

SUFFOLK COUNTY ASA



WINTER LEAGUE 2007/2008

SECRETARY:

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S.C.A.S.A WINTER LEAGUE

FINAL LEAGUE TABLES 2006/2007

Division One League Table				
Club	Girls	Boys	Cannon	Comb
Low & OB A	433	383	6	822
Deben A	408	400	5	813
Stowmarket A	347	375	4	726
Saxons A	295	302	3	600
Low & OB B	334	239	1	574
Halstead A	265	296	2	563
Gt Yarmouth	200	234	5	439
Deben B	196	222	4	422
West Suffolk A	181	170	6	357
Thetford	142	164	3	309
West Suffolk B	106	96	2	204

Division Two League Table				
Club	Girls	Boys	Cannon	Comb
Felixstowe	348	371	5	724
Sudbury	372	342	6	720
Leiston	345	352	2	699
Hadleigh	346	331	3	680
Beccles	327	342	4	673
Stowmarket B	255	265	6	526
Saxons B	246	240	4	490
Halstead B	207	223	5	435
Low & OB C	231	168	3	402

POOL INFORMATION

<u>POOL</u>	<u>TELEPHONE NO.</u>	<u>START TIME</u>
BUNGAY	01986 895015	5.45pm
BURY	01284 753496	6.30pm
DEBEN	01394 384763	6.30pm
DISS	01379 652754	6.30pm
FELIXSTOWE	01394 670411	7.10pm
HADLEIGH	01473 823470	6.30pm
HALSTEAD	01787 472480	6.30pm
HAVERHILL	01440 702548	6.30pm
IPSWICH	01473 219231	6.30pm
LEISTON	01728 830364	6.40pm
LOWESTOFT	01502 569116	5.40pm
MILDENHALL	01638 712515	6.30pm
NEWMARKET	01638 661736	6.30pm
STOWMARKET	01449 674980	6.30pm
SUDBURY	01787 375656	6.30pm
THETFORD	01842 753110	6.30pm

LEAGUE CONTACTS

Beccles	Steve Harrison	01502 715656
Deben	Ian Cotton	01473 635105
Diss Otters	Nikki Miller	01379 674208
Felixstowe	Sally Smith	01394 276655
Forest Heath Saxons	David Robinson	01284 723587
Great Yarmouth	Paola Moore	
Hadleigh	Rhian Anstey	01473 311449
Halstead	Jane Cooper	01787 476437
Leiston	Trina Bickers	01728 832018
Lowestoft & OB	Myles Kemball-Cook	01502 730024
Stowmarket	Sue Duszynska	01449 766502
Sudbury	Robin Deal	01787 880623
Thetford	Malcolm Watkins	01842 763016
West Suffolk	Judie McCourt	01359 750239

SUFFOLK COUNTY ASA - WINTER LEAGUE RULES

- 1 The competition shall be known as the Suffolk County ASA Winter League Competition, this Association being the promoters.
- 2 All events shall be under ASA Laws & ASA Technical Rules.
- 3 The season of competition shall be from 1 November in every year, to be completed before the commencement of the County Age Group Championships for the following year.
- 4 The competition shall be run the same in all divisions, i.e.
 - (A) Girls competition
 - (B) Boys competition
 - (C) Team competition based on combined totals.

The league format to be based on the number of registered teams divided equally into divisions.
All divisions will be swum on the same dates.

Three rounds will be held per division, divided into a minimum of two venues per round.
The three dates to be fixed as the third or fourth Saturday in November, and last Saturday in January and February of each season.

ROUND ONE

The first round to be seeded on the previous seasons results with promoted and relegated teams swapping positions for seeding purposes.
The teams finishing in 1, 3, 5, 7, 9 positions etc. competing in one gala and the teams finishing in 2, 4, 6, 8, 10 etc. in the other gala.
Round one to be confirmed at the League AGM.

ROUND TWO (11 & 12 team divisions)

GALA 1 to be competed by the teams finishing in 1st, 3rd & 5th places in gala one and the teams finishing in 2nd, 4th (& 6th) places in gala two (combined totals) of the round one galas.
GALA 2 the remaining teams.

ROUND TWO (9 & 10 team divisions)

GALA 1 to be competed by the teams finishing in 1st, 3rd (& 5th) places in gala one and the teams finishing in 2nd & 4th places in gala two (combined totals) of the round one galas.
GALA 2 the remaining teams.

ROUND THREE (11 & 12 team divisions)

GALA 1 will be the teams lying in the top 6 places in the division (combined totals) after two rounds. GALA 2 will be the remaining teams.

ROUND THREE (9 & 10 team divisions)

GALA 1 will be the teams lying in the top 5 places in the division (combined totals) after two rounds. GALA 2 will be the remaining teams.

The teams competing in GALA 1 of the ROUND THREE galas to be awarded a bonus of **100**

GALA POINTS to both the boys and the girls totals. Teams receiving these points and then not competing will forfeit the points.

