

<b>10/11 Years</b>		<b>Best 5 Events</b>					
						100 back	Final 01:32.70 141
1	Janos Csepely	teamipswich	1093			50 back Heat	00:43.56 132
	200 free	Heat 02:39.05	243	10	Byron Miller	Hadleigh	696
	100 free	Heat 01:12.32	239			50 free Final	00:36.65 166
	50 free Heat	00:33.18 224				100 IM Heat	01:31.28 157
	200 breast	Heat 03:27.05	195			50 fly Heat	00:42.25 136
	100 IM Heat	01:25.32 192				50 back Heat	00:43.41 134
2	James Tooke	teamipswich	968			50 breast	Heat 00:53.74 103
	50 back Heat	00:36.71 221		10	Tom Barber	Team Waveney	696
	200 back	Heat 02:55.92	216			400 free	Heat 06:23.02 170
	50 free Final	00:34.61 197				50 free Heat	00:37.29 158
	100 IM Heat	01:26.22 186				100 IM Heat	01:36.93 131
	100 breast	Heat 01:44.59	148			50 fly Final	00:44.17 119
3	Jake Battle	Stowmarket	949			200 breast	Heat 04:04.79 118
	50 free Final	00:34.44 200		12	Freddy Nicholls	Leiston	664
	200 IM Heat	03:09.73 192				200 free	Heat 03:10.00 143
	400 free	Heat 06:11.03	187			50 free Heat	00:38.85 139
	50 fly Heat	00:38.07 186				100 free	Heat 01:26.89 138
	100 IM Heat	01:26.54 184				50 breast	Final 00:50.60 124
4	Rhys Watsham	St Felix Sch	919			50 back Heat	00:45.03 120
	200 back	Heat 03:03.79	189	13	Heath Harrison	Stowmarket	633
	50 back Heat	00:38.79 187				50 free Heat	00:37.70 152
	400 free	Heat 06:11.40	186			200 IM Heat	03:34.16 134
	50 free Final	00:35.38 185				200 free	Heat 03:15.28 131
	100 back	Heat 01:26.85	172			200 breast	Heat 04:11.88 108
5	Finley Miller	Felixstowe	830			50 back Heat	00:46.56 108
	50 free Heat	00:35.18 188		14	James Vellacott	teamipswich	614
	400 free	Heat 06:13.42	183			50 free Heat	00:34.79 194
	100 free	Heat 01:20.50	173			50 back Final	00:40.28 167
	200 free	Heat 03:02.48	161			50 fly Final	00:42.78 131
	50 back Heat	00:44.39 125				50 breast	Heat 00:50.78 122
6	Diggory Davies	Deben	777	15	Louis Palmer	West Suffolk	601
	200 back	Heat 03:10.38	170			50 free Heat	00:38.46 144
	200 free	Heat 03:03.88	157			200 free	Heat 03:11.79 139
	100 back	Final 01:30.15	154			100 IM Heat	01:41.29 115
	50 back Final	00:41.83 149				100 back	Heat 01:41.57 107
	50 free Heat	00:38.16 147				50 breast	Heat 00:55.00 96
7	Rex Harrison	Stowmarket	739	16	Noah Turna	Leiston	590
	400 free	Heat 06:26.26	165			100 IM Heat	01:37.60 128
	200 free	Heat 03:07.93	147			50 breast	Heat 00:50.82 122
	100 free	Heat 01:25.23	146			100 breast	Heat 01:52.25 119
	50 back Final	00:42.65 141				50 back Heat	00:45.94 113
	50 free Heat	00:38.81 140				50 free Heat	00:42.33 108
8	Jacob Wild	Newmarket	731	17	Dylan Lambie	Stowmarket	589
	50 free Final	00:35.50 183				50 free Heat	00:40.13 126
	200 free	Heat 03:01.79	163			100 IM Heat	01:39.25 122
	100 free	Final 01:24.61	149			200 free	Heat 03:21.11 120
	100 IM Heat	01:36.31 133				100 breast	Final 01:54.05 114
	100 fly Heat	01:41.76 103				200 IM Heat	03:50.43 107
9	Dexter Winterburn	teamipswich	727	18	Kyren Williams	teamipswich	575
	200 free	Heat 03:04.10	157			50 free Heat	00:38.59 142
	200 back	Heat 03:17.37	153			50 back Heat	00:44.03 128
	100 free	Heat 01:25.56	144			200 free	Heat 03:22.57 118

	50 breast	Heat	00:55.44	94		1500 free	Heat	20:48.61	339
	100 breast	Heat	02:01.75	93		400 free	Heat	05:09.22	323
19	Max Palmer	West Suffolk		457		800 free	Heat	11:02.43	317
	100 breast	Heat	02:00.30	97		200 free	Heat	02:26.46	312
