final	304
	200 back	Heats	289
	100 free	Final	265
	200 free	Heats	262
4	Nellie Snowden	Deben	1275
	200 breast	Heats	261
	50 breast	Final	258
	50 free	Heats	257
	100 breast	Final	250
	100 IM	Heats	249
5	Isla Mason	Stowmarket	1232
	400 free	Heats	273
	200 free	Heats	261
	100 free	Heats	248
	200 IM	Heats	230
	200 breast	Heats	220
6	Emilia Butt	Deben	1227
	50 free	Heats	255
	200 back	Heats	255
	100 back	Final	245
	200 free	Heats	240
	50 back	Heats	232
7	Olivia Swallow	teamipswich	1206
	400 free	Heats	274
	50 free	Heats	266
	100 free	Heats	232
	100 back	Heats	222
	200 free	Heats	212
8	Amber Daynes	Stowmarket	1191
	50 free	Final	270
	100 free	Final	244
	100 back	Final	235
	100 IM	Heats	223
	50 back	Final	219
9	Lena Crisp	St Felix Sch	1156
	200 back	Heats	242
	50 free	Heats	235
	100 back	Final	231
	200 IM	Heats	227
	100 free	Heats	221
10	Luna Smith	Newmarket	1096
	50 free	Heats	244
	50 back	Heats	234
	100 back	Final	233
	100 IM	Heats	209
	50 breast	Heats	176
11	Caitlin Millen	Stowmarket	915
	50 fly	Final	209
	100 IM	Heats	184

	100 breast	Heats	176
	50 breast	Heats	175
	50 back	Heats	171
12	Matilda Smith	Team Waveney	822
	50 free	Heats	240
	100 free	Heats	228
	100 IM	Heats	199
	50 fly	Heats	155
13	Alexandra McVittie	Hadleigh	662
	50 free	Final	267
	50 breast	Heats	201
	100 breast	Heats	194
14	Mia King	Team Waveney	572
	50 free	Heats	204
	100 breast	Heats	196
	50 breast	Heats	172
15	Olivia Stroud	Hadleigh	443
	50 free	Heats	227
	50 back	Heats	216
16	Jocelyn Wedlake	Felixstowe	371
	50 back	Heats	208
	50 breast	Heats	163
17	Jessie Barber	Newmarket	187
	50 back	Heats	187
18	Lottie Harte	Newmarket	183
	50 breast	Heats	183
19	Willow Ryder	West Suffolk	177
	50 back	Heats	177

### 12 Years

1	Amelia Garnham	teamipswich	1863
	50 free	Final	396
	100 free	Final	383
	400 free	Heats	378
	200 free	Heats	370
	200 IM	Heats	336
2	Nina Allen	Newmarket	1795
	50 free	Final	400
	100 free	Final	361
	400 free	Heats	354
	50 back	Final	343
	100 IM	Heats	337
3	Emilia Armstrong	Stowmarket	1757
	50 free	Final	375
	100 free	Final	355
	50 back	Final	351
	100 IM	Heats	343
	200 IM	Heats	333
4	Maelys Jacquet	Felixstowe	1493
	50 free	Final	332
	200 free	Heats	317
	100 free	Final	300
	50 fly	Final	272
	100 IM	Heats	272
5	Isla Coackley	teamipswich	1451
	200 free	Heats	317
	50 free	Heats	314
	100 free	Heats	302
	200 back	Heats	264
	200 breast	Heats	254
6	Casey Hopewell-Campion	Newmarket	1449
	100 free	Final	318
	50 free	Heats	308