The trophies for each division awarded to the teams scoring the most gala points over ALL THREE ROUNDS. Competition to be:

- A. Girls competition
- B. Boys competition
- C. Combined Team competition

There will also be an award to the team adjudged the most lively and colourful at the 'A' Finals to include the teams and their supporters.

The teams finishing in the last two places (combined totals) of the three rounds will be relegated.

The teams finishing in the first two places (combined totals) of the three rounds will be promoted to the higher division.

Host teams will be chosen on a rotational basis. All events will normally be swum in Suffolk but suitable venues outside Suffolk may be used with the agreement of the Secretary.

Should any team withdraw or any new team be accepted or it be necessary to amend the number of divisions, then the format shall be revised and amended so that the best interests of the swimmers is served.

- 5 No swimmer may swim for more than one club in any season. Swimmers may compete for 'A' and 'B' teams of the same club within the same season but not in the same round.
- 6 By October 31st each club shall furnish the league secretary with a register of its participating swimmers per team quoting dates of birth and, in subsequent galas, should an unregistered swimmer be used, the club shall mark its team sheet with an asterisk against the name and quote the date of birth.
- 7 Any club experiencing difficulties en route may ask for the starting time to be delayed 15 minutes by contacting the gala referee. This allowance will under no circumstances be extended. Telephone numbers are shown on the gala schedule.

Any club that fails to participate in a league gala shall be fined £30.00 and shall not compete in the following season until such a fine has been paid. The fine shall only be waived in exceptional circumstances

- 8 An entry fee of £15.00 for **each** club team shall be payable to the Suffolk County ASA by October 31st. Each club shall be represented at the league AGM and be entitled to one vote.
A fine of £10.00 shall be imposed on any club not attending the league AGM, and that club shall not compete in the following season until such a fine has been paid.
- 9 A Hon. Secretary for the league shall be appointed at the AGM of the Suffolk County ASA. The League AGM will be held in March/April of each year.
- 10 Competitions shall be divided into the following age groups: 12/U, 13/14 & Open for round one and 11/U, 12/13, 14/15 & Open for rounds two & three. The distances for all events for each round are shown on separate charts.

A swimmer may compete in THREE individual events, not more than two of these in their own age group plus relays. Open age group swimmers may compete in THREE individual events plus relays.

Medley and Freestyle Relays

Junior – two swimmers from each of 11/U and 12/13 age groups in any order.

Senior – two swimmers from each of 14/15 and open age group in any order.

Cannon Freestyle Relay – one girl and one boy from each age group in age order, youngest girl to start the event.

Swimmers must be within their respective age groups *on the last day of the competition*.

Scoring: Each event shall be scored: 1st place 6 points, 2nd – 5 points, 3rd - 4 points etc. **irrespective** of the number of teams competing. Where an unequal number of teams compete in a division the points will be adjusted later.

Each team are permitted to play a '**JOKER**' card for one boys and one girls event per gala. These to be declared at the start of the relevant event by holding up a card provide for the purpose. In these events the team or teams playing the '**JOKER**' will score double points.

- 11 The Secretary, with the concurrence of the County Executive, shall have the power to deduct points, fine clubs or suspend clubs from the competition for breach of the rules, swimming ineligible team members or conduct by clubs or club team members bringing the competition into disrepute. A fine, if imposed, should not exceed a maximum of £50.00 per offence. Should a fine be imposed on any club, then that club shall not compete in the following season until such a fine has been paid.
- 12 Each club shall provide a minimum of one timekeeper and one judge at each event at which they participate. The staging club shall arrange for all other officials required. The referee, starter, chief timekeeper and judges shall be on or should have been on a county or a regional list. All other officials shall, whenever possible, hold similar qualifications.
- 13 Clubs will swim throughout a gala in the lane assigned in the gala schedule or lane draw and also for the 'warm up' period before the gala commences and, with the permission of the referee, during the interval. At the discretion of the host club a ten-minute swim down may be provided.
- 14 The league secretary shall provide the clubs with:
(A) Recorders sheets, (B) Gala officials list, and (C) Team sheets.
The documents will be provided prior to the commencement of the season and these shall be the only documentation used by the clubs and the officials at all the galas. Clubs shall return to the secretary a receipt indicating they have received a full compliment of documentation for the season. Time slips and place slips shall be provided by the host club. Before each gala commences, all teams shall hand to the recorder, a completed team sheet, which shall be forwarded to the league secretary together with (A) & (B) as above within **two days**.