	50 breast	Heat	00:55.05	96		100 free	Final	01:08.71	279
	200 back	Heat	03:49.91	96	2	Haiden Hall	Deben		1370
	200 free	Heat	03:43.34	88		100 free	Heat	01:06.68	306
	100 back	Heat	01:51.98	80		200 free	Heat	02:28.11	302
20	Evan Harrison	Stowmarket		445		50 free Final	00:30.57	286	
	50 free Heat	00:42.71	105			100 back	Heat	01:16.53	251
	200 back	Heat	03:50.06	96		50 back Final	00:36.50	225	
	200 free	Heat	03:45.98	85	3	Orlando Whiting	St Felix Sch		1345
	100 back	Heat	01:52.14	80		50 free Heat	00:30.47	289	
	100 breast	Heat	02:08.71	79		400 free	Heat	05:24.52	279
21	Fletcher Lay-Flurrie	teamipswich		430		100 free	Heat	01:09.99	264
	50 back Heat	00:40.17	169			200 free	Heat	02:35.91	258
	50 free Heat	00:39.07	137			800 free	Heat	11:52.85	255
	100 IM Heat	01:38.71	124		4	William Jones	teamipswich		1312
22	Jacob Halliday	Team Waveney		351		200 back	Heat	02:42.27	275
	50 free Heat	00:38.63	142			100 back	Final	01:14.81	269
	50 back Heat	00:45.53	116			50 back Final	00:34.70	262	
	50 breast	Heat	00:55.54	93		50 free Final	00:31.69	257	
23	Sebastien Collier	Newmarket		306		200 IM Heat	02:54.21	249	
	50 free Heat	00:42.32	108		5	Attila Mozes	teamipswich		1151
	50 back Heat	00:47.57	101			200 free	Heat	02:40.24	238
	100 IM Heat	01:46.90	97			200 back	Heat	02:50.31	238
24	Kuba Pociot	teamipswich		179		100 back	Heat	01:19.11	228
	50 back Heat	00:47.89	99			100 free	Final	01:13.77	226
	50 breast	Heat	00:58.44	80		50 back Heat	00:36.70	221	
25	Jacob Lucas-Adams	Mildenhall		145	6	James Whittaker	Team Waveney	854	
	50 free Heat	00:38.36	145			50 free Final	00:34.92	192	
26	Buddy Thain	teamipswich		144		100 free	Heat	01:18.52	187
	50 back Heat	00:52.46	75			200 free	Heat	03:00.93	165
	100 breast	Heat	02:14.31	69		50 back Final	00:40.45	165	
27	Leo Willcox	Felixstowe		120		100 IM Heat	01:33.79	145	
	50 back Heat	00:45.04	120		7	Richard Levell	West Suffolk		753
28	Herbie Shaw-Clutten	St Felix Sch		115		50 breast	Final	00:45.69	168
	50 free Heat	00:41.36	115			50 free Heat	00:36.75	165	
29	Joshua Blagg	Stowmarket		110		50 back Heat	00:41.67	151	
	200 back	Heat	03:39.81	110		200 breast	Heat	03:53.95	135
30	Isaac Edwards	Newmarket		90		200 back	Heat	03:26.08	134
	50 breast	Heat	00:56.28	90	8	Ethan Wallis	St Felix Sch		732
31	Ricards Korotkihs	teamipswich		84		50 free Final	00:35.97	176	
	50 back Heat	00:50.58	84			100 back	Heat	01:27.50	168
32	Aarush Chopdekar	teamipswich		83		50 back Final	00:41.04	158	
	50 back Heat	00:50.83	83			100 breast	Heat	01:51.55	122
33	Harrison Supple	St Felix Sch		75		50 breast	Heat	00:52.94	108
	50 back Heat	00:52.60	75		9	Oliver Butt	Deben		598
34	Matthew Blackwell	West Suffolk		71		200 free	Heat	02:58.53	172
	50 breast	Heat	01:00.95	71		50 free Heat	00:36.58	167	
						50 fly Heat	00:41.72	141	
						100 fly Heat	01:37.33	118	
	<b>12 Years</b>	<b>Best 5 Events</b>							
1	Alexander Gaydon	teamipswich		1570	10	Jacob Emms	Stowmarket		471

	200 back	Heat	03:26.60	133		200 free	Heat	02:35.15	262
	50 free	Heat	00:39.64	131		100 free	Heat	01:12.34	239
	100 back	Heat	01:39.10	115		800 free	Heat	12:13.63	234
	50 breast	Final	00:55.90	92		50 free	Heat	00:32.89	230
11	James Sadler	Hadleigh		290	8	Aidan Scott	St Felix Sch		1211
	50 free	Heat	00:38.37	145		400 free	Heat	05:27.15	273
