

Suffolk County Championships 2022

(Under Swim England Laws and Technical Rules of Swimming)

License 1ER220165

UEA SportsPark– Saturday 22nd January 2022 (50m Pool) **Results - Session One**

EVENT 101 Girl 12 Yrs/Over 800m Freestyle

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	PI./Ht.			
1.	Erin Barber	12	Newmarket	10:59.13	397				
	50m 35.83	100m 1:15.38	150m 1:56.62	200m 2:37.72	250m 3:19.83	300m 4:01.43	350m 4:43.60	400m 5:25.40	
	450m 6:07.10	500m 6:48.96	550m 7:31.50	600m 8:13.52	650m 8:55.98	700m 9:38.30	750m 10:20.50	800m 10:59.13	

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	PI./Ht.			
1.	Grace Robinson	13	St Felix Sch	10:23.28	470				
	50m 34.76	100m 1:11.95	150m 1:51.15	200m 2:29.85	250m 3:09.86	300m 3:48.74	350m 4:28.92	400m 5:08.19	
	450m 5:48.26	500m 6:27.49	550m 7:07.74	600m 7:47.32	650m 8:27.63	700m 9:06.83	750m 9:47.08	800m 10:23.28	
2.	Eveline Gaydon	13	teamipswich	10:47.12	420				
	50m 37.29	100m 1:17.20	150m 1:59.17	200m 2:39.36	250m 3:21.07	300m 4:01.33	350m 4:42.38	400m 5:22.82	
	450m 6:04.05	500m 6:44.31	550m 7:26.05	600m 8:06.66	650m 8:48.05	700m 9:28.99	750m 10:09.42	800m 10:47.12	
3.	Selina Green	13	St Felix Sch	11:57.62	308				
	50m 36.30	100m 1:18.36	150m 2:01.65	200m 2:47.04	250m 3:31.55	300m 4:17.96	350m 5:03.76	400m 5:51.53	
	450m 6:36.48	500m 7:24.53	550m 8:10.89	600m 8:59.03	650m 9:44.69	700m 10:32.26	750m 11:15.41	800m 11:57.62	
4.	Nicole Taylor	13	St Felix Sch	11:59.56	305				
	50m 35.71	100m 1:17.55	150m 2:01.35	200m 2:47.37	250m 3:32.52	300m 4:20.06	350m 5:05.81	400m 5:53.68	
	450m 6:40.10	500m 7:27.77	550m 8:13.60	600m 9:01.34	650m 9:46.90	700m 10:34.55	750m 11:17.38	800m 11:59.56	
5.	Ella Stewart	13	West Suffolk	12:21.89	279				
	50m 37.51	100m 1:20.22	150m 2:06.68	200m 2:52.66	250m 3:40.74	300m 4:28.16	350m 5:16.80	400m 6:03.79	
	450m 6:53.27	500m 7:39.58	550m 8:28.40	600m -	650m 10:04.30	700m -	750m 11:38.94	800m 12:21.89	
6.	Lily Hills	13	St Felix Sch	12:58.88	241				
	50m 39.23	100m 1:25.59	150m 2:14.20	200m 3:02.01	250m 3:52.59	300m 4:41.57	350m 5:33.36	400m 6:22.26	
	450m 7:12.59	500m 8:02.72	550m 8:54.37	600m 9:43.79	650m 10:34.35	700m 11:23.86	750m 12:13.26	800m 12:58.88	