Team sheets shall be completed in ink, preferably printed, in order to facilitate easy checking. Any discrepancies in the result sheets shall be notified to the league secretary within five days of the gala.
- 15 The referee shall indicate on the time slip, or a disqualification slip the reason for any disqualification and these slips **MUST** be given to the clubs after the gala. Where possible the reason for any disqualification shall be shown on the recorder's sheets.
- 16 The team managers shall remain with the swimmers for whose conduct they shall be responsible.
- 17 The referee shall ensure that the promoter's conditions are observed at all galas.
- 18 The order of events shall be as detailed on a separate chart. The interval, if taken, shall be where the league secretary considers it to be of benefit to the swimmers.
- 19 Should a gala or round be cancelled by the league secretary for any reason, that gala or round will be swum at a date to the approval of all participating clubs or if that is not possible the following will apply:
Cancellation of the first round: The first round to be swum at the 2nd round dates, the 3rd round finalists selected from those results. The true 2nd round would not be swum.
Cancellation of the second round: The finalists for the third round to be selected from the results of the first round.
Cancellation of the third round: The winners would be declared on the total number of points scored over the 1st and 2nd rounds. No teams would be promoted or demoted under normal circumstances.
- 20 For the purposes of complying with all aspects of ASA Laws the host club will act as the promoter for the period of the gala and will be responsible for ensuring that Pool Safety Laws as stated in current ASA Laws and their Pool Hire Agreement are complied with in full.

ORDER OF EVENTS - ROUND ONE

	B/G	AGE	STROKE	DIST.
1.	GIRLS	12/U	FREESTYLE	200
2.	BOYS	12/U	FREESTYLE	200
3.	GIRLS	13/14	BREASTSTROKE	200
4.	BOYS	13/14	BREASTSTROKE	200
5.	LADIES	OPEN	IND/MEDLEY	200
6.	MENS	OPEN	IND/MEDLEY	200
7.	GIRLS	12/U	BUTTERFLY	200/100
8.	BOYS	12/U	BUTTERFLY	200/100
9.	GIRLS	13/14	BACKSTROKE	200
10.	BOYS	13/14	BACKSTROKE	200
11.	LADIES	OPEN	FREESTYLE	200
12.	MENS	OPEN	FREESTYLE	200
13.	GIRLS	12/U	BREASTSTROKE	200
14.	BOYS	12/U	BREASTSTROKE	200
15.	GIRLS	13/14	IND/MEDLEY	200
16.	BOYS	13/14	IND/MEDLEY	200
17.	LADIES	OPEN	BUTTERFLY	200/100
18.	MENS	OPEN	BUTTERFLY	200/100
19.	GIRLS	12/U	BACKSTROKE	200
20.	BOYS	12/U	BACKSTROKE	200
21.	GIRLS	13/14	FREESTYLE	200
22.	BOYS	13/14	FREESTYLE	200
23.	LADIES	OPEN	BREASTSTROKE	200
24.	MENS	OPEN	BREASTSTROKE	200
25.	GIRLS	12/U	IND/MEDLEY	200
26.	BOYS	12/U	IND/MEDLEY	200
27.	GIRLS	13/14	BUTTERFLY	200/100
28.	BOYS	13/14	BUTTERFLY	200/100
29.	LADIES	OPEN	BACKSTROKE	200
30.	MENS	OPEN	BACKSTROKE	200

NOTE: DIVISION ONE BUTTERFLY EVENTS ARE 200M / DIVISION TWO BUTTERFLY EVENTS ARE 100M
Age as at 23rd February 2008

ORDER OF EVENTS - ROUND TWO

	B/G	AGE	STROKE	DIST.
1.	GIRLS	11/U	BACKSTROKE	50
2.	BOYS	11/U	BACKSTROKE	50
3.	GIRLS	12/13	BREASTSTROKE	100
4.	BOYS	12/13	BREASTSTROKE	100
5.	GIRLS	14/15	FREESTYLE	100
6.	BOYS	14/15	FREESTYLE	100
7.	LADIES	OPEN	BUTTERFLY	100
8.	MENS	OPEN	BUTTERFLY	100
9.	GIRLS	11/U	FREESTYLE	50
10.	BOYS	11/U	FREESTYLE	50
11.	GIRLS	12/13	BUTTERFLY	100
12.	BOYS	12/13	BUTTERFLY	100
13.	GIRLS	14/15	BACKSTROKE	100
14.	BOYS	14/15	BACKSTROKE	100
15.	LADIES	OPEN	BREASTSTROKE	100
16.	MENS	OPEN	BREASTSTROKE	100
17.	GIRLS	JUNIOR*	FREE. RELAY	4x50
18.	BOYS	JUNIOR*	FREE. RELAY	4x50
19.	GIRLS	SENIOR**	MEDLEY RELAY	4x50
20.	BOYS	SENIOR**	MEDLEY RELAY	4x50
<u>INTERVAL (IF TAKEN)</u>				
21.	GIRLS	11/U	BREASTSTROKE	50
22.	BOYS	11/U	BREASTSTROKE	50
23.	GIRLS	12/13	FREESTYLE	100
24.	BOYS	12/13	FREESTYLE	100
25.	GIRLS	14/15	BUTTERFLY	100
26.	BOYS	14/15	BUTTERFLY	100
27.	LADIES	OPEN	BACKSTROKE	100
28.	MENS	OPEN	BACKSTROKE	100
29.	GIRLS	11/U	BUTTERFLY	50
30.	BOYS	11/U	BUTTERFLY	50
31.	GIRLS	12/13	BACKSTROKE	100
32.	BOYS	12/13	BACKSTROKE	100
33.	GIRLS	14/15	BREASTSTROKE	100
34.	BOYS	14/15	BREASTSTROKE	100
35.	LADIES	OPEN	FREESTYLE	100
36.	MENS	OPEN	FREESTYLE	100
37.	GIRLS	JUNIOR*	MEDLEY RELAY	4x50
38.	BOYS	JUNIOR*	MEDLEY RELAY	4x50
39.	GIRLS	SENIOR**	FREE. RELAY	4x50
40.	BOYS	SENIOR**	FREE.RELAY	4x50