	100 back	Final	01:31.80	145		800 free	Heat	12:00.17	247
12	Christian Grimmer	teamipswich		124		200 free	Heat	02:39.24	243
	50 free	Heat	00:40.40	124		50 free	Heat	00:32.82	231
13	Oscar Tolputt	Deben		115		200 IM	Heat	03:02.42	217
	50 free	Heat	00:41.38	115	9	Finlay Blagg	Stowmarket		1195
14	Oliver Scrine	teamipswich		75		400 free	Heat	05:37.54	248
	50 breast	Heat	00:59.72	75		50 free	Final	00:32.34	242
						200 free	Heat	02:40.65	236
						800 free	Heat	12:11.25	236
						100 free	Heat	01:12.97	233
						200 free	Heat	02:39.28	242
						50 free	Heat	00:32.42	240
						800 free	Heat	12:18.77	229
						200 IM	Heat	03:01.93	218
						200 back	Heat	03:03.46	190
						200 free	Heat	02:53.15	189
						200 breast	Heat	03:32.44	180
						50 breast	Heat	00:44.76	179
						200 back	Heat	03:02.84	192
						200 free	Heat	02:53.15	189
						200 breast	Heat	03:32.44	180
						50 breast	Heat	00:44.76	179
						200 back	Heat	03:02.41	194
						50 back	Heat	00:39.08	183
						50 free	Heat	00:35.79	178
						200 free	Heat	03:00.64	166
						100 back	Heat	01:28.84	160
						50 back	Heat	00:34.14	275
						50 free	Final	00:31.38	265
						100 IM	Heat	01:22.29	214
						50 free	Heat	00:32.82	231
						200 IM	Heat	03:02.42	217
						Finlay Blagg	Stowmarket		1195
						400 free	Heat	05:37.54	248
						50 free	Final	00:32.34	242
						200 free	Heat	02:40.65	236
						800 free	Heat	12:11.25	236
						100 free	Heat	01:12.97	233
						Toby Glennerster	St Felix Sch		1119
						200 free	Heat	02:39.28	242
						50 free	Heat	00:32.42	240
						800 free	Heat	12:18.77	229
						200 IM	Heat	03:01.93	218
						200 back	Heat	03:03.46	190
						Tom Phillips	West Suffolk		933
						50 free	Heat	00:34.85	193
						200 back	Heat	03:02.84	192
						200 free	Heat	02:53.15	189
						200 breast	Heat	03:32.44	180
						50 breast	Heat	00:44.76	179
						Harrison Page	West Suffolk		881
						200 back	Heat	03:02.41	194
						50 back	Heat	00:39.08	183
						50 free	Heat	00:35.79	178
						200 free	Heat	03:00.64	166
						100 back	Heat	01:28.84	160
						Emil Kwicien	Newmarket		754
						50 back	Heat	00:34.14	275
						50 free	Final	00:31.38	265
						100 IM	Heat	01:22.29	214
						50 free	Heat	00:32.82	231
						200 IM	Heat	03:02.42	217
						George Everett	West Suffolk		710
						50 breast	Final	00:39.85	254
						200 breast	Heat	03:12.97	241
						50 fly	Heat	00:36.27	215
						Edison Lorejo	West Suffolk		606
						100 free	Heat	01:05.54	322
						50 fly	Heat	00:33.07	284
						Finlay Cherrington	teamipswich		536
						50 back	Heat	00:34.01	278
						100 back	Heat	01:15.85	258
						Benjamin Langford	Leiston		494
						100 breast	Heat	01:38.94	174
						50 breast	Heat	00:45.95	165
						50 free	Heat	00:37.50	155
						Joseph Handley	Stowmarket		491
						200 free	Heat	02:35.15	262
						100 free	Heat	01:12.34	239
						800 free	Heat	12:13.63	234
						50 free	Heat	00:32.89	230
						Aidan Scott	St Felix Sch		1211
						400 free	Heat	05:27.15	273
						800 free	Heat	12:00.17	247
						200 free	Heat	02:39.24	243
						50 free	Heat	00:32.82	231
						200 IM	Heat	03:02.42	217
						Finlay Blagg	Stowmarket		1195
						400 free	Heat	05:37.54	248
						50 free	Final	00:32.34	242
						200 free	Heat	02:40.65	236
						800 free	Heat	12:11.25	236
						100 free	Heat	01:12.97	233
						Toby Glennerster	St Felix Sch		1119