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	PI./Ht.			
1.	Kiera Broad	14	West Suffolk	10:36.42	442				
	50m 33.60	100m 1:11.80	150m 1:50.55	200m 2:30.95	250m 3:10.62	300m 3:51.95	350m 4:31.81	400m 5:12.75	
	450m 5:53.07	500m 6:34.25	550m 7:14.64	600m 7:56.24	650m 8:36.99	700m 9:18.41	750m 9:57.64	800m 10:36.42	
2.	Amelia Saunders	14	Leiston	10:37.29	440				
	50m 34.16	100m 1:12.66	150m 1:52.23	200m 2:32.08	250m 3:12.09	300m 3:51.80	350m 4:32.43	400m 5:12.78	
	450m 5:53.87	500m 6:34.58	550m 7:16.36	600m 7:55.98	650m 8:36.46	700m 9:16.89	750m 9:58.33	800m 10:37.29	
3.	Darcy Gladwell	14	teamipswich	10:39.36	435				
	50m 34.12	100m 1:12.39	150m 1:51.68	200m 2:32.22	250m 3:12.59	300m 3:53.38	350m 4:34.27	400m 5:15.64	
	450m 5:56.80	500m 6:37.63	550m 7:18.89	600m 7:59.61	650m 8:40.72	700m 9:21.85	750m 10:01.88	800m 10:39.36	
4.	Isabel Moore	14	West Suffolk	10:43.02	428				
	50m 35.58	100m 1:14.20	150m 1:54.37	200m 2:34.05	250m 3:15.49	300m 3:55.92	350m 4:37.03	400m 5:18.26	
	450m 6:00.21	500m 6:41.39	550m 7:23.88	600m 8:03.88	650m 8:45.38	700m 9:25.47	750m 10:05.82	800m 10:43.02	
5.	Bethany Crawley	14	teamipswich	10:54.09	407				
	50m 35.77	100m 1:15.14	150m 1:57.03	200m 2:38.00	250m 3:20.67	300m 4:01.36	350m 4:43.97	400m 5:24.16	
	450m 6:07.35	500m 6:49.07	550m 7:31.23	600m 8:12.34	650m 8:54.36	700m 9:41.46	750m 10:15.30	800m 10:54.09	
6.	May Richardson	14	Stowmarket	11:13.01	373				
	50m 37.14	100m 1:17.09	150m 2:00.17	200m 2:42.06	250m 3:25.35	300m 4:07.85	350m 4:50.90	400m 5:33.40	
	450m 6:17.01	500m 6:59.31	550m 7:42.76	600m 8:25.05	650m 9:08.06	700m 9:49.49	750m 10:31.85	800m 11:13.01	
7.	Adrija Raudonyte	14	Newmarket	11:18.58	364				
	50m 33.46	100m 1:13.40	150m 1:53.91	200m 2:37.97	250m 3:19.94	300m 4:04.64	350m 4:46.73	400m 5:31.28	
	450m 6:14.43	500m 6:58.78	550m 7:41.41	600m 8:26.22	650m 9:09.40	700m 9:54.65	750m 10:36.26	800m 11:18.58	
8.	Isabel Thomas	14	Newmarket	11:28.04	349				
	50m 33.45	100m 1:14.45	150m 1:55.66	200m 2:39.52	250m 3:22.32	300m 4:07.04	350m 4:50.01	400m 5:35.76	
	450m 6:18.95	500m 7:06.17	550m 7:50.32	600m 8:35.60	650m 9:18.75	700m 10:04.27	750m 10:46.08	800m 11:28.04	
9.	Maia Thompson	14	Team Waveney	11:35.82	338				
	50m 37.67	100m 1:17.80	150m 2:00.60	200m 2:42.41	250m 3:27.68	300m 4:10.52	350m 4:55.43	400m 5:39.35	
	450m 6:26.07	500m 7:09.44	550m 7:54.89	600m 8:40.21	650m 9:26.71	700m 10:11.22	750m 10:52.70	800m 11:35.82	