* JUNIOR RELAYS: 2 swimmers from each of 11/U & 12/13 age groups

** SENIOR RELAYS: 2 swimmers from each of 14/15 & open age groups

Age as at 23rd February 2008

ORDER OF EVENTS - ROUND THREE

	B/G	AGE	STROKE	DIST.
1.	LADIES	OPEN	IND/MEDLEY	100
2.	MENS	OPEN	IND/MEDLEY	100
3.	GIRLS	11/U	BACKSTROKE	50
4.	BOYS	11/U	BACKSTROKE	50
5.	GIRLS	12/13	BREASTSTROKE	50
6.	BOYS	12/13	BREASTSTROKE	50
7.	GIRLS	14/15	FREESTYLE	50
8.	BOYS	14/15	FREESTYLE	50
9.	LADIES	OPEN	BUTTERFLY	50
10.	MENS	OPEN	BUTTERFLY	50
11.	GIRLS	11/U	FREESTYLE	50
12.	BOYS	11/U	FREESTYLE	50
13.	GIRLS	12/13	BUTTERFLY	50
14.	BOYS	12/13	BUTTERFLY	50
15.	GIRLS	14/15	BACKSTROKE	50
16.	BOYS	14/15	BACKSTROKE	50
17.	LADIES	OPEN	BREASTSTROKE	50
18.	MENS	OPEN	BREASTSTROKE	50
19.	GIRLS	JUNIOR*	FREE. RELAY	4x50
20.	BOYS	JUNIOR*	FREE. RELAY	4x50
21.	GIRLS	SENIOR**	MEDLEY RELAY	4x50
22.	BOYS	SENIOR**	MEDLEY RELAY	4x50
<u>INTERVAL (IF TAKEN)</u>				
23.	GIRLS	11/U	BREASTSTROKE	50
24.	BOYS	11/U	BREASTSTROKE	50
25.	GIRLS	12/13	FREESTYLE	50
26.	BOYS	12/13	FREESTYLE	50
27.	GIRLS	14/15	BUTTERFLY	50
28.	BOYS	14/15	BUTTERFLY	50
29.	LADIES	OPEN	BACKSTROKE	50
30.	MENS	OPEN	BACKSTROKE	50
31.	GIRLS	11/U	BUTTERFLY	50
32.	BOYS	11/U	BUTTERFLY	50
33.	GIRLS	12/13	BACKSTROKE	50
34.	BOYS	12/13	BACKSTROKE	50
35.	GIRLS	14/15	BREASTSTROKE	50
36.	BOYS	14/15	BREASTSTROKE	50
37.	LADIES	OPEN	FREESTYLE	50
38.	MENS	OPEN	FREESTYLE	50
39.	GIRLS	JUNIOR*	MEDLEY RELAY	4x50
40.	BOYS	JUNIOR*	MEDLEY RELAY	4x50
41.	GIRLS	SENIOR**	FREE. RELAY	4x50
42.	BOYS	SENIOR**	FREE.RELAY	4x50
43.	MIXED	1B/1G EACH AGE	CANNON RELAY	8x25

(age order, youngest girl starts)