						200 free	Heat	02:39.28	242
						50 free	Heat	00:32.42	240
						800 free	Heat	12:18.77	229
						200 IM	Heat	03:01.93	218
						200 back	Heat	03:03.46	190
						Tom Phillips	West Suffolk		933
						50 free	Heat	00:34.85	193
						200 back	Heat	03:02.84	192
						200 free	Heat	02:53.15	189
						200 breast	Heat	03:32.44	180
						50 breast	Heat	00:44.76	179
						Harrison Page	West Suffolk		881
						200 back	Heat	03:02.41	194
						50 back	Heat	00:39.08	183
						50 free	Heat	00:35.79	178
						200 free	Heat	03:00.64	166
						100 back	Heat	01:28.84	160
						Emil Kwicien	Newmarket		754
						50 back	Heat	00:34.14	275
						50 free	Final	00:31.38	265
						100 IM	Heat	01:22.29	214
						50 free	Heat	00:32.82	231
						200 IM	Heat	03:02.42	217
						George Everett	West Suffolk		710
						50 breast	Final	00:39.85	254
						200 breast	Heat	03:12.97	241
						50 fly	Heat	00:36.27	215
						Edison Lorejo	West Suffolk		606
						100 free	Heat	01:05.54	322
						50 fly	Heat	00:33.07	284
						Finlay Cherrington	teamipswich		536
						50 back	Heat	00:34.01	278
						100 back	Heat	01:15.85	258
						Benjamin Langford	Leiston		494
						100 breast	Heat	01:38.94	174
						50 breast	Heat	00:45.95	165
						50 free	Heat	00:37.50	155
						Joseph Handley	Stowmarket		491



	100 back	Heat	01:17.29	244	26	Sebastian Reynolds	Hadleigh	484	
15	Jamie Pennington	teamipswich		1238		50 free Heat	00:31.22	269	
	100 free	Heat	01:05.46	323		50 breast	Heat	00:42.13	215
	200 free	Heat	02:25.40	319	27	Bayley Harris	Hadleigh	451	
	50 free Heat		00:29.62	315		50 free Heat	00:31.62	259	
	200 back	Heat	02:41.08	281		50 breast	Heat	00:43.70	192
16	Hayden Garrod	Team Waveney		1224	28	Jed Millin	Stowmarket	344	
	50 free Heat		00:30.94	276		50 free Heat	00:34.52	199	
	50 back Heat		00:34.82	259		50 back Heat	00:42.28	145	
	100 back	Heat	01:16.90	248	29	Curtis Peddelty	teamipswich	270	
	50 breast	Heat	00:41.36	227		50 free Heat	00:31.17	270	
	100 breast	Heat	01:32.49	214	30	Lewis Marshall	West Suffolk	261	
17	Spencer Battisson	Team Waveney		1079		50 free Heat	00:31.51	261	
	200 back	Heat	02:40.05	287	31	Jan Cardona Carne	St Felix Sch	210	
	50 free Heat		00:30.90	277		50 free Heat	00:33.89	210	
	100 back	Heat	01:15.30	264	32	Isaac Abbott	Hadleigh	203	
	50 back Heat		00:35.22	251		50 free Heat	00:34.29	203	
18	Oscar Frost	Leiston		1027					
	200 free	Heat	02:44.03	222		<b>15 Years</b>	<b>Best 5 Events</b>		
	200 back	Heat	02:54.76	220	1	Patch Robinson	teamipswich	2524	
	50 free Heat		00:33.90	210		1500 free	Heat	18:06.09	515
	100 back	Heat	01:22.66	199		400 free	Heat	04:25.16	512
	50 back Heat		00:39.63	176		800 free	Heat	09:28.50	503
19	Jack Bidle	Team Waveney		1018		200 free	Heat	02:05.03	502
	50 free Heat		00:30.11	300		200 IM Heat	02:18.78	492	
	50 back Heat		00:34.54	266	2	Ashton Redhead	teamipswich	2407	
	50 breast	Heat	00:40.24	247		400 free	Heat	04:26.94	502
	100 fly Heat		01:20.99	205		50 back Final	00:28.39	479	
20	Edward Parsons	Deben		917		100 back	Final	01:01.81	478
	50 free Heat		00:31.61	259		200 back	Heat	02:15.19	477
	100 back	Heat	01:15.94	257		200 free	Heat	02:07.63	471
	200 free	Heat	02:39.21	243	3	Jack Osborne	Deben	2330	
	50 breast	Heat	00:46.62	158		200 free	Heat	02:06.64	483
21	Ciaran Strike	Team Waveney		837		100 free	Final	00:57.36	480