	50 back	Final	290		
	200 free	Heats	283		
	100 IM	Heats	250		
7	Freya Reed		West Suffolk	1423	
	50 free	Heats	328		
	100 free	Heats	294		
	200 free	Heats	287		
	100 IM	Heats	265		
	50 back	Final	249		
8	Poppy Moore		West Suffolk	1400	
	50 free	Heats	315		
	200 free	Heats	303		
	100 IM	Heats	268		
	800 free	Heats	261		
	50 back	Heats	253		
9	Annabelle Knights		St Felix Sch	1125	
	50 free	Heats	325		
	100 free	Heats	294		
	50 fly	Heats	264		
	50 back	Heats	242		
10	Rebecca Luckett		Team Waveney	1012	
	100 free	Heats	286		
	50 fly	Final	284		
	50 back	Heats	246		
	100 fly	Heats	196		
11	Beau Waterhouse		Newmarket	917	
	50 free	Heats	354		
	100 free	Heats	334		
	50 fly	Final	229		
12	Harriet Townend		Stowmarket	664	
	50 free	Heats	348		
	100 free	Heats	316		
13	Anabelle Wan		Felixstowe	506	
	50 free	Heats	268		
	50 breast	Final	238		
14	Gracie Reed		Team Waveney	270	
	50 free	Heats	270		
15	Lola-Rose Curtin		Team Waveney	254	
	50 free	Heats	254		

### 13 Years

1	Erin Barber		Newmarket	2580	
	50 free	Final	537		
	100 free	Final	518		
	100 back	Final	518		
	400 free	Heats	511		
	200 free	Heats	496		
2	Lily Steel		teamipswich	2328	
	200 free	Heats	494		
	100 free	Final	477		
	100 back	Heats	471		
	400 free	Heats	448		
	100 IM	Heats	438		
3	Nicole Peddely		teamipswich	2164	
	50 breast	Final	451		
	50 free	Final	448		
	100 IM	Heats	439		
	100 free	Final	422		
	200 free	Heats	404		
4	Grace Mutton		teamipswich	2093	
	100 breast	Final	436		
	400 free	Heats	424		
	200 free	Heats	420		
	100 free	Heats	408		
	50 free	Final	405		

5	Guste Raudonyte		Newmarket	1782	
	50 free	Final	395		
	100 free	Heats	364		
	200 free	Heats	348		
	100 IM	Heats	348		
	100 breast	Heats	327		
6	Freya May		Leiston	1734	
	100 free	Heats	370		
	100 IM	Heats	369		
	50 fly	Final	344		
	50 breast	Final	332		
	100 breast	Heats	319		
7	Emily Sinclair		West Suffolk	1699	
	50 free	Final	365		
	50 fly	Heats	359		
	100 IM	Heats	339		
	50 back	Heats	330		
	200 IM	Heats	306		
8	Samantha Martelino		Newmarket	1688	
	100 IM	Heats	351		
	50 free	Heats	341		
	50 breast	Heats	339		
	100 free	Heats	337		
	200 IM	Heats	320		
9	Brooke Copping		West Suffolk	1320	
	100 free	Heats	370		
	200 IM	Heats	331		
	100 IM	Heats	330		
	800 free	Heats	289		
10	Francesca Thompson		Team Waveney		
	1037				
	100 free	Final	364		
	50 free	Heats	350		
	50 back	Heats	323		
11	Lucy Walker		Deben	742	
	50 free	Final	385		
	50 back	Heats	357		
12	Maggie Marshall		teamipswich	714	
	50 free	Heats	367		
	100 free	Heats	347		
13	Charlotte Catchpole		Leiston	668	
	50 free	Heats	348		
	50 breast	Final	320		
14	Isabella Bryan		teamipswich	340	
	50 free	Heats	340		

### 14 Years

1	Grace Robinson		St Felix Sch	2953	
	200 free	Heats	621		
	400 free	Heats	607		
	100 free	Final	594		
	100 fly	Final	568		
	200 back	Heats	563		
2	Clementine Lovell		teamipswich	2902	
	200 back	Heats	619		
	200 IM	Heats	586		
	100 back	Final	575		
	200 breast	Heats	574		
	100 breast	Final	548		
3	Gabriella Troman		teamipswich	2515	
	400 free	Heats	532		
	800 free	Heats	518		
	200 free	Heats	509		
	1500 free	Heats	481		