* JUNIOR RELAYS: 2 swimmers from each of 11/U & 12/13 age groups

** SENIOR RELAYS: 2 swimmers from each of 14/15 & open age groups

Age as at 23rd February 2008

SUFFOLK COUNTY ASA OFFICIALS LIST

<u>NAME</u>	<u>CLUB</u>	<u>T/KEEPER</u>	<u>JUDGE</u>	<u>STARTER</u>	<u>REFEREE</u>
Mrs Alison Adams	Deben	N			
Miss Clare Allen	Sudbury	N			
Mrs Elizabeth Andvig	Ipswich	N			
Mr Stuart Andrews	West Suffolk	N			
Mrs Marion Argent	West Suffolk	N	N		
Mr Martyn Argent	West Suffolk	N			
Mr Neil Bagshaw	Sudbury	N			
Mr Stephen Bailey	Newmarket	N	N	N	
Mr Benjamin Banham	Lows & OB	N	N	N	
Mrs Joanne Banham	Lows & OB	N	N	N	
Mrs Karen Barnard	Lows & OB	N			
Mrs Heather Baskett	Leiston	N			
Mr Adam Batchelor	Ipswich	N			
Mrs Paula Batchelor	Ipswich	N			
Mrs Karen Beaumont	Beccles	N			
Mrs Karen Bedford	Sudbury	N	N		
Mr William Beer	Lows & OB	N			
Mrs Cheryl Betts	Low & OB	N	N		
Mr Anthony Beynon	Ipswich	N			
Mrs Trina Bickers	Leiston	N			
Mr Mick Binnington	Ipswich	N	N	N	S+R
Mrs Julie Bird	Ipswich	N			
Mrs Thomasin Blake	Sudbury	N			
Mrs Barbara Blowers	Beccles	N			
Dr Richard Bond	Lows & OB	N			
Mr Adrian Bonfield	Lows & OB	N			
Mr Bob Boosey	Ipswich	N	N	N	
Mr David Boreham	Felixstowe	N			
Mr James Borrett	Stowmarket	N			
Mr Paul Bowman	Newmarket	N	N		
Mrs Wendy Bradshaw	Leiston	N	N		
Mr Graham Briars	West Suffolk	N			
Mr David Brighthouse	Lows & OB	N			
Mr Barry Brinkley	Leiston	N	N	N	N
Mr Bernie Buck	Sudbury	N	N	N	S
Mr Jim Buis	Ipswich	N	N		
Mr Roger Burrows	West Suffolk	N			
Mr Andrew Butler	Newmarket	N			
Mr Micheal Castleton	Lows & OB	N			
Mr Chris Cawood	Deben	N	N	N	
Mrs Julie Cawood	Deben	N	N		
Mrs Shirley Charlesworth	Lows & OB	N	N		
Mr Andrew Chidwick	Stowmarket	N			
Mrs Liz Christian	Deben	N	N (DIS)	N	N
Miss Sarah Christian	Deben	N			
Mr Stephen Christian	Deben	N	N	N	S+R
Mr Mike Christopher	Stowmarket	N	N	N	R
Mrs Helen Clarke	Beccles	N			
Mr Geoff Cobb	Ipswich	N	N	N	N
Mr Joe Coleman	Ipswich	N			
Mrs Yvonne Collier	West Suffolk	N			
Mr Trevor Connick	Stowmarket	N	N	N	S+R
Mr Micheal Cooke	Beccles	N	N		
Mr David Cooper	Lows & OB	N			
Mrs Joanne Cotton	Deben	N			
Mr Ian Cotton	Deben	N	N		
Mr Stephen Cubitt	Lows & OB	N			
Mr Chris Curtin	West Suffolk	N	N	N	
Mr Mark Davies	Stowmarket	N			
Mrs Glenda Daykin	West Suffolk	N	N		
Mr Norman Daykin	West Suffolk	N	N	N	S
Mr Robin Deal	Subury	N			
Ms Rachael Dodd	Lows & OB	N	N		
Mrs Yvonne Douglas-Collow	Beccles	N			
Mr Peter Downham	West Suffolk	N			
Mrs Val Dowsing	West Suffolk	N	N		
Mrs Julie Drew	Stowmarket	N			
Mr Steven Duff	Ipswich	N	N		
Mr Stephen Duffy	Deben	N	N		
Mr John Duke	Ipswich	N			
Mrs Susan Duszynska	Stowmarket	N	N		
Mr Jeremy Duszynski	Stowmarket	N	N	N	S+R
Mrs Elaine Eagles	Felixstowe	N			
Mr John Eames	Deben	N	N		
Mr Ian Eames-Bayton	Deben	N			
Mr John Edwards	West Suffolk	N	N		
Mrs Mary Edwards	Lows & OB	N			