	50 free Heat		00:31.90	252		400 free	Heat	04:33.88	465
	50 back Heat		00:36.70	221		50 fly Final	00:28.28	454	
	200 fly Heat		03:08.68	188		100 back	Final	01:03.15	448
	100 fly Heat		01:25.14	176	4	Ben Howlett	teamipswich	2269	
22	Matthew Crysell	Newmarket		684		400 free	Heat	04:32.95	470
	50 free Heat		00:30.83	279		1500 free	Heat	18:48.05	460
	50 back Heat		00:36.16	232		800 free	Heat	09:47.90	454
	100 breast	Heat	01:39.30	173		200 back	Heat	02:18.54	443
23	Joseph Halliday	Team Waveney		661		400 IM Heat	05:08.09	442	
	50 free Heat		00:31.64	258	5	Nathan Birchenough	St Felix Sch	2268	
	50 breast	Heat	00:42.94	203		100 free	Heat	00:57.26	483
	50 back Heat		00:37.96	200		200 free	Heat	02:06.65	483
24	Samuel Blackwell	West Suffolk		649		400 free	Heat	04:35.28	458
	200 back	Heat	02:54.92	220		800 free	Heat	10:02.05	423
	100 breast	Heat	01:32.17	216		50 free Heat	00:26.88	421	
	50 breast	Heat	00:42.24	213	6	Charlie McKinnon	St Felix Sch	2182	
25	Liam-Nik Matthews	Team Waveney		530		1500 free	Heat	18:56.17	450
	50 free Heat		00:29.78	310		100 breast	Final	01:12.29	448
	50 back Heat		00:36.78	220		400 free	Heat	04:39.22	439

	800 free	Heat	09:58.66	430	16	James Shipp	Mildenhall	1087	
	50 breast	Final	00:33.85	415		50 free Heat	00:29.50	319	
7	Thomas Spelman	Stowmarket	2119			50 breast	Heat	00:39.15	268
	400 free	Heat	04:36.21	453		100 breast	Heat	01:25.93	267
	800 free	Heat	09:58.36	431		50 back Heat	00:36.09	233	
	1500 free	Heat	19:15.14	428	17	Aiden McKenny	West Suffolk	1072	
	200 free	Heat	02:13.22	415		200 free	Heat	02:16.21	388
	200 IM Heat	02:29.72	392			100 free	Heat	01:02.18	377
8	Noah Mann	Newmarket	2095			100 breast	Heat	01:22.01	307
	100 free	Final	00:58.86	445	18	Luke Wilson	Team Waveney	1052	
	200 free	Heat	02:12.03	426		50 breast	Final	00:35.21	368
	800 free	Heat	10:04.48	418		100 breast	Heat	01:18.93	344
	1500 free	Heat	19:31.73	410		50 free Heat	00:28.88	340	
	400 free	Heat	04:48.99	396	19	Sam Everitt	Newmarket	748	
9	Charlie Payne	Newmarket	1943			50 free Heat	00:30.41	291	
	100 free	Final	00:59.54	430		100 fly Heat	01:16.93	239	
	50 free Final	00:26.84	423			200 fly Heat	02:59.69	218	
	50 fly Final	00:29.66	394		20	Harvey Tyrrell	Team Waveney	606	
	100 back	Final	01:08.62	349		50 free Heat	00:29.23	328	
	100 IM Heat	01:10.08	347			200 IM Heat	02:47.90	278	
10	Nicholas Barber	Stowmarket	1866		21	Adrian Kwiecien	Newmarket	602	
	400 free	Heat	04:48.88	396		50 back Final	00:33.07	303	
	200 free	Heat	02:17.07	381		50 free Heat	00:30.13	299	
	50 free Heat	00:28.19	365		22	Blake Aldridge	St Felix Sch	338	
	800 free	Heat	10:32.52	365		50 free Heat	00:28.92	338	
	1500 free	Heat	20:25.25	359	23	Oliver Misiaszek	Mildenhall	287	
11	Samuel Black	Stowmarket	1766			50 free Heat	00:30.55	287	
	100 free	Heat	01:01.54	389	24	Rhylee Whiteman	Mildenhall	256	
	50 free Heat	00:27.79	381			50 free Heat	00:31.74	256	
	200 free	Heat	02:22.01	342	25	Owen Young	Felixstowe	255	
	50 fly Heat	00:31.41	332			50 breast	Heat	00:39.80	255
	800 free	Heat	10:59.15	322					
12	Tyler Baxter	Mildenhall	1460			<b>16 Years</b>	<b>Best 5 Events</b>		
	50 free Heat	00:29.98	304		1	Matthew Baker	West Suffolk	3115	
	200 back	Heat	02:37.52	301		200 free	Heat	01:52.55	688
	200 free	Heat	02:29.89	291		100 free	Final	00:51.41	667