100 free Heats 475  
 4 Emilia Johnson St Felix Sch 2397  
 100 back Final 494  
 50 back Heats 483  
 100 free Heats 475  
 200 free Heats 475  
 400 free Heats 470  
 5 Amelia Lewis teamipswich 2389  
 400 free Heats 510  
 50 free Final 497  
 100 free Heats 489  
 200 free Heats 465  
 200 back Heats 428  
 6 Eveline Gaydon teamipswich 2366  
 200 free Heats 499  
 400 free Heats 498  
 1500 free Heats 478  
 800 free Heats 466  
 100 free Heats 425  
 7 Erin Uttridge teamipswich 2358  
 200 free Heats 497  
 100 free Heats 494  
 50 free Heats 460  
 200 IM Heats 460  
 200 back Heats 447  
 8 Rose Romanus teamipswich 2321  
 200 free Heats 502  
 100 free Heats 490  
 50 free Heats 459  
 200 IM Heats 438  
 100 IM Heats 432  
 9 Ella Deaton Newmarket 2301  
 100 free Heats 489  
 400 free Heats 484  
 200 free Heats 462  
 50 free Heats 439  
 800 free Heats 427  
 10 Chloe Knight Hadleigh 2279  
 100 back Final 471  
 50 back Heats 468  
 100 free Heats 459  
 50 fly Final 444  
 50 free Heats 437  
 11 Jemima Lashmar teamipswich 2217  
 200 free Heats 468  
 400 free Heats 461  
 100 free Heats 441  
 50 free Heats 430  
 50 fly Final 417  
 12 Francesca Barber Stowmarket 2201  
 200 free Heats 476  
 100 free Heats 441  
 800 free Heats 435  
 50 free Heats 428  
 1500 free Heats 421  
 13 Miley Wilson-Mansfield Newmarket  
 2200  
 50 free Heats 446  
 100 free Heats 443  
 100 back Heats 439  
 200 back Heats 438  
 200 free Heats 434  
 14 Nicole Taylor St Felix Sch 2160  
 100 free Heats 441  
 200 free Heats 438  
 200 back Heats 434

800 free Heats 425  
 100 back Final 422  
 15 Selina Green St Felix Sch 2124  
 400 free Heats 451  
 100 free Heats 443  
 50 free Heats 439  
 200 back Heats 429  
 50 back Heats 362  
 16 Charlotte Kelly teamipswich 2072  
 100 free Heats 437  
 50 free Heats 435  
 200 IM Heats 405  
 100 IM Heats 404  
 50 breast Final 391  
 17 Sophie Roberts teamipswich 2071  
 50 back Final 433  
 50 free Heats 424  
 50 fly Final 417  
 200 back Heats 401  
 100 back Heats 396  
 18 Aimee Burgess teamipswich 2007  
 50 free Heats 454  
 100 free Heats 432  
 400 free Heats 407  
 100 IM Heats 359  
 200 IM Heats 355  
 19 Esmae Child Mildenhall 1214  
 50 free Heats 434  
 100 free Heats 426  
 50 fly Heats 354  
 20 Eva Howlett Team Waveney 1108  
 50 free Heats 391  
 100 free Heats 387  
 50 fly Heats 330  
 21 Ella Stewart West Suffolk 1073  
 200 IM Heats 369  
 100 IM Heats 368  
 50 back Heats 336  
 22 Isla Dugdale Newmarket 667  
 50 fly Heats 334  
 50 back Heats 333  
 23 Amelie Harrison Stowmarket 381  
 50 free Heats 381  
 24 Emily Turner St Felix Sch 358  
 50 free Heats 358  
 25 Jessica Collinson Deben 354  
 50 back Heats 354  
 26 Emma Lovegrove Mildenhall 339  
 50 back Heats 339  
  
**15 Years**  
 1 Darcy Gladwell teamipswich 2766  
 100 free Final 575  
 200 free Heats 575  
 400 free Heats 570  
 50 free Final 554  
 800 free Heats 492  
 2 Amelia Saunders St Felix Sch 2634  
 400 free Heats 555  
 200 free Heats 534  
 100 free Final 532  
 400 IM Heats 510  
 800 free Heats 503  
 3 Adrija Raudonyte Newmarket 2524  
 50 free Final 519  
 100 free Final 516