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	PI./Ht.			
1.	Sophie Dowding	15	teamipswich	9:43.82	572				
	50m 32.43	100m 1:08.67	150m 1:45.77	200m 2:22.38	250m 2:59.54	300m 3:36.35	350m 4:13.04	400m 4:49.36	
	450m 5:26.25	500m 6:02.52	550m 6:39.60	600m 7:15.67	650m 7:53.06	700m 8:30.11	750m 9:07.92	800m 9:43.82	
2.	Charlotte Sanford	15	St Felix Sch	10:20.15	477				
	50m 34.00	100m 1:10.93	150m 1:50.23	200m 2:28.40	250m 3:08.06	300m 3:46.46	350m 4:26.57	400m 5:05.32	
	450m 5:45.25	500m 6:24.73	550m 7:05.40	600m 7:44.39	650m 8:24.89	700m 9:04.15	750m 9:43.54	800m 10:20.15	
3.	Amelie Crabb	15	teamipswich	10:26.75	462				
	50m 33.76	100m 1:12.25	150m 1:51.57	200m 2:31.41	250m 3:10.84	300m 3:50.87	350m 4:30.44	400m 5:10.85	
	450m 5:51.18	500m 6:32.07	550m 7:12.12	600m 7:52.94	650m 8:32.47	700m 9:12.70	750m 9:51.04	800m 10:26.75	
4.	Rebecca Brown	15	Stowmarket	10:27.18	461				
	50m 33.73	100m 1:12.39	150m 1:51.75	200m 2:31.45	250m 3:11.33	300m 3:51.16	350m 4:31.22	400m 5:11.34	
	450m 5:51.19	500m 6:31.94	550m 7:12.17	600m 7:52.70	650m 8:32.35	700m 9:12.29	750m 9:50.67	800m 10:27.18	
5.	Natalie Taylor	15	St Felix Sch	10:30.89	453				
	50m 35.26	100m 1:13.58	150m 1:53.97	200m 2:33.44	250m 3:13.53	300m 3:53.28	350m 4:34.38	400m 5:14.02	
	450m 5:54.95	500m 6:34.45	550m 7:15.48	600m 7:55.23	650m 8:35.61	700m 9:14.04	750m 9:53.00	800m 10:30.89	
6.	Florence Talbot	15	Newmarket	10:43.38	427				
	50m 34.41	100m 1:13.84	150m 1:52.27	200m 2:33.01	250m 3:12.51	300m 3:54.11	350m 4:34.24	400m 5:16.39	
	450m 5:57.07	500m 6:39.27	550m 7:19.62	600m 8:01.67	650m 8:41.95	700m 9:24.03	750m 10:04.07	800m 10:43.38	
7.	Katie Stebbings	15	Stowmarket	10:47.56	419				
	50m 33.27	100m 1:11.78	150m 1:50.56	200m 2:31.18	250m 3:09.82	300m 3:51.60	350m 4:31.33	400m 5:13.55	
	450m 5:54.02	500m 6:37.16	550m 7:17.76	600m 8:01.37	650m 8:42.88	700m 9:26.38	750m 10:06.91	800m 10:47.56	
8.	Lilia Clarkson	15	St Felix Sch	10:56.41	402				
	50m 34.15	100m 1:14.06	150m 1:53.79	200m 2:35.92	250m 3:16.89	300m 3:59.62	350m 4:40.96	400m 5:24.37	
	450m 6:05.13	500m 6:47.76	550m 7:28.22	600m 8:10.99	650m 8:51.98	700m 9:35.48	750m 10:16.66	800m 10:56.41	
9.	Jersey Holmes	15	Team Waveney	10:57.03	401				
	50m 33.79	100m 1:13.85	150m 1:54.14	200m 2:36.21	250m 3:16.50	300m 3:58.39	350m 4:39.37	400m 5:21.71	
	450m 6:02.75	500m 6:45.87	550m 7:28.58	600m 8:13.26	650m 8:55.04	700m 9:38.47	750m 10:17.98	800m 10:57.03	
10.	Gracie Brinkley	15	West Suffolk	11:21.20	360				
	50m 36.05	100m 1:17.26	150m 1:59.42	200m 2:42.68	250m 3:25.70	300m 4:09.79	350m 4:52.63	400m 5:36.66	
	450m 6:19.91	500m 7:03.56	550m 7:46.93	600m 8:31.31	650m 9:14.72	700m 9:58.56	750m 10:40.94	800m 11:21.20	

Suffolk County Championships 2022

(Under Swim England Laws and Technical Rules of Swimming)