	100 back	Heat	01:13.60	283		50 free Heat	00:23.75	611	
	50 back Heat	00:33.92	281			100 IM Heat	00:59.19	577	
13	Thomas Walker	Team Waveney	1431			50 fly Final	00:26.20	572	
	200 free	Heat	02:27.15	307	2	William Ellard	St Felix Sch	2984	
	50 free Heat	00:30.12	299			100 free	Final	00:52.46	628
	100 fly Final	01:13.19	278			50 free Final	00:23.61	622	
	200 back	Heat	02:42.24	275		200 free	Heat	01:57.68	602
	50 back Heat	00:34.28	272			400 free	Heat	04:14.85	577
14	Samuel Everett	West Suffolk	1217			100 fly Final	00:58.11	555	
	100 breast	Heat	01:20.27	327	3	Archie Chamberlain	West Suffolk	2639	
	50 breast	Final	00:37.15	313		100 free	Heat	00:54.40	563
	200 breast	Heat	02:57.81	308		50 free Final	00:24.86	533	
	100 back	Heat	01:14.81	269		800 free	Heat	09:23.51	516
15	Ben Butcher	West Suffolk	1125			100 fly Heat	00:59.61	514	
	100 free	Heat	01:02.02	380		200 IM Heat	02:16.93	513	
	50 free Heat	00:27.93	376		4	Daniel Clayton	teamipswich	2624	
	50 fly Final	00:30.31	369			200 free	Heat	02:00.74	557

	400 free	Heat	04:21.44	535		50 free	Final	00:26.08	461
	800 free	Heat	09:21.00	523		100 free	Heat	00:58.29	458
	100 free	Final	00:56.05	515		50 fly	Final	00:29.05	419
	1500 free	Heat	18:21.66	494		50 breast	Final	00:34.64	387
5	Luka Page	West Suffolk		2459	14	Lewis Oliver	Newmarket		
	50 fly	Final	00:27.19	511		1644			
	100 free	Heat	00:56.33	507		50 free	Heat	00:28.34	359
	50 free	Final	00:25.31	505		100 breast	Final	01:19.10	342
	50 breast	Final	00:32.42	472		50 breast	Heat	00:36.63	327
	100 IM	Heat	01:03.63	464		200 breast	Heat	02:55.62	320
6	Joe Flowers	St Felix Sch		2295		50 back	Heat	00:33.34	296
	100 free	Heat	00:56.89	492	15	Benjamin Houghton	Hadleigh		
	200 free	Heat	02:06.10	489		1630			
	50 free	Final	00:25.81	476		50 free	Heat	00:28.03	372
	800 free	Heat	10:03.15	421		50 back	Heat	00:32.01	334
	400 free	Heat	04:44.08	417		100 back	Heat	01:11.04	314
7	Thomas Deaton	Newmarket		2148		200 back	Heat	02:35.85	311
	400 free	Heat	04:37.35	448		100 breast	Final	01:22.73	299
	800 free	Heat	09:51.76	445	16	Joseph Haylock	Team Waveney		
	200 free	Heat	02:10.21	444		418			
	200 breast	Heat	02:40.62	418		50 free	Heat	00:26.95	418
	200 IM	Heat	02:29.57	393	17	Roderick Black	Mildenhall		
8	Joseph McGonigle	Newmarket		2143		350			
	100 free	Heat	00:57.88	468		50 free	Heat	00:28.59	350
	50 free	Final	00:26.34	448	18	Charlie Hines	Stowmarket		
	200 free	Heat	02:10.12	445		277			
	50 breast	Heat	00:34.21	402		50 breast	Heat	00:38.73	277
	100 breast	Final	01:16.34	380					
9	August Stephens	Newmarket		2118		<b>17&amp;Over Years Best 5 Events</b>			
	100 free	Heat	00:57.68	472	1	Myles Turner	West Suffolk		3170
	50 fly	Heat	00:28.54	442		400 IM	Heat	04:29.40	662
	50 free	Heat	00:26.55	437		200 IM	Heat	02:06.32	653
	100 fly	Heat	01:04.51	406		400 free	Heat	04:06.59	637
	100 back	Heat	01:07.86	361		200 free	Heat	01:56.58	619
10	Fynley Blake	teamipswich		2105		800 free	Heat	08:56.13	599
	100 free	Heat	00:58.20	460	2	Joe Cooper	teamipswich		3164
	200 free	Heat	02:09.57	451		400 free	Heat	04:03.23	664
	50 free	Heat	00:26.71	429		800 free	Heat	08:41.24	652
	100 fly	Final	01:05.59	386		200 free	Heat	01:55.83	631
	100 back	Final	01:06.77	379		1500 free	Heat	17:01.96	619
11	Raven Dodsworth	Newmarket		1990		200 IM	Heat	02:10.09	598
	100 free	Heat	00:57.93	466	3	Marin De Villard	St Felix Sch		3137