	100 back	Heats	507		50 free	Heats	416		
	50 back	Final	496		50 fly	Final	377		
	100 IM	Heats	486		50 breast	Heats	329		
4	Bethany Crawley		teamipswich	2473	16	Katie Walker		Deben	1113
	400 free	Heats	529		50 free	Heats	406		
	200 IM	Heats	493		50 back	Heats	357		
	400 IM	Heats	493		50 fly	Heats	350		
	200 free	Heats	481		17	Nell Motts		Hadleigh	742
	100 IM	Heats	477		50 free	Heats	380		
5	Kiera Broad		West Suffolk	2429	50 back	Heats	362		
	400 free	Heats	511		18	Poppy Cator		Team Waveney	742
	200 free	Heats	495		100 IM	Heats	381		
	100 free	Heats	479		50 back	Heats	361		
	100 breast	Final	477		19	Olivia Sheasby		Newmarket	730
	50 free	Heats	467		50 free	Heats	384		
6	Lily Brandt		Newmarket	2347	50 back	Heats	346		
	100 free	Heats	508		20	Iona Tait		Deben	396
	50 free	Heats	488		50 fly	Final	396		
	200 free	Heats	486		21	Chloe Dockerill		West Suffolk	377
	100 back	Final	444		50 fly	Final	377		
	50 back	Final	421		22	Layla Dowland		Leiston	358
7	Isabel Thomas		Newmarket	2328	50 fly	Heats	358		
	50 free	Heats	511		23	Isobelle Whittaker		Team Waveney	343
	100 free	Heats	471		50 back	Heats	343		
	400 free	Heats	466		24	Sophie Harrington		Deben	312
	200 free	Heats	464		50 fly	Heats	312		
	800 free	Heats	416						
8	Evie Armstrong		teamipswich	2288	<b>16 Years</b>				
	200 free	Heats	485		1	Sophie Dowding		teamipswich	2943
	50 free	Heats	469		400 free	Heats	635		
	50 breast	Final	469		200 free	Heats	617		
	100 breast	Final	444		800 free	Heats	572		
	200 IM	Heats	421		1500 free	Heats	562		
9	Isabel Moore		West Suffolk	2208	100 free	Heats	557		
	400 free	Heats	479		2	Ellen Duffield		teamipswich	2928
	1500 free	Heats	452		50 free	Heats	614		
	800 free	Heats	443		50 breast	Final	591		
	50 free	Heats	423		100 free	Final	590		
	200 IM	Heats	411		100 breast	Heats	577		
10	Maia Thompson		Team Waveney	2067	100 IM	Heats	556		
	100 back	Heats	431		3	Natalie Taylor		St Felix Sch	2697
	50 free	Heats	428		100 free	Final	588		
	200 back	Heats	414		50 free	Heats	557		
	50 back	Heats	413		200 free	Heats	545		
	100 IM	Heats	381		400 free	Heats	511		
11	May Richardson		Stowmarket	2057	800 free	Heats	496		
	200 free	Heats	446		4	Amelie Crabb		teamipswich	2649
	100 free	Final	440		100 free	Heats	544		
	50 free	Heats	435		50 free	Heats	536		
	100 IM	Heats	387		400 free	Heats	531		
	50 fly	Heats	349		200 free	Heats	529		
12	Florence Davies		Deben	1878	200 back	Heats	509		
	200 back	Heats	404		5	Charlotte Sanford		St Felix Sch	2571
	50 free	Heats	398		400 free	Heats	534		
	100 back	Heats	390		100 IM	Heats	514		
	50 back	Heats	360		200 breast	Heats	511		
	50 breast	Heats	326		400 IM	Heats	508		
13	Charlotte Creasy		West Suffolk	1243	100 free	Heats	504		
	50 free	Heats	446		6	Chloe Armstrong		teamipswich	2532
	50 back	Final	428		50 fly	Final	521		
	50 fly	Heats	369		50 free	Heats	515		
14	Lottie Hitchcock		teamipswich	1203	100 back	Final	504		
	100 breast	Heats	411		50 back	Final	500		
	50 breast	Heats	401		100 free	Heats	492		
	200 breast	Heats	391		7	Emily Knight		Hadleigh	2383
15	Grace Ellis		Newmarket	1122	100 free	Final	493		

