

SUFFOLK COUNTY ASA

MASTERS REPORT – AGM 29TH NOVEMBER 08

What a busy last couple of months for us Masters

We have had the Regional Masters Meet at Bury St Edmunds which was well supported by Suffolk members where we had many gold medal winners in all ages and regional records broken by Suffolk Swimmers.

The Nationals at Sheffield saw an excellent turn from Suffolk with a sprinkling of medals, including Gold and East Region records.

Most recently on November 16th we competed in the National Inter County Seniors and Masters Competition. For the first time Suffolk were triumphant in the East Region despite some notable absentees who may possibly have made the win a little easier to ease the nerves! Last year we finished 2nd behind the might of Essex and I'm sure we can maintain our improvement.

I would like to put on record my gratitude to all that swum and more so to the support team that attended which made my work easier so the focus was on the swimming.

So what's next??

Sudbury's Masters Meet in February will now be incorporating a Suffolk Championships and we will be aiming to increase the entries from Suffolk masters as it will have a purpose for them. Also the minimum age for competing is 16 this will hopefully be a 'taster' for our Masters of the future.

If and when confirmed, we are hoping to incorporate something for Masters in the County Development day.

ASHLEY BUCK

MASTERS SECRETARY