	50 free	Final	00:26.29	450		100 back	Final	00:56.23	634
	50 fly	Heat	00:30.47	363		50 back	Heat	00:25.92	629
	50 breast	Final	00:35.48	360		200 free	Heat	01:56.02	628
	100 back	Heat	01:08.48	351		200 back	Heat	02:03.53	625
12	Samuel Tolputt	Deben		1849		100 free	Heat	00:52.65	621
	50 free	Heat	00:27.14	409	4	Thomas Page	West Suffolk		2995
	50 fly	Heat	00:29.96	382		50 free	Heat	00:23.72	613
	50 back	Final	00:31.10	364		100 free	Final	00:52.91	612
	200 free	Heat	02:20.24	355		50 breast	Final	00:29.90	602
	100 back	Heat	01:09.30	339		50 fly	Final	00:25.97	587
13	Daniel Pryke	Deben		1725		100 breast	Final	01:06.31	581

						50 free Heat	00:25.58	489	
5	Jake Thomas-Mansfield	West Suffolk	2988			50 back Final	00:28.44	476	
	200 fly Heat	02:06.87	620	14	Matthew Brown	Stowmarket		2471	
	200 free Heat	01:57.54	604		1500 free Heat	18:06.37		515	
	50 fly Final	00:25.85	595		400 free Heat	04:26.46		505	
	100 fly Heat	00:57.09	586		100 free Heat	00:57.03		489	
	100 free Heat	00:53.78	583		800 free Heat	09:35.97		483	
6	Jack Pallant	Team Waveney	2855		200 free Heat	02:06.93		479	
	200 free Heat	01:57.86	599	15	Matthew Debenham	teamipswich		2425	
	400 free Heat	04:14.06	583		100 breast Final	01:09.43		506	
	100 free Heat	00:54.00	576		50 breast Heat	00:31.94		494	
	1500 free Heat	17:40.85	553		50 fly Heat	00:27.74		482	
	800 free Heat	09:13.70	544		50 free Heat	00:25.89		472	
7	Joseph Bavey	Newmarket	2811		200 IM Heat	02:20.87		471	
	100 free Heat	00:53.66	587	16	Connor Houston	Deben		2382	
	200 free Heat	01:59.40	576		200 free Heat	02:04.28		511	
	50 fly Heat	00:26.30	565		400 free Heat	04:26.20		506	
	50 free Heat	00:24.40	564		100 free Heat	00:57.55		476	
	100 IM Heat	01:01.30	519		200 fly Heat	02:21.67		445	
8	Harvey Hall	Deben	2777		200 IM Heat	02:23.62		444	
	100 breast Heat	01:05.56	601	17	Harrison Holmes	Team Waveney		2347	
	50 breast Final	00:30.27	580		50 free Heat	00:25.13		516	
	100 free Heat	00:55.24	538		100 free Heat	00:56.76		496	
	200 free Heat	02:02.54	533		200 free Heat	02:07.58		472	
	100 IM Heat	01:01.06	525		50 fly Heat	00:28.45		446	
9	Sam Perkins	teamipswich	2751		50 back Heat	00:29.72		417	
	100 breast Final	01:06.56	574	18	Zak Baldwin	Newmarket		2304	
	200 IM Heat	02:13.81	549		100 free Heat	00:57.26		483	
	100 free Heat	00:54.95	547		800 free Heat	09:42.15		468	
	100 IM Heat	01:00.42	542		200 free Heat	02:08.53		462	
	200 breast Heat	02:27.58	539		400 free Heat	04:35.23		458	
10	Lewis Chapman	Stowmarket	2685		50 fly Heat	00:28.73		433	
	50 fly Final	00:26.39	559	19	Jordan Catchpole	Team Waveney		2283	
	50 breast Final	00:30.67	558		100 free Heat	00:53.21		602	
	100 breast Final	01:07.88	541		200 free Heat	01:58.27		593	
	100 IM Heat	01:01.26	520		50 free Heat	00:24.34		568	
	200 IM Heat	02:17.47	507		100 back Heat	01:00.08		520	
11	Joseph Kenny	St Felix Sch	2629	20	James Clay	Stowmarket		2234	
	100 free Heat	00:54.43	562		50 free Heat	00:25.99		466	
	50 free Final	00:24.87	532		100 IM Heat	01:04.38		448	
	50 fly Heat	00:26.88	529		50 breast Heat	00:33.11		443	
	200 free Heat	02:04.56	507		100 back Heat	01:03.43		442	
	100 back Heat	01:00.91	499		50 back Heat	00:29.31		435	
12	Robbie Brindley	West Suffolk	2574	21	Joab Carr	St Felix Sch		2227	
	100 free Heat	00:54.82	550		50 free Heat	00:25.24		509	