License 1ER220165

UEA SportsPark– Saturday 22nd January 2022 (50m Pool) **Results - Session One**

11. Eloise Manton	15 West Suffolk	11:41.93	329						
50m 36.73	100m 1:17.08	150m 2:01.05	200m -	250m 3:29.03	300m -	350m 4:58.97	400m -		
450m 6:29.34	500m -	550m 8:00.70	600m -	650m 9:31.03	700m -	750m 10:59.78	800m 11:41.93		

16 Yrs Age Group - Full Results

Place	Name	AaD Club	Time	FINA Pt	PI./Ht.				
1.	Karys-Rose Bunn	16 teamipswich	9:57.72	533					
	50m 32.91	100m 1:11.15	150m 1:48.07	200m 2:26.83	250m 3:03.03	300m 3:41.87	350m 4:18.89	400m 4:57.69	
	450m 5:34.05	500m 6:12.18	550m 6:49.29	600m 7:28.90	650m 8:05.69	700m 8:45.50	750m 9:21.44	800m 9:57.72	
2.	Romilly Marks	16 Newmarket	9:59.15	529					
	50m 33.80	100m 1:10.16	150m 1:48.47	200m 2:26.24	250m 3:04.79	300m 3:41.88	350m 4:20.31	400m 4:57.92	
	450m 5:36.93	500m 6:14.40	550m 6:52.85	600m 7:30.42	650m 8:08.45	700m 8:45.56	750m 9:23.65	800m 9:59.15	
3.	Isabelle Barber	16 Stowmarket	10:15.66	488					
	50m 33.38	100m 1:09.59	150m 1:48.31	200m 2:26.70	250m 3:05.95	300m 3:44.81	350m 4:24.65	400m 5:03.02	
	450m 5:43.32	500m 6:22.28	550m 7:01.37	600m 7:40.40	650m 8:20.64	700m 8:59.11	750m 9:38.70	800m 10:15.66	
4.	Elijah Britton	16 St Felix Sch	10:30.32	454					
	50m 32.79	100m 1:10.01	150m 1:48.78	200m 2:28.63	250m 3:08.33	300m 3:48.83	350m 4:28.70	400m 5:08.52	
	450m 5:48.72	500m 6:29.14	550m 7:09.10	600m 7:49.45	650m 8:29.86	700m 9:10.70	750m 9:50.65	800m 10:30.32	
5.	Kiera Turner	16 Team Waveney	11:07.32	383					
	50m 34.58	100m 1:14.55	150m 1:54.54	200m 2:36.93	250m 3:17.04	300m 3:59.93	350m 4:41.43	400m 5:25.08	
	450m 6:07.42	500m 6:51.30	550m 7:33.29	600m 8:17.34	650m 8:59.90	700m 9:43.89	750m 10:25.69	800m 11:07.32	
	Tilly Edmonds	16 Team Waveney	DNC						