	400 free	Heats	482				
	200 free	Heats	479				
	50 free	Heats	477				
	100 back	Final	452				
8	Elizabeth Wright			West Suffolk	2375		
	50 free	Heats	499				
	200 breast	Heats	480				
	50 breast	Final	478				
	100 breast	Final	459				
	50 fly	Final	459				
9	Eloise Perry			West Suffolk	2271		
	400 IM	Heats	477				
	200 free	Heats	467				
	50 fly	Heats	456				
	200 IM	Heats	442				
	100 IM	Heats	429				
10	Rebecca Brown			West Suffolk	2258		
	200 free	Heats	464				
	50 free	Heats	461				
	100 IM	Heats	450				
	200 IM	Heats	449				
	200 back	Heats	434				
11	Hannah McNicholas			Deben	2238		
	50 fly	Final	493				
	50 free	Heats	491				
	100 free	Heats	466				
	50 back	Heats	395				
	100 fly	Heats	393				
12	Sophie Pennington			teamipswich	2206		
	100 free	Heats	509				
	200 free	Heats	495				
	50 fly	Heats	409				
	100 fly	Heats	399				
	200 back	Heats	394				
13	Gigi Gebhard			teamipswich	2070		
	50 free	Heats	432				
	100 breast	Final	429				
	50 breast	Heats	418				
	100 IM	Heats	400				
	200 breast	Heats	391				
14	Georgia Denham			Hadleigh	1515		
	50 breast	Final	406				
	100 IM	Heats	374				
	200 breast	Heats	368				
	50 fly	Heats	367				
15	Beatrice Sepanski			West Suffolk	1302		
	50 free	Heats	447				
	50 breast	Heats	430				
	100 IM	Heats	425				
16	Jersey Holmes			Team Waveney	1224		
	50 free	Heats	431				
	50 fly	Heats	416				
	100 fly	Heats	377				
17	Sarah Rose			Mildenhall	1209		
	50 free	Heats	413				
	50 fly	Heats	407				
	100 IM	Heats	389				
18	Gracie Brinkley			West Suffolk	1120		
	100 fly	Final	388				
	50 fly	Heats	367				
	200 fly	Heats	365				
19	Phoebe Harpur-Davies			West Suffolk	900		
	100 fly	Final	452				
	50 free	Heats	448				
20	Katie Bavey			Newmarket	809		
	50 free	Heats	441				
	50 breast	Final	368				
21	Megan Barker			West Suffolk	781		
	100 IM	Heats	411				
	50 back	Heats	370				
22	Eloise Manton			West Suffolk	744		
	50 free	Heats	391				
	50 breast	Heats	353				
23	Florence Talbot			Newmarket	730		
	50 fly	Heats	366				
	100 IM	Heats	364				
24	Evie Kinnett			Newmarket	443		
	50 free	Heats	443				
25	Beatrice Collier			Newmarket	350		
	50 fly	Heats	350				
26	Emma Arnold			Hadleigh	348		
	50 breast	Heats	348				
<b>17 Years &amp; over</b>							
1	Matilda Bogle			teamipswich	3328		
	400 free	Heats	697				
	200 free	Heats	664				
	100 free	Final	660				
	200 back	Heats	656				
	200 IM	Heats	651				
2	Beth Young			teamipswich	3182		
	100 breast	Heats	657				
	50 breast	Heats	650				
	200 breast	Heats	638				
	100 IM	Heats	626				
	200 IM	Heats	611				
3	Charlotte White			West Suffolk	3068		
	100 IM	Heats	628				
	200 IM	Heats	626				
	200 free	Heats	618				
	400 IM	Heats	602				
	100 fly	Heats	594				
4	Abigail Crawley			teamipswich	3058		
	100 free	Final	645				
	50 free	Heats	620				
	200 free	Heats	611				
	100 fly	Heats	611				
	100 IM	Heats	571				
5	Connie Davies			Deben	2931		
	400 free	Heats	596				
	100 free	Final	591				
	50 free	Final	590				
	200 free	Heats	580				
	100 back	Final	574				
6	Romilly Marks			Newmarket	2659		
	400 free	Heats	580				
	100 free	Heats	541				
	1500 free	Heats	513				
	400 IM	Heats	513				
	800 free	Heats	512				
7	Madelyn Latimer-Hicks			St Felix Sch	2632		
	800 free	Heats	544				
	1500 free	Heats	538				
	100 IM	Heats	526				
	200 IM	Heats	521				
	50 free	Final	503				
8	Cerys Williams			West Suffolk	2629		
	100 fly	Heats	544				
	50 fly	Final	527				
	50 free	Heats	525				
	100 IM	Heats	518				
	100 free	Heats	515				

