

SUFFOLK OPEN WATER CHAMPIONSHIPS 2010

Whitlingham County Park Norwich 18th July 2010

RESULTS

OVERALL CHAMPIONS

FEMALE 5000m	Sophie Chamberlain	St Felix School	1:02:36.73
MALE 5000m	Craig Collier	Newmarket & District	1:15:14.41
FEMALE 3000m	Charlotte Hicks	St Felix School	40:03.35
MALE 3000m	Jordan Purdy	St Felix School	39:15.16
FEMALE 1500m	Karla Hutchinson	teamipswich	20:46.12
MALE 1500m	Danny Proffitt	West Suffolk	19:00.37
FEMALE 800m	Ella Rides	Sudbury and District	12:41.58
MALE 800m	Adam Last	Deben	11:25.40

5000m RESULTS

FEMALE

Overall Champion	Sophie Chamberlain – St Felix School SC		
17 - 19 Age Group			
1	Sophie Chamberlain	St Felix School	1:02:36.73

MALE

Overall Champion	Craig Collier – Newmarket & District SC		
13 - 16 Age Group			
1	Craig Collier	Newmarket & District	1:15:14.41

3000m RESULTS

FEMALE

Overall Champion	Charlotte Hicks – St Felix School SC		
1	Charlotte Hicks	St Felix School	40:03.35
2	Alex Taylor	West Suffolk	40:05.67
17 - 24 Age Group			
1	Fenella Foskett	Deben	40:11.85
2	Jennifer Titterington	West Suffolk	40:46.49
3	Abigail Malster	Hadleigh	46:26.01

3000m RESULTS

MALE

Overall Champion		Jordan Purdy – St Felix School SC	
13 - 16 Age Group			
1	Jordan Purdy	St Felix School	39:15.16
2	Sam Nelson	Newmarket & District	48:19.70
25+ Age Group			
1	Gordon Coutts	Sudbury and District	52:17.13
2	Stuart McLellan	Sudbury and District	53:44.26
3	Terry Mansi	Sudbury and District	1:00:41.81
4	Graham King	Sudbury and District	1:01:14.14

1500m RESULTS

FEMALE

Overall Champion		Karla Hutchinson – teamipswich SC	
12 - 16 Age Group			
1	Karla Hutchinson	teamipswich	20:46.12
2	Alice Ward	St Felix School	21:56.83
3	Cassie Everill	Lowestoft & Oulton Broad	22:47.15
4	Hope Smith	Deben	24:27.34
5	Rachel Poustie	Deben	27:01.45
6	Rebecca Mann	Hadleigh	28:16.99
25+ Age Group			
1	Samantha Patterson	Newmarket & District	26:21.09
2	Felicity Kirby	West Suffolk	26:35.89

MALE

Overall Champion		Danny Proffitt – West Suffolk SC	
12 - 16 Age Group			
1	Danny Proffitt	West Suffolk	19:00.37
2	George Stannard	St Felix School	19:52.30
3	Nick Ruddock	Lowestoft & Oulton Broad	20:43.12
4	Ashley Trent	West Suffolk	21:48.15
5	Jozef Ochwat	teamipswich	21:53.77
6	Troy Douglas- Callow	St Felix School	22:39.28
7	Ben Olive	Hadleigh	27:14.84
25+ Age Group			
1	Ian Milligan	West Suffolk	29:48.11
2	Paul Barton	Hadleigh	34:29.35

800m Results

FEMALE

Overall Champion		Ella Rides – Sudbury & District SC	
11 - 12 Age Group			
1	Amelia Stannard	St Felix School	12:45.01
2	Georgina Fulcher	Deben	13:07.76
3	Molly Milson	Sudbury and District	13:50.75
4	Gemma Rides	Sudbury and District	13:57.97
5	Alanah Barton	Hadleigh	14:42.85
6	Olivia Sherred	Sudbury and District	14:49.02
7	Abigail Vowles	Sudbury and District	16:11.65
13 - 14 Age Group			
1	Ella Rides	Sudbury and District	12:41.58
2	Francesca King	Sudbury and District	13:05.08
3	Samantha Hardy	Lowestoft and Oulton Broad	14:47.69
4	Rebecca Webber	Sudbury and District	15:38.13
5	Kate Hann	Sudbury and District	16:25.85
15+ Age Group			
1	Alex Eames-Bayton	Beccles Town	12:46.30
2	Bethan Hann	Sudbury and District	13:44.55
3	Jessica Dilling	Sudbury and District	15:25.12
4	Gemma Bedford	Sudbury and District	15:43.11

MALE

Overall Champion		Adam Last – Deben SC	
11 - 12 Age Group			
1	Samuel Every	St Felix School	13:40.00
2	Adam White	Lowestoft & Oulton Broad	13:40.27
3	Alex Proffitt	West Suffolk	14:30.51
4	Jack Stanton	Lowestoft & Oulton Broad	15:33.52
5	Rhys Moran-Simmons	Lowestoft & Oulton Broad	15:49.31
13 - 14 Age Group			
1	Christopher Greenhalgh	Sudbury & District	11:39.58
2	Harry Fulcher	Deben	11:50.16
3	Thomas Every	St Felix School	11:59.51
4	Patrick Briars	West Suffolk	12:12.79
5	Thomas Buckle	West Suffolk	12:20.68
6	Ryan Alexander	Sudbury & District	15:02.09
15+ Age Group			
1	Adam Last	Deben	11:25.40
2	William Foskett	Deben	11:54.34
3	Matthew D'Souza	Hadleigh	17:16.86