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Time	FINA Pt	PI./Ht.				
1.	Madelyn Latimer-Hicks	18 St Felix Sch	9:38.21	589					
	50m 31.49	100m 1:07.03	150m 1:42.72	200m 2:20.08	250m 2:56.29	300m 3:33.65	350m 4:10.47	400m 4:47.68	
	450m 5:24.16	500m 6:01.03	550m 6:38.01	600m 7:15.21	650m 7:51.08	700m 8:27.37	750m 9:03.18	800m 9:38.21	
2.	Charlotte White	17 West Suffolk	10:02.05	522					
	50m 32.17	100m 1:09.03	150m 1:46.43	200m 2:25.03	250m 3:02.98	300m 3:41.00	350m 4:18.59	400m 4:56.71	
	450m 5:34.62	500m 6:12.93	550m 6:50.87	600m 7:29.76	650m 8:08.48	700m 8:47.07	750m 9:25.13	800m 10:02.05	
3.	Holly Driver	17 St Felix Sch	10:07.71	507					
	50m 33.14	100m 1:10.45	150m 1:47.32	200m 2:25.86	250m 3:03.51	300m 3:42.73	350m 4:20.89	400m 5:00.10	
	450m 5:38.00	500m 6:17.33	550m 6:55.30	600m 7:34.84	650m 8:12.91	700m 8:52.42	750m 9:29.98	800m 10:07.71	
4.	Natalie Sanford	18 St Felix Sch	10:19.55	479					
	50m 33.16	100m 1:10.84	150m 1:48.88	200m 2:27.92	250m 3:07.02	300m 3:47.25	350m 4:25.55	400m 5:05.62	
	450m 5:45.47	500m 6:26.35	550m 7:05.10	600m 7:44.99	650m 8:24.64	700m 9:03.44	750m 9:41.21	800m 10:19.55	
5.	Emily Cutting	17 West Suffolk	10:35.41	444					
	50m 33.64	100m 1:12.26	150m 1:50.74	200m 2:30.43	250m 3:08.92	300m 3:49.00	350m 4:28.02	400m 5:09.11	
	450m 5:49.74	500m 6:32.38	550m 7:13.01	600m 7:54.34	650m 8:34.69	700m 9:16.12	750m 9:55.78	800m 10:35.41	
6.	Cerys Williams	18 West Suffolk	10:45.52	423					
	50m 32.34	100m 1:09.54	150m 1:48.46	200m 2:28.14	250m 3:08.27	300m 3:49.05	350m 4:29.92	400m 5:11.46	
	450m 5:54.01	500m 6:36.01	550m 7:18.21	600m 8:00.99	650m 8:42.24	700m 9:25.27	750m 10:05.87	800m 10:45.52	
7.	Alice Clark	17 West Suffolk	10:51.25	412					
	50m 34.11	100m 1:12.02	150m 1:51.76	200m 2:31.29	250m 3:13.47	300m 3:55.16	350m 4:37.98	400m 5:19.51	
	450m 6:02.60	500m 6:45.02	550m 7:28.40	600m 8:09.93	650m 8:52.50	700m 9:32.78	750m 10:13.64	800m 10:51.25	

EVENT 102 Boy 12 Yrs/Over 1500m Freestyle

12 Yrs Age Group - Full Results

Place	Name	AaD Club	Time	FINA Pt	PI./Ht.				
1.	Alexander Gaydon	12 teamipswich	20:48.61	339					
	50m 37.78	100m 1:19.33	150m 2:01.62	200m 2:44.03	250m 3:25.74	300m 4:09.80	350m 4:51.23	400m 5:34.06	
	450m 6:15.31	500m 6:58.65	550m 7:38.97	600m 8:21.24	650m 9:01.69	700m 9:44.09	750m 10:26.58	800m 11:10.70	
	850m 11:52.72	900m 12:35.48	950m 13:18.15	1000m 13:59.40	1050m 14:39.64	1100m 15:20.99	1150m 16:01.72	1200m 16:43.15	
	1250m 17:23.78	1300m 18:05.50	1350m 18:47.26	1400m 19:28.46	1450m 20:07.87	1500m 20:48.61			

13 Yrs Age Group - Full Results

Place	Name	AaD Club	Time	FINA Pt	PI./Ht.				
1.	Jude Gunner	13 St Felix Sch	20:02.71	379					
	50m 34.26	100m 1:13.84	150m 1:52.44	200m 2:33.47	250m 3:12.60	300m 3:53.91	350m 4:33.05	400m 5:14.33	
	450m 5:53.21	500m 6:34.32	550m 7:13.46	600m 7:54.62	650m 8:33.88	700m 9:15.73	750m 9:55.99	800m 10:37.55	
	850m 11:17.68	900m 11:59.56	950m 12:39.88	1000m 13:21.92	1050m 14:01.31	1100m 14:42.94	1150m 15:22.75	1200m 16:04.18	
	1250m 16:43.98	1300m 17:26.29	1350m 18:05.67	1400m 18:46.19	1450m 19:23.39	1500m 20:02.71			