<u>NAME</u>	<u>CLUB</u>	<u>T/KEEPER</u>	<u>JUDGE</u>	<u>STARTER</u>	<u>REFEREE</u>
Mrs Chris Ehret	Leiston	N			
Mrs Karen Everett	Lows & OB	N			
Mr Glen Ewing	Mildenhall	N	N	N	S
Mr Bob Ewington	West Suffolk	N			
Mrs Jill Fryer	Lows & OB	N	N		
Mr Robert Fryer	Lows & OB	N			
Mr Nigel Fussey	Newmarket	N			
Mrs Sara Gentry	West Suffolk	N			
Miss Faye Gillingham	Mildenhall	N			
Mr Ian Gillingham	Mildenhall	N	N	N	S+R
Mrs Debbie Godbold	Deben	N			
Mr Mike Goldhawk	West Suffolk	N			
Mrs Sheila Gooch	Ipswich	N			
Mr Steven Gosling	West Suffolk	N			
Mrs Karen Gould	Deben	N	N		
Mr Kenneth Gould	Deben	N			
Mr Ian Granat	Ipswich	N			
Mrs Jean Green	Lows & OB	N	N		S
Mrs Halyna Greenwood	Felixstowe	N			
Mr Mark Hall	Newmarket	N	N		
Mrs Helen Hardy	Lows & OB	N	N	N	
Mrs Jacqui Harrison	Beccles	N	N		
Mr John Harrison	Beccles	N			
Mr Steve Harrison	Beccles	N			
Mrs Nicola Harvey	Ipswich	N			
Mr Richard Haw	Mildenhall	N			
Mr Henry Hawes	West Suffolk	N	N	N	
Mrs Charlotte Hawes	West Suffolk	N			
Mrs Linda Healey	Lows & OB	N			
Mrs Sue Hilson	West Suffolk	N	N	N	S
Mrs Elizabeth Hitcham	Lows & OB	N			
Mrs Ann Hogan	Ipswich	N			
Mrs Sue Holdich	Stowmarket	N	N		
Mr Andrew Holland	Lows & OB	N	N		
Mr Gary Hollis	Ipswich	N			
Mr Brian Honour	Deben	N			
Mrs Jean Howard	Deben	N	N		
Mr Peter Howard	Deben	N	N	N	N
Mrs Janet Huggins	Halesworth	N	N	N	
Mrs Julie Humphries	Hadleigh	N			
Mr Nigel Humphries	Hadleigh	N	N		
Mrs Ann Ireland	Subury	N	N		
Dr Janet Jackson	Sudbury	N	N		
Mrs Justine Jacobs	West Suffolk	N			
Mr Adam Jamieson	Mildenhall	N			
Mrs Caroline Jamieson	Mildenhall	N	N		
Mrs Pat Jason	West Suffolk	N	N		
Mrs Belinda Jermy	Lows & OB	N			
Mr Phil Johnston	Deben	N			
Mr Geraint Jones	Mildenhall	N	N	N	S+R
Mr Matthew Jones	Mildenhall	N			
Mrs Rosemary Jones	Felixstowe	N			
Mr Andy Joyce	Sudbury	N			
Mr Peter Keeley	Ipswich	N	N		
Mrs Jan Kelly	West Suffolk	N	N		
Mr Peter Kemp	West Suffolk	N			
Mrs Deborah King	Stowmarket	N	N		
Miss Donna King	Lows & OB	N			
Mr Brian Kirby	Beccles	N	N		
Miss Cherie Knights	Lows & OB	N			
Mrs Tessa Knowles	Felixstowe	N			
Mr Bill Korth	Ipswich	N			
Mrs Kathy Korth	Lakenheath	N	N		
Mr Gareth Lloyd	Lows & OB	N			
Mrs Yvette Lowe	Lows & OB	N			
Mr Matthew Lubbock	Newmarket	N			
Mrs Elaine Lynch	Deben	N			
Mrs Helen Mackie	Felixstowe	N			
Mrs Margaret Mann	Lows & OB	N	N		
Mrs Ilinka Manthorpe	Hadleigh	N			
Mr Derek Marsh	Mildenhall	N	N		
Mr Paul Martins	Lows & OB	N	N	N	
Mrs Christine McIntyre	Felixstowe	N			
Mr Steve Molyneux	Mildenhall	N			
Miss Melanie Moore	Lows & OB	N			
Mr Peter Moore	Lows & OB	N			
Mr Andrew Morgan	Stowmarket	N			
Mrs Patricia Morgan	Stowmarket	N			
Mr David Munro	Beccles	N			

