

BRITISH GAS SUFFOLK COUNTY CHAMPIONSHIPS 2012

Safety and General Information

Swimmers, Coaches, Spectators and Officials

To help us ensure the safety of everyone at this event, can all swimmers, coaches, spectators and officials please adhere to the following safety guidelines:

PARKING – There will be ample parking for all the volunteers, coaches, spectators and swimmers. Please follow the directions given from the marshalls present in the car park. We will be filling the college car park first to provide spaces for the public to park that wish to use the non-swimming part of the centre.



Entrance to Newmarket Leisure Centre – Swimmers and spectators will enter through the main entrance and swimmers will be allowed poolside 30 minutes before the morning warm up. Spectator entrance fee will be £2 per session/ £3 for a full day. Programmes will be £4 for a weekend programme. We will be monitoring the number of spectators with a silicone wristband system. **We are limited to 200 spectators.**

Sports Hall Supervision – Swimmers will have a lounging area in the sports hall, which is directly linked with the changing rooms. We ask that all clubs provide supervision in the sports hall area. We request that this is an area for swimmers to relax between swims. You are welcome to bring folding camp chairs to make a comfortable site for your club. The leisure centre will provide a table and some chairs for each club. This is not area where we can play ball games or run around, as there will be too many swimmers in the space.



Poolside Shoes – We ask that ALL swimmers wear poolside shoes when not on poolside. Swimmers will be moving between the sports hall and pool between swims, therefore all swimmers should have proper footwear to prevent injury. ALL coaches, team managers, and officials must wear poolside shoes.

Swim Bags and belongings - All Fire Routes must be kept clear of obstructions at all times. Please do not allow personal belongings/equipment to block areas, which may be required in an emergency situation. Bags and belongings may be kept in the sports hall, however, there is no security and Suffolk ASA cannot take responsibility for any personal items. **DO NOT** leave belongings in unlocked lockers.



Poolside Admittance – We have limited standing area around the poolside for coaches, team managers and swimmers. We would like to create a competition atmosphere with swimmers cheering their team mates, but we need to make sure that the meet can still be officiated safely.

Teaching Pool – The teaching pool (12m) will be available for a warm up or cool down facility.

Glass - No glass or glass containers of any type are permitted poolside, in the spectator or changing areas.

Still and Video Photography - In line with the ASA Child Protection Policy, any person wishing to engage in any video, zoom or close range photography must register their details with at the entry desk before carrying out any such photography. This includes the use of a mobile telephone with an image capturing facility.



First Aid – In an event where first aid is needed, please notify the nearest lifeguard, pool staff or meet team (pink badges).



Café – There is a fantastic café at leisure centre. The café will be taking pre-orders for lunch for your convenience. We ask that only patrons of the café eat in this area.

Picnic Area – The **Small Gym** has been set up for families to picnic together. Take advantage of the tables and chairs and enjoy your packed lunch.

The Newmarket Leisure Centre wishes everyone an enjoyable visit!

If you have any questions, please do not hesitate to ask. Kathy Korth, korth@btinternet.com

Newmarket Leisure Centre Exning Road, Newmarket, Suffolk CB8 0EA

There is parking at the Newmarket Leisure Centre and at the college toward the back of the car park.