14 Yrs Age Group - Full Results

Place	Name	AaD Club	Time	FINA Pt	PI./Ht.				
1.	Alex Harrop	14 teamipswich	18:38.81	471					
	50m 31.08	100m 1:05.65	150m 1:43.29	200m 2:20.15	250m 2:57.84	300m 3:34.85	350m 4:13.03	400m 4:49.95	
	450m 5:28.43	500m 6:04.97	550m 6:42.50	600m 7:20.16	650m 7:58.27	700m 8:36.18	750m 9:14.77	800m 9:51.20	
	850m 10:29.50	900m 11:06.58	950m 11:44.93	1000m 12:22.13	1050m 12:59.49	1100m 13:37.57	1150m 14:16.62	1200m 14:54.51	
	1250m 15:32.99	1300m 16:10.32	1350m 16:47.90	1400m 17:25.60	1450m 18:03.01	1500m 18:38.81			
2.	Ben Every	14 St Felix Sch	19:16.21	427					
	50m 33.32	100m 1:11.09	150m 1:49.63	200m 2:28.05	250m 3:07.02	300m 3:45.37	350m 4:24.85	400m 4:49.95	
	450m 5:43.51	500m 6:22.59	550m 7:01.76	600m 7:41.15	650m 8:20.24	700m 8:59.84	750m 9:38.98	800m 10:18.40	
	850m 10:56.88	900m 11:36.28	950m 12:14.70	1000m 12:53.17	1050m 13:31.59	1100m 14:09.74	1150m 14:48.43	1200m 15:27.90	
	1250m 16:06.01	1300m 16:44.19	1350m 17:22.84	1400m 18:00.71	1450m 18:38.99	1500m 19:16.21			
3.	Oscar Winterburn	14 teamipswich	19:41.79	400					
	50m 34.02	100m 1:11.17	150m 1:50.25	200m 2:29.29	250m 3:08.33	300m 3:47.12	350m 4:26.75	400m 5:05.56	
	450m 5:45.73	500m 6:25.10	550m 7:05.76	600m 7:45.07	650m 8:26.24	700m 9:05.50	750m 9:46.77	800m 10:26.00	
	850m 11:06.47	900m 11:46.10	950m 12:26.93	1000m 13:06.96	1050m 13:47.70	1100m 14:27.56	1150m 15:08.64	1200m 15:48.75	
	1250m 16:29.02	1300m 17:08.59	1350m 17:49.26	1400m 18:28.65	1450m 19:07.68	1500m 19:41.79			

15 Yrs Age Group - Full Results

Place	Name	AaD Club	Time	FINA Pt	PI./Ht.				
1.	Patch Robinson	15 teamipswich	18:06.09	515					
	50m 31.37	100m 1:06.73	150m 1:43.09	200m 2:20.19	250m 2:57.15	300m 3:34.42	350m 4:11.82	400m 4:49.70	
	450m 5:26.89	500m 6:03.48	550m 6:39.31	600m 7:15.35	650m 7:51.49	700m 8:27.77	750m 9:04.43	800m 9:41.07	
	850m 10:17.90	900m 10:54.29	950m 11:30.99	1000m 12:08.00	1050m 12:43.17	1100m 13:19.69	1150m 13:56.23	1200m 14:32.72	
	1250m 15:08.51	1300m 15:45.06	1350m 16:21.31	1400m 16:57.23	1450m 17:32.17	1500m 18:06.09			
2.	Ben Howlett	15 teamipswich	18:48.05	460					
	50m 32.41	100m 1:08.44	150m 1:47.02	200m 2:24.24	250m 3:02.78	300m 3:39.72	350m 4:18.21	400m 4:55.59	
	450m 5:34.44	500m 6:11.77	550m 6:50.61	600m 7:28.30	650m 8:06.82	700m 8:44.67	750m 9:23.12	800m 10:00.72	

Suffolk County Championships 2022

(Under Swim England Laws and Technical Rules of Swimming)

