

SUFFOLK COUNTY ASA

JUNIOR SUMMER LEAGUE RULES

- 1 The competition shall be known as the Suffolk County ASA Junior Summer League Competition, this Association being the promoters.
- 2 All events shall be under ASA Laws & ASA Technical Rules.
- 3 Three Galas will be swum each year. The three dates to be based around the third/fourth Saturdays in April, May and June. These general dates (at least three week intervals) to be retained to avoid premier East Region Competitions and Bank Holidays.

The competition shall be run the same in all divisions, i.e.

- (A) Girls competition
- (B) Boys competition
- (C) Team competition based on combined totals.

There will also be an award to the team adjudged the most lively and colourful at the 'A' Finals to include the teams and their supporters.

All events will normally be swum in Suffolk but suitable venues outside Suffolk may be used with the agreement of the Secretary.

The league format to be based on the number of registered teams divided equally into divisions with a maximum of six teams per division

All divisions will be swum on the same dates.

Three rounds will be held per division.

One team from each division will be promoted/demoted.

Host teams will be chosen on a rotational basis.

Should any team withdraw or any new team be accepted or it be necessary to amend the number of divisions, then the format shall be revised and amended so that the best interests of the swimmers is served.

- 4 No swimmer may swim for more than one club in any season. A swimmer registered for a club team in a lower division or 'B' team may compete for the same club in a higher division team or 'A' team on one occasion only and remain in the lower division or 'B' team. A swimmer registered in a higher division or 'A' team cannot swim in a lower division or 'B' team.

- 5 By March 31st each club shall furnish the league secretary with a register of its participating swimmers per team quoting dates of birth and, in subsequent galas, should an unregistered swimmer be used, the club shall mark its team sheet with an asterisk against the name and quote the date of birth.

Where a competitor is swimming up from a lower division or team this fact should also be indicated on the team sheet.

- 6 Any club experiencing difficulties en route may ask for the starting time to be delayed 15 minutes by contacting the gala referee. This allowance will under no circumstances be extended. Telephone numbers are shown on the gala schedule.

Any club that fails to participate in a league gala shall be fined £30.00 and shall not compete in the following season until such a fine has been paid. The fine shall only be waived in exceptional circumstances.

- 7 Swimmers must be within their respective age groups on the 28th June in the year of the competition.

- 8 An entry fee of £15.00 for **each** club team shall be payable to the Suffolk County ASA by March 31st. Each club shall be represented at the league AGM and be entitled to one vote.

A fine of £10.00 shall be imposed on any club not attending the league AGM, and that club shall not compete in the following season until such a fine has been paid.

- 9 A Hon. Secretary for the league shall be appointed at the AGM of the Suffolk County ASA. The League AGM will be held in March/April of each year.

- 10 Competitions shall be divided into the following age groups: 10, 11, 12, 13. The distances for all events are shown on a separate chart.

In each age group individual events are: freestyle, backstroke, breaststroke and butterfly plus an individual medley for the 13-year age group.

Medley and Freestyle Relays

Junior – two swimmers from each of 10 and 11 age groups in any order.

Senior – two swimmers from each of 12 and 13 age group in any order.

Cannon Freestyle relay – one boy and one girl from each age group in age order, youngest girl to start the event.

Scoring: Each event shall be scored: 1st place 6 points, 2nd – 5points, 3rd - 4 points etc. **irrespective** of the number of teams competing. Where an unequal number of teams compete in a division the points will be adjusted later.

Each team are permitted to play a '**JOKER**' card for one boys and one girls event per gala. These to be declared at the start of the relevant event by holding up a card provide for the purpose. In these events the team or teams playing the '**JOKER**' will score double points.

- 11 The Secretary, with the concurrence of the County Executive, shall have the power to deduct points, fine clubs or suspend clubs from the competition for breach of the rules, swimming ineligible team members or conduct by clubs or club team members bringing the competition into disrepute. A fine, if imposed, should not exceed a maximum of £50.00 per offence. Should a fine be imposed on any club, then that club shall not compete in the following season until such a fine has been paid.

- 12 Each club shall provide a minimum of one timekeeper and one judge at each event at which they participate. The staging club shall arrange for all other officials required. The referee, starter, chief timekeeper, style and place judges shall be on a county list. All other officials shall, whenever possible, hold similar qualifications.
- 13 Clubs will swim throughout a gala in the lane assigned in the gala schedule or lane draw and also for the 'warm up' period before the gala commences and, with the permission of the referee, during the interval. At the discretion of the host club a ten-minute swim down may be provided.
- 14 The league secretary shall provide the clubs with:
 - (A) Recorders sheets.
 - (B) Gala officials list.
 - (C) Team Sheets

The documents will be provided prior to the commencement of the season and these shall be the only documentation used by the clubs and the officials at all the galas. Clubs shall return to the secretary a receipt indicating they have received a full compliment of documentation for the season.

Time slips and place slips shall be provided by the host club. . Before each gala commences, all teams shall hand to the recorder, a completed team sheet, which shall be forwarded to the league secretary together with (A) & (B) as above within **two days**
Team sheets shall be completed in ink, preferably printed, in order to facilitate easy checking. Any discrepancies in the result sheets shall be notified to the league secretary within five days of the gala.

- 15 The referee shall indicate on the time slip, or a disqualification slip the reason for any disqualification and these slips **MUST** be given to the clubs after the gala. Where possible the reason for any disqualification shall be shown on the recorder's sheets.
- 16 The team managers shall remain with the swimmers for whose conduct they shall be responsible.
- 17 The referee shall ensure that the promoter's conditions are observed at all galas.
- 18 The order of events shall be as detailed on a separate chart. The interval, if taken, shall be where the league secretary considers it to be of benefit to the swimmers.
- 19 Should a gala or round be cancelled by the league secretary for any reason, that gala or round will be swum at a date to the approval of all participating clubs or if that is not possible it will be at a reserve date set in the league programme. The date to be the last Sunday in June.
- 20 For the purposes of complying with all aspects of ASA Laws the host club will act as the promoter for the period of the gala and will be responsible for ensuring that Pool Safety Laws as stated in current ASA Laws and their Pool Hire Agreement are complied with in full.