	50 fly Final	00:26.62	545		100 free Heat	00:56.28		509	
	50 free Heat	00:25.10	518		50 fly Heat	00:28.48		445	
	100 fly Heat	01:00.89	483		100 back Heat	01:06.41		385	
	50 back Final	00:28.40	478		50 back Heat	00:30.68		379	
13	Cornelis Verdonk	Newmarket	2493	22	Lloyd Battisson	Team Waveney		2204	
	200 back Heat	02:11.25	521		200 back Heat	02:16.92		459	
	100 free Heat	00:56.18	511		200 free Heat	02:09.22		454	
	100 back Final	01:01.02	496		100 back Heat	01:03.33		444	



	50 free Heat	00:26.67	431		50 free Heat	00:27.55	391
	50 back Heat	00:29.75	416		100 back Heat	01:08.05	358
23	Harry Saunders	Newmarket	2085		50 back Heat	00:31.47	351
	200 free Heat	02:01.41	548	35	Elliot Cook	teamipswich	1066
	100 free Heat	00:55.54	529		100 fly Heat	00:58.70	539
	400 free Heat	04:25.40	511		50 fly Heat	00:26.92	527
	50 free Heat	00:25.44	497	36	Ryan Crouch	teamipswich	1034
24	Marcus Moscuza	St Felix Sch	1871		100 free Heat	01:01.02	399
	50 breast Heat	00:33.26	437		50 breast Heat	00:36.61	328
	50 free Heat	00:27.08	412		100 breast Heat	01:21.99	307
	100 breast Heat	01:15.08	400	37	Ben Phillips	West Suffolk	998
	100 fly Heat	01:08.90	333		50 free Heat	00:28.49	354
	50 back Heat	00:33.57	289		50 breast Heat	00:36.00	345
25	Thomas Boyt	Felixstowe	1866		50 back Heat	00:33.20	299
	100 fly Heat	01:00.14	501	38	Benjamin Winterburn	Stowmarket	945
	100 breast Heat	01:10.95	474		50 free Heat	00:25.22	510
	50 back Heat	00:28.66	466		50 fly Heat	00:28.69	435
	200 back Heat	02:20.39	425	39	Martin Hailes	Team Waveney	888
26	William Handley	Stowmarket	1725		50 breast Heat	00:33.07	445
	50 free Heat	00:26.14	458		50 free Heat	00:26.44	443
	50 breast Heat	00:33.48	428	40	Bartholomew Tozer	West Suffolk	858
	50 fly Heat	00:28.94	424		200 free Heat	02:10.29	443
	100 breast Heat	01:14.16	415		100 back Heat	01:04.77	415
27	Edward Merhan	West Suffolk	1635	41	Vaughn Ruffles-Francis	Stowmarket	667
	50 breast Heat	00:32.71	459		50 free Heat	00:28.17	366
	100 breast Heat	01:13.49	427		50 back Heat	00:33.14	301
	50 free Heat	00:26.86	422	42	Matthew Vaughan	Team Waveney	457
	50 back Heat	00:32.22	327		100 breast Heat	01:11.83	457
28	Michael Connick	Deben	1514	43	Samuel Stephens	St Felix Sch	437
	200 back Heat	02:10.44	531		50 free Heat	00:26.55	437
	100 back Final	01:00.66	505	44	Joe Fletcher	Stowmarket	427
	50 back Heat	00:28.41	478		50 free Heat	00:26.76	427
29	Troy Douglas-Collow	Team Waveney	1396	45	Joshua Stephens	St Felix Sch	415
	50 free Heat	00:24.99	525		50 free Heat	00:27.01	415
	50 breast Heat	00:32.99	448	46	Ethan Cowley	Team Waveney	403
	50 back Heat	00:29.58	423		50 free Heat	00:27.28	403
30	Noah Crabb	teamipswich	1304	47	Oliver Postle	Team Waveney	399
	50 breast Heat	00:33.05	445		50 free Heat	00:27.38	399
	50 free Heat	00:26.50	440	48	Sean McKenny	West Suffolk	392
	100 breast Heat	01:13.93	419		100 back Heat	01:06.03	392
31	Jed Howard	Team Waveney	1281				
	50 breast Heat	00:32.87	453				
	100 breast Heat	01:13.80	421				
	200 breast Heat	02:42.12	407				
32	Jacob Chapman	Stowmarket	1274				
	50 free Heat	00:28.42	356				
	50 breast Heat	00:36.10	342				
	100 breast Heat	01:22.91	297				
	50 back Heat	00:33.97	279				
33	Henry King	West Suffolk	1228				
	100 breast Heat	01:05.00	617				
	50 breast Final	00:29.75	611				
34	Benjamin Taylor	Leiston	1100				