<u>NAME</u>	<u>CLUB</u>	<u>T/KEEPER</u>	<u>JUDGE</u>	<u>STARTER</u>	<u>REFEREE</u>
Mr Paul Murray	Sudbury	N	N (DIS)	N	N
Mr Graham Naylor	West Suffolk	N			
Mr Don Neate	West Suffolk	N	N (DIS)	N	N
Mrs Pat Neate	West Suffolk	N	N	N	S
Mr Paul Nelson	West Suffolk	N			
Mrs Valerie Newson	Beccles	N	N	N	
Mrs Mary Nixon	Ipswich	N	N		
Mr John North	Ipswich	N	N	N	S
Mrs Sally O'Brien	West Suffolk	N			
Mr Jonathan Ollington	Newmarket	N			
Mr David Orange	West Suffolk	N			
Mrs Freda Orgee	West Suffolk	N			
Mr Alan Parken	Deben	N			
Mrs Sharon Payne	Lows & OB	N			
Mr Bob Peak	Deben	N			
Mrs Maria Peak	Deben	N	N		
Mrs Sheri Pettican	West Suffolk	N	N	N	
Mrs Seana Philpot	Stowmarket	N			
Miss Eleanor Pitchers	Lows & OB	N			
Mr Malcolm Pitchers	Lows & OB	N	N	N	S+R
Mrs Connie Poppenwimer	Mildenhall	N			
Mr Mark Poppenwimer	Mildenhall	N			
Mr Brian Prince	Mildenhall	N			
Mr Derek Pugh	Ipswich	N	N	N	
Mr Stephen Redmond	Ipswich	N			
Mr Micheal Reeder	Newmarket	N			
Mr Geoffrey Reeve	St Felix	N	N	N	
Mrs Sylvia Robbins	Beccles	N			
Mr David Robinson	Mildenhall	N	N (DIS)	N	N
Mrs Jane Robinson	Mildenhall	N	N		
Mr Tim Rodwell	Ipswich	N			
Mrs Alison Rose	Ipswich	N			
Mr Micheal Rowe	Lows & OB	N			
Mr Graham Ruddock	Lows & OB	N			
Mr Leon Russell	Mildenhall	N			
Miss Lucy Russell	Mildenhall	N			
Mrs Sally Russell	Mildenhall	N	N		
Mr John Sager	Deben	N			
Mrs Stephanie Samuels	Stowmarket	N			
Mrs Angela Scott	Deben	N	N		
Mrs Harriet Scott	Halesworth	N			
Mr Trevor Seddon	Hadleigh	N	N		
Mrs Jane Sendall	West Suffolk	N			
Mrs Glynn Shearing	Deben	N			
Mrs Annette Skeet	West Suffolk	N	N		
Mrs Rona Slater	Deben	N			
Mr Chris Slemmings	Felixstowe	N	N		
Mr Carl Smith	Stowmarket	N			
Mr Douglas Smith	Lows & OB	N			
Mrs Jane Smith	Newmarket	N	N		
Mrs Sally Smith	Felixstowe	N			
Miss Charlotte Soanes	Lows & OB	N			
Mrs Susan Sparrow	West Suffolk	N			
Mr Alistair Spence	Halesworth	N			
Mr Micheal Spurr	Newmarket	N			
Mrs Susan Stanley	West Suffolk	N			
Mr Luke Steer	Newmarket	N			
Mr Frank Stockley	Stowmarket	N			
Mrs Megan Stockley	Stowmarket	N	N		
Mr Stephen Stokes	Deben	N			
Miss Hayley Storey	Lows & OB	N			
Mr Adrian Studd	Deben	N	N		
Mrs Julie Studd	Deben	N			
Mr Peter Swallow	Ipswich	N			
Mrs Nicola Taylor	Beccles	N			
Mrs Claire Tennant	Deben	N			
Mr Neil Tennant	Deben	N			
Mr Andy Thornton	Deben	N			
Mr Peter Thorpe	Newmarket	N	N	N	S
Mrs June Titterington	West Suffolk	N	N		
Mr Stephen Titterington	West Suffolk	N	N	N	
Mr Simon Trent	Newmarket	N			
Mr Adrian Tricker	Ipswich	N			
Mr Ian Turner	Lows & OB	N			
Mrs Margaret Vale	Beccles	N			
Mrs Nicola Veasy	Halesworth	N			
Mr Chris Vinter	Ipswich	N	N	N	
Mr Andy Walker	Lows & OB	N	N	N	R
Miss Catriona Walker	Lows & OB	N			
Mrs Christine Walker	Sudbury	N	N		

<u>NAME</u>	<u>CLUB</u>	<u>T/KEEPER</u>	<u>JUDGE</u>	<u>STARTER</u>	<u>REFEREE</u>
Mrs Jill Walker	Lows & OB	N	N	N	S+R
Miss Mairi Walker	Lows & OB	N			
Mr Ted Warner	Deben	N	N	N	S
Mrs Jackie Warren	Sudbury	N	N		
Mrs Karen Warren	Lows & OB	N			
Mr Terry Welsh	Sudbury	N	N		
Mrs Tracey Welsh	Sudbury	N			
Mrs Sue Westoby	Lows & OB	N			
Mr Alan Weston	West Suffolk	N			
Mrs Jill Weston	West Suffolk	N			
Mrs Ann Whelan	Ipswich	N			
Mr David Whelan	Ipswich	N	N	N	N
Mrs Sue White	Deben	N	N		
Mr Terry White	Beccles	N			
Mr John Whittaker	Lows & OB	N			
Mrs Pat Whittaker	Lows & OB	N			
Mrs Claire Williams	Lows & OB	N			
Mr Peter Williams	Lows & OB	N	N	N	
Mrs Fen Wills	Felixstowe	N			
Mrs Hazel Wilson	Beccles	N	N		
Mrs Roberta Wilson	Stowmarket	N	N (DIS)	N	N
Mr Peter Wood	Ipswich	N	N	N	S
Mrs Nicholina Woodard	Beccles	N			
Miss Linda Woodhouse	Deben	N			
Mrs Leesa Woollard	Stowmarket	N	N	N	N
Mr Alf Wyatt	West Suffolk	N	N		
Mr Alfie Wyatt	West Suffolk	N			