License 1ER220165

UEA SportsPark– Saturday 22nd January 2022 (50m Pool) **Results - Session One**

850m 10:39.37	900m 11:16.89	950m 11:55.77	1000m 12:33.11	1050m 13:11.09	1100m 13:48.27	1150m 14:26.83	1200m 15:03.90
1250m 15:42.64	1300m 16:19.89	1350m 16:58.02	1400m 17:34.75	1450m 18:12.99	1500m 18:48.05		
3. Charlie McKinnon	15 St Felix Sch		18:56.17	450			
50m 32.19	100m 1:09.42	150m 1:46.81	200m 2:25.75	250m 3:02.33	300m 3:41.08	350m 4:18.57	400m 4:57.95
450m 5:35.57	500m 6:14.49	550m 6:52.11	600m 7:31.79	650m 8:09.30	700m 8:48.55	750m 9:25.95	800m 10:05.64
850m 10:43.22	900m 11:22.63	950m 12:00.40	1000m 12:39.88	1050m 13:16.90	1100m 13:55.53	1150m 14:33.35	1200m 15:12.69
1250m 15:50.62	1300m 16:29.37	1350m 17:06.33	1400m 17:44.92	1450m 18:21.12	1500m 18:56.17		
4. Thomas Spelman	15 Stowmarket		19:15.14	428			
50m 34.82	100m 1:11.60	150m 1:49.70	200m 2:28.23	250m 3:07.26	300m 3:45.91	350m 4:24.72	400m 5:02.87
450m 5:41.78	500m 6:19.97	550m 6:59.26	600m 7:37.76	650m 8:16.47	700m 8:55.70	750m 9:34.90	800m 10:13.42
850m 11:02.30	900m 11:32.38	950m 12:11.92	1000m 12:51.48	1050m 13:30.50	1100m 14:08.93	1150m 14:48.54	1200m 15:27.85
1250m 16:06.16	1300m 16:44.44	1350m 17:23.93	1400m 18:01.73	1450m 18:40.22	1500m 19:15.14		
5. Noah Mann	15 Newmarket		19:31.73	410			
50m 33.47	100m 1:11.30	150m 1:49.83	200m 2:29.00	250m 3:07.75	300m 3:47.76	350m 4:27.08	400m 5:06.72
450m 5:46.19	500m 6:26.44	550m 7:05.12	600m 7:44.83	650m 8:24.26	700m 9:04.78	750m 9:43.50	800m 10:23.54
850m 11:02.28	900m 11:42.55	950m 12:21.29	1000m 13:01.36	1050m 13:40.69	1100m 14:20.92	1150m 14:59.60	1200m 15:39.15
1250m 16:17.88	1300m 16:58.52	1350m 17:37.74	1400m 18:17.17	1450m 18:54.80	1500m 19:31.73		
6. Nathan Birchenough	15 St Felix Sch		19:31.74	410			
50m 34.26	100m 1:10.96	150m 1:50.21	200m 2:27.59	250m 3:07.04	300m 3:45.15	350m 4:24.07	400m 5:01.81
450m 5:40.84	500m 6:18.59	550m 6:57.71	600m 7:35.52	650m 8:15.29	700m 8:53.18	750m 9:33.07	800m 10:11.72
850m 10:51.71	900m 11:30.58	950m 12:11.19	1000m 12:50.36	1050m 13:31.58	1100m 14:11.32	1150m 14:53.07	1200m 15:32.89
1250m 16:14.21	1300m 16:54.05	1350m 17:34.52	1400m 18:13.81	1450m 18:54.68	1500m 19:31.74		
7. Nicholas Barber	15 Stowmarket		20:25.25	359			
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -
850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -
1250m -	1300m -	1350m -	1400m -	1450m -	1500m 20:25.25		

16 Yrs Age Group - Full Results

Place	Name	AaD Club	Time	FINA Pt	PI./Ht.
1.	Daniel Clayton	16 teamipswich	18:21.66	494	
	50m 31.13	100m 1:04.67	150m 1:40.97	200m 2:17.04	250m 2:54.33
	450m 5:21.78	500m 5:58.65	550m 6:36.28	600m 7:12.49	650m 7:50.43
	850m 10:19.94	900m 10:56.67	950m 11:34.21	1000m 12:11.37	1050m 12:47.99
	1250m 15:17.78	1300m 15:55.52	1350m 16:33.02	1400m 17:10.38	1450m 17:45.83
				1500m 18:21.66	
					300m 3:30.70
					700m 8:27.66
					1100m 13:25.45
					1500m 18:21.66