9	Caitlin McNicholas	Deben	2470	50 breast	Heats	419	
	50 breast	Final	534	200 breast	Heats	391	
	100 breast	Heats	515	50 fly	Heats	370	
	100 IM	Heats	490	21 Francesca Wallace	Stowmarket	1248	
	100 free	Heats	467	50 free	Heats	456	
	50 free	Heats	464	50 fly	Heats	412	
10	Esme Springham	Deben	2363	50 breast	Heats	380	
	50 free	Final	509	22 Elizabeth England	Stowmarket	1200	
	50 back	Final	507	50 fly	Heats	428	
	100 back	Heats	480	50 back	Heats	396	
	50 fly	Heats	464	50 breast	Heats	376	
	50 breast	Heats	403	23 Tanya Alexander	Team Waveney	488	
11	Ellie Catchpole	Leiston	2348	50 fly	Heats	488	
	50 free	Final	525	24 Sophie Barrett	Stowmarket	358	
	50 breast	Heats	500	50 fly	Heats	358	
	100 free	Heats	475	25 Taome Emmerson	Leiston	352	
	100 IM	Heats	446	50 breast	Heats	352	
	50 fly	Heats	402	26 Kiera Turner	Team Waveney	348	
12	Elijah Britton	St Felix Sch	2339	50 breast	Heats	348	
	100 free	Heats	495				
	50 fly	Final	469				
	200 IM	Heats	464				
	400 free	Heats	463				
	100 fly	Heats	448				
13	Amber Ridgeon	Leiston	2335				
	50 free	Heats	488				
	50 breast	Heats	482				
	100 IM	Heats	474				
	200 breast	Heats	448				
	100 breast	Final	443				
14	Isabelle Barber	Stowmarket	2286				
	100 free	Heats	512				
	100 back	Heats	464				
	50 back	Heats	441				
	200 free	Heats	440				
	400 free	Heats	429				
15	Elsie Pooley	Newmarket	2264				
	200 free	Heats	477				
	50 free	Heats	469				
	200 back	Heats	457				
	100 back	Heats	435				
	50 breast	Heats	426				
16	Molly Peacock	West Suffolk	2108				
	100 back	Final	453				
	200 back	Heats	451				
	50 back	Heats	440				
	100 IM	Heats	398				
	50 fly	Heats	366				
17	Emily Cutting	West Suffolk	2013				
	100 back	Heats	412				
	50 back	Heats	411				
	50 free	Heats	397				
	100 free	Heats	397				
	50 breast	Heats	396				
18	Tess Wesley	Newmarket	1823				
	200 free	Heats	493				
	200 IM	Heats	472				
	50 breast	Heats	440				
	50 back	Heats	418				
19	Alice Clark	West Suffolk	1674				
	50 free	Heats	460				
	100 free	Heats	431				
	50 fly	Heats	405				
	200 breast	Heats	378				
20	Madeline Pawle	Leiston	1628				
	100 breast	Heats	448				