R = RACE RESULTS

S = SUFFOLK QUALIFIED REFEREE

S+R = SUFFOLK QUALIFIED REFEREE + RACE RESULTS

(DIS) = DISABILITY OFFICIAL

N = NATIONAL QUALIFIED

UPDATED 1st SEPTEMBER 2007

CLUB SECRETARIES

BECCLES	MRS JANE BIRCHAM – 01986 896445	69 GARDEN CLOSE, BUNGAY, SUFFOLK, NR35 1JE
DEBEN	MR STEVEN BATTLE - 01394 210843	2 JUBILEE CLOSE, TRIMLEY ST MARTIN, FELIXSTOWE, IP11 0YG
DISS OTTERS	MRS NIKKI MILLER - 01379 674208	THE STABLES, UPPER STREET, GISSING, DISS, IP22 3VW
FELIXSTOWE	MRS SALLY SMITH - 01394 276655	4 HIGH ROW FIELD, FELIXSTOWE, SUFFOLK IP11 7AE
FOREST HEATH SAXONS	MR DAVID ROBINSON - 01284 723587	25 HOLYWELL CLOSE, BURY ST EDMUNDS, SUFFOLK IP33 2LS
GREAT YARMOUTH	MRS S NEWSON- 01493 440132	7 MAPLE GARDENS, BRADWELL, GREAT YARMOUTH, NR31 8ND
HADLEIGH	MRS S D'SOUZA	HUNTERS MEET, THE STREET, ELMSETT, SUFFOLK, IP7 6PA
HALSTEAD	MRS RUTH BENJAMIN – 01787 462773	4 ELM CLOSE, SIBLE HEDINGHAM, HALSTEAD, ESSEX CO9 3PG
HALESWORTH	MS D HARVEY - 01986 874985	25 DURBAN CLOSE, HALESWORTH, SUFFOLK IP19 8DY
IPSWICH	MRS M RHODES -01394 271560	146 FAULKENERS WAY, TRIMLEY ST MARY, FELIXSTOWE, IP11 0FB
LAKENHEATH	MR BILL KORTH - 01842 860573	63 HIGH STREET, LAKENHEATH, BRANDON, SUFFOLK IP27 9DS
LEISTON	MRS B TILBROOK – 01728 830423	4 SOUTHFIELD DRIVE, LEISTON, SUFFOLK, IP16 4DP
LOWESTOFT & OB	MR M KEMBALL-COOK - 01502 730024	42 CORTON LONG LANE, LOWESTOFT, SUFFOLK NR32 5HB
MILDENHALL	MRS C POPPENWIMER – 01638 717757	YEW TREES, MANOR ROAD, MILDENHALL, SUFFOLK, IP28 7EL
NEWMARKET	MRS SUSAN SCARGILL - 01638 663254	RED HOUSE STABLES, HAMILTON ROAD, NEWMARKET, CB8 0TE
ST. FELIX	MRS SUE PURCHASE – 07876 550643	SAINT FELIX SCHOOLS, SOUTHWOLD, SUFFOLK, IP18 6SD
STOWMARKET	MISS S McGEE – 01449 613916	6 WREN CLOSE, STOWMARKET, SUFFOLK, IP14 5NT
SUDBURY	MRS CLAUDIA RIDES - 01787 379032	1 GAINSBOROUGH TERRACE, SUDBURY, SUFFOLK CO10 1HA
THETFORD	MRS C MCGILL – 01842 750320 26	CASTLE STREET, THETFORD, NORFOLK IP24 2DW
WEST SUFFOLK	MRS SUE STANLEY – 01223 893996	61 BARTLOW ROAD, LINTON, CAMBRIDGE, CB21 6LY

Suffolk County



ASA

Affiliated to ASA East Region

WINTER LEAGUE GALA SCHEDULE 2007/2008

ROUND ONE – 24 November 2007

DIVISION ONE

HOSTS Gt Yarmouth (at Lowestoft)
START – 5.40pm
WARM UP – 5.10pm

HOSTS Halstead
START - 6.30pm
WARM UP - 6.00pm

Lowestoft & Oulton Broad 'A'
Stowmarket 'A'
Lowestoft & Oulton Broad 'B'
Gt Yarmouth
West Suffolk 'A'

Deben 'A'
Saxons 'A'
Halstead 'A'
Deben 'B'
Felixstowe

DIVISION TWO

HOSTS Thetford
START - 6.30pm
WARM UP - 6.00pm

HOSTS Hadleigh
START – 6.30pm
WARM UP – 6.00pm

Thetford
Beccles
Saxons 'B'
Leiston
Felixstowe 'B'

Sudbury 'A'
Hadleigh
Stowmarket 'B'
Halstead 'B'
Sudbury 'B'

HOST CLUBS

ROUND TWO 27 JANUARY 2007

LOWESTOFT & OB
WEST SUFFOLK
FELIXSTOWE
LEISTON

START 5.40pm
START (TBC)
START 7.10pm
START 6.40pm

ROUND THREE 24 FEBRUARY 2007

SAXONS (at Thetford) tbc
DEBEN
SUDBURY
STOWMARKET

START 6.30pm
START 6.30pm
START 6.30pm
START 6.30pm