17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Time	FINA Pt	PI./Ht.
1.	Joe Cooper	18 teamipswich	17:01.96	619	
	50m 29.07	100m 1:02.01	150m 1:35.15	200m 2:09.26	250m 2:42.41
	450m 4:58.07	500m 5:32.68	550m 6:06.53	600m 6:41.70	650m 7:16.07
	850m 9:35.23	900m 10:10.46	950m 10:44.40	1000m 11:19.54	1050m 11:53.77
	1250m 14:12.10	1300m 14:47.47	1350m 15:21.42	1400m 15:56.53	1450m 16:29.64
				1500m 17:01.96	
					300m 3:16.82
					700m 7:51.29
					1100m 12:28.75
					1500m 17:01.96
2.	Marin De Villard	17 St Felix Sch	17:09.47	605	
	50m 29.28	100m 1:02.69	150m 1:35.78	200m 2:10.34	250m 2:43.68
	450m 5:01.52	500m 5:37.55	550m 6:11.27	600m 6:46.79	650m 7:20.64
	850m 9:39.14	900m 10:14.33	950m 10:48.08	1000m 11:23.86	1050m 11:58.19
	1250m 14:17.93	1300m 14:53.67	1350m 15:27.31	1400m 16:03.21	1450m 16:36.10
				1500m 17:09.47	
					300m 3:18.26
					700m 7:56.05
					1100m 12:33.48
					1500m 17:09.47
3.	Myles Turner	22 West Suffolk	17:21.81	584	
	50m 29.40	100m 1:02.40	150m 1:35.44	200m 2:09.63	250m 2:42.66
	450m 4:58.61	500m 5:32.98	550m 6:06.82	600m 6:41.98	650m 7:16.30
	850m 9:35.82	900m 10:11.04	950m 10:46.31	1000m 11:23.78	1050m 12:00.54
	1250m 14:23.14	1300m 14:59.24	1350m 15:35.09	1400m 16:11.66	1450m 16:47.00
				1500m 17:21.81	
					300m 3:16.94
					700m 7:51.53
					1100m 12:37.00
					1500m 17:21.81
4.	Jack Pallant	18 Team Waveney	17:40.85	553	
	50m 29.78	100m 1:03.01	150m 1:36.71	200m 2:10.90	250m 2:45.71
	450m 5:07.19	500m 5:43.13	550m 6:18.76	600m 6:54.14	650m 7:30.08
	850m 9:54.58	900m 10:30.64	950m 11:06.81	1000m 11:42.51	1050m 12:18.64
	1250m 14:43.26	1300m 15:19.31	1350m 15:55.60	1400m 16:31.50	1450m 17:06.57
				1500m 17:40.85	
					300m 3:20.84
					700m 8:06.30
					1100m 12:54.81
					1500m 17:40.85
5.	Matthew Brown	17 Stowmarket	18:06.37	515	
	50m 29.54	100m 1:02.57	150m 1:38.31	200m 2:13.85	250m 2:51.05
	450m 5:19.15	500m 5:55.75	550m 6:33.69	600m -	650m 7:48.41
	850m 10:18.88	900m 10:55.79	950m 11:33.48	1000m 12:09.82	1050m 12:47.19
	1250m 15:10.44	1300m 15:46.14	1350m 16:22.30	1400m 16:58.18	1450m 17:34.18
				1500m 18:06.37	
					300m 3:27.22
					700m -
					1100m 13:23.64
					1500m 18:06.37
6.	Harrison Holmes	17 Team Waveney	19:41.49	400	
	50m 33.58	100m 1:10.55	150m 1:48.48	200m 2:26.29	250m 3:04.99
	450m 5:39.88	500m 6:18.60	550m 6:58.54	600m 7:37.58	650m 8:16.56
	850m 10:53.29	900m 11:32.16	950m 12:11.49	1000m -	1050m 13:30.94
	1250m 16:17.29	1300m -	1350m 17:40.86	1400m 18:22.18	1450m 19:03.69
					1500m 19:41.49
					300m 3:42.99
					700m 8:55.96
					1100m 14:11.76
					1500m